

Marriage and Family Counseling – Written Assignments

COUN 5640 Webster University, Fort Bragg, NC – Fall 1 2013

Instructor: David P. Mikkelsen, MDiv, MS, LMFT, AAMFT Approved Supervisor

E-mail: davidmikkelsen50@webster.edu. Phone: 910-916-7637

Office Hours: by appointment

4 generational grandparent Parents my gen & children

1. **Personal Genogram (10%)**: Construct a four-generation genogram starting with your children, your siblings, your parents, and your grandparents. If you don't have any children, skip that level. Include ages of everyone, occupations of adults, 2-3 words that best describe each household unit, deceased individuals, all known divorces, affairs, domestic violence, and substance abuse. Properly indicate conflicted/hostile relationships and exceptionally close relationships; use the symbols from the McGoldrick & Gerson book. Bring the completed genogram to the third class period. It can be drawn on a standard piece of paper, or it could be drawn on another surface, electronically captured, and printed on standard paper. It will be reviewed by a colleague, so exclude any sensitive information you don't want revealed. **Due in 3rd class period.** 20 min / students to see interpretation.

5p 26.
8-10

2. **Treatment Paper (20%)**: Write an 8-10 page paper, not counting the title page and references. Obtain approval from the instructor for the model of MFT that you will cover in your paper by the third class period. Write a case conceptualization and treatment plan for a client scenario provided by the instructor; the same client scenario will be addressed by all papers, thus demonstrating how each model of MFT can be used with virtually any client unit. The paper has two main sections.

2p 26

First, locate and read at least 2 primary sources by a key leader of your model. This may be a book (you can just read a few chapters), a chapter in a larger edited work, or a journal article by a key leader. Summarize what the primary sources tell you about the model's key features and application. Focus on what makes the model a unique application of MFT; do not try and summarize the entire model. Additionally, locate and read at least 4 peer-reviewed journal articles or book chapters in a larger edited work that describes a particular strength of the model, or how the model is used with a specific population or diagnosis, or in particular settings or treatment formats. Summarize your findings in these six sources in the first 4-5 pages of the paper.

Second, use the information from your literature review and the textbook to write a treatment plan for the client scenario provided. It should address the following in one or more paragraphs:

How does your model conceptualize this client's situation? What has gone wrong with this client?

What issues would you most want to further explore in the next therapy session? I want to know...

What is/are your clinical goal(s) for this client? I want the client to...

What interventions would you choose to use with this client and why? This is what I plan to do...

Header's for paper

GIVE credit to link with 1st person

The APA Publication Manual, 6th edition, must be followed. A draft is due via e-mail attachment at the beginning of the sixth class period on 9 Sep. Do not be late; turn in what you have. I will review, provide comments and suggestions, and return via e-mail by 17 Sep. In the meantime, keep working on it. The final paper is due in hard copy at beginning of 8th class period. 26 Sep

3. **Role Play (15%)**: This is an opportunity for clinical rehearsals with fellow students. Students will either work alone or with a partner, depending on the number of students in the class. Sign up for a role play date and topic by the end of the second class period. One role play will be conducted