

NOTE: 4 pages

PHE 500 Module Five Reflection Journal Guidelines and Rubric

Overview: Your journal will be used for reflection in **Module Five**. First, read the most recent progress report on **Healthy People 2020** at: Healthy People 2020 Leading Health Indicators: Progress Update. Next, choose a leading health topic and indicator, and note the change from the baseline measurement to the most recent measurement. What were the measures? Was there progress made or did measures worsen? What do you think might have contributed to either the improvement or the worsening of the indicators? Next, find a public health program that targeted one of the leading health topics. This program could be local, state, or national. Describe the program and discuss public health theories or principles that were used in the program's promotion.

Note: *In this journal task, be sure to connect your own experience to what is being asked of you in the particular journal prompt. Reflect on each question and support your answers using specific details and relevant examples. In reflecting on the public health theories or principles that you have explored, describe how you have applied (or will apply) what you have learned.*

This journal assignment is set up as a private conversation between you and the instructor and thus you are encouraged to deeply explore the concepts presented. A course journal in Blackboard is generally made up of many individual entries. For more information about journals, please review these tutorials.

Instructor Feedback: This activity uses an integrated rubric in Blackboard. Students can view instructor feedback in the Grade Center. For more information, review these instructions.