

CHAPTER 14

Speech Anxiety

- 1 Keisha is a student in your communication class. The thought of having to deliver a speech is so threatening to her that she is thinking of dropping the class. Comment on how the following variables might help her reduce her anxiety:
 - a Control excess tension
 - b Focus on the topic and the audience's feedback
 - c You are not alone
 - d Develop a positive attitude
- 2 How did this activity strengthen your confidence as a communicator?