

boat we have a loaf allowed to two men, and it is all if we stayed there 2 days, which is hard, and must lie all that while in the boat, but that Goodman Jackson pitied me and made me a Cabin to lie in always when I come up, and he would give me some poor Jacks [fish] home with me which Comforted me more than peas, or water gruel. Oh they be very godly folks, and love me very well, and will do any thing for me, and he much marveled that you would send me a servant to the Company. He sayeth I had been better knocked on the head, and Indeed so I find it now to my great grief and misery, and saith, that if you love me you will redeem me suddenly, for which I do entreat and beg, and if you cannot get the merchants to redeem me for some little money then for God's sake get a gathering or entreat some good folks to lay out some little sum of money, in meal, and Cheese and butter, and beef, any eating meat will yield great profit, oil and vinegar is very good, but father there is great loss in leaking, but for God's sake send beef and Cheese and butter or the more of one sort and none of another, but if you send Cheese it must be very old Cheese, and at the Cheesemonger's you may buy good Cheese for two pence farthing or half-penny that will be liked very well, but if you send Cheese you must have a Care how you pack it in barrels, and you must put Cooper's chips between every Cheese, or else the heat of the hold will rot them, and look whatsoever you send me be it never so much, look what I make of it, I will deal truly with you. I will send it over, and beg the profit to redeem me, and if I die before it Come I have entreated Goodman Jackson to send you the worth of it, who hath promised he will. If you send you must direct your letter to Goodman Jackson, at James Town, a Gunsmith.... Good Father do not forget me, but have mercy and pity my miserable Case. I know if you did but see me you would weep to see me, for I have but one suit, but it is a strange one, it is very well guarded, wherefore for God's sake pity me. I pray you to remember my love to all my friends, and kindred, I hope all my Brothers and sisters are in good health, and as for my part I have set down my resolution that certainly Will be, that is, that the Answer of this letter will be life or death to me, there good Father send as soon as you can, and if you send me any thing let this be the mark.

ROT

RICHARD FRETHORNE
Martin's Hundred