

2. A female doctor is discharged from a medical residency program. She tries to understand what went wrong. She remembers that she did not react favorably to a supervising professor's invitation to go out for drinks, compliments about her hair and legs, questions about her romantic life. He made comments that seemed to imply that he'd like to help her get through the program, but she sensed that going out with him would be part of the relationship. At first she tried to smile her way through these incidents. Later she gave disapproving looks or turned away. When he kept on, she finally told him one day that she was busy and abruptly walked away.
3. A male journalist willingly enters into a love affair with his female supervising editor. She has always rated his work performance as excellent. After a few months he breaks off the affair. At his next performance review, the journalist receives a less-than-satisfactory rating from her.
4. Rosita, an advertising copy writer, has been passed over for promotion. A colleague, Hazel, got the job. Rosita is sure Hazel is having an affair with the boss. Several times in the past year, the boss has gone on business trips which called for a copy writer to go along. Each time he took Hazel instead of Rosita, even though in at least one instance Rosita was the one who had done most of the work on the account he was calling on. Rosita has heard talk from other employees. Rumor has it this is not the first affair the boss has had, nor the first time he has promoted a girlfriend.
5. One day, as you sit at your desk, two colleagues walk by you as one delivers the punch line to a very dirty joke. You haven't heard them speak like this before, and you feel it's very inappropriate.

Builder 6.2 Recognizing Assertiveness

Purpose: To apply your knowledge of assertiveness training

Instructions: Indicate whether you think each response to each of the following situations is assertive, aggressive, or nonassertive.

1. At a meeting, someone interrupts when you're speaking. You say,
 - a. Excuse me. I'd like to finish my statement.
 - b. Oh, excuse me.
 - c. You know, it's rude to interrupt like that.
2. You enjoyed a coworker's presentation. You say,
 - a. See you back at the salt mine.
 - b. Thanks for your presentation; it gave me a lot of new ideas.
 - c. Well, *that's* over!
3. A women's advocacy group has been trying to get better maternity benefits. A coworker says, "What do you women want anyway?" You answer,
 - a. To put chauvinists like you in their place.
 - b. I don't get involved in these things.
 - c. Fairness and equality.
4. You've been called several times by the same salesperson trying to sell you magazines. This time you say:
 - a. Would you please not call me again?
 - b. You're a disgusting jackass. Why don't you take a flying leap.
 - c. This is the third time I've been disturbed, and each time I've told you that I'm not interested. If you call again, I'll have to report this to the authorities.
5. Asking your boss for a raise, you begin,
 - a. Yeah, do you think that you could see your way clear to giving me a raise?
 - b. I've been overworked around here for too long, and I'm overdue for a raise.
 - c. I like to go over this list of extra projects I've completed and work I've reorganized to produce more with less time and money . . .