

An Entrance to the Woods

ON A FINE SUNNY AFTERNOON at the end of September I leave my work in Lexington and drive east on I-64 and the Mountain Parkway. When I leave the Parkway at the little town of Pine Ridge I am in the watershed of the Red River in the Daniel Boone National Forest. From Pine Ridge I take Highway 715 out along the narrow ridgetops, a winding tunnel through the trees. And then I turn off on a Forest Service Road and follow it to the head of a foot trail that goes down the steep valley wall of one of the tributary creeks. I pull my car off the road and lock it, and lift on my pack.

It is nearly five o'clock when I start walking. The afternoon is brilliant and warm, absolutely still, not enough air stirring to move a leaf. There is only the steady somnolent trilling of insects, and now and again in the woods below me the cry of a pileated woodpecker. Those, and my footsteps on the path, are the only sounds.

From the dry oak woods of the ridge I pass down into the rock. The foot trails of the Red River Gorge all seek these stony notches that little streams have cut back through the cliffs. I pass a ledge overhanging a sheer drop of the rock, where in a wetter time there would be a waterfall. The ledge is dry and mute now, but on the face of the rock below are the characteristic mosses, ferns, liverwort, meadow rue. And here where the ravine suddenly steepens and narrows, where the shadows are long-lived and the dampness stays, the trees are different. Here are beech and hemlock and poplar, straight and tall, reaching way up into the light. Under them are evergreen thickets of rhododendron. And wherever the dampness is there are mosses and ferns. The faces of the rock are intricately scalloped with veins of ironstone, scooped and carved by the wind.

Finally from the crease of the ravine I am following there begins to come the trickling and splashing of water. There is a great restfulness in the sounds these small streams make; they are going down as fast as they can, but their sounds seem leisurely and idle, as if produced like gemstones with the greatest patience and care.

A little later, stopping, I hear not far away the more voluble flowing of the creek. I go on down to where the trail crosses and begin to look for a camping place. The little bottoms along the creek here are thickety and weedy, probably having been kept clear and cropped or pastured not so

long ago. In the more open places are little lavender asters, and the even smaller-flowered white ones that some people call beeweed or farewell-summer. And in low wet places are the richly flowered spikes of great lobelia, the blooms an intense startling blue, exquisitely shaped. I choose a place in an open thicket near the stream, and make camp.

It is a simple matter to make camp. I string up a shelter and put my air mattress and sleeping bag in it, and I am ready for the night. And supper is even simpler, for I have brought sandwiches for this first meal. In less than an hour all my chores are done. It will still be light for a good while, and I go over and sit down on a rock at the edge of the stream.

And then a heavy feeling of melancholy and lonesomeness comes over me. This does not surprise me, for I have felt it before when I have been alone at evening in wilderness places that I am not familiar with. But here it has a quality that I recognize as peculiar to the narrow hollows of the Red River Gorge. These are deeply shaded by the trees and by the valley walls, the sun rising on them late and setting early; they are more dark than light. And there will often be little rapids in the stream that will sound, at a certain distance, exactly like people talking. As I sit on my rock by the stream now, I could swear that there is a party of campers coming up the trail toward me, and for several minutes I stay alert, listening for them, their voices seeming to rise and fall, fade out and lift again, in happy conversation. When I finally realize that it is only a sound the creek is making, though I have not come here for company and do not want any, I am inexplicably sad.

These are haunted places, or at least it is easy to feel haunted in them, alone at nightfall. As the air darkens and the cool of the night rises, one feels the immanence of the wraiths of the ancient tribesmen who used to inhabit the rock houses of the cliffs; of the white hunters from east of the mountains; of the farmers who accepted the isolation of these nearly inaccessible valleys to crop the narrow bottoms and ridges and pasture their cattle and hogs in the woods; of the seekers of quick wealth in timber and ore. For though this is a wilderness place, it bears its part of the burden of human history. If one spends much time here and feels much liking for the place, it is hard to escape the sense of one's predecessors. If one has read of the prehistoric Indians whose flint arrowpoints and pottery and hominy holes and petroglyphs have been found here, then every rock shelter and clifty spring will suggest the presence of those dim people who have disappeared into the earth. Walking along the ridges and the stream bottoms, one will come upon the heaped stones of a chimney, or the slowly filling depression of an old cellar, or will find in the spring a japonica bush or periwinkles or a few jonquils blooming in a thicket that used to be a dooryard. Wherever the land is level enough there are abandoned

fields and pastures. And nearly always there is the evidence that one follows in the steps of the loggers.

That sense of the past is probably one reason for the melancholy that I feel. But I know that there are other reasons.

One is that, though I am here in body, my mind and my nerves too are not yet altogether here. We seem to grant to our high-speed roads and our airlines the rather thoughtless assumption that people can change places as rapidly as their bodies can be transported. That, as my own experience keeps proving to me, is not true. In the middle of the afternoon I left off being busy at work, and drove through traffic to the freeway, and then for a solid hour or more I drove sixty or seventy miles an hour, hardly aware of the country I was passing through, because on the freeway one does not have to be. The landscape has been subdued so that one may drive over it at seventy miles per hour without any concession whatsoever to one's whereabouts. One might as well be flying. Though one is in Kentucky one is not experiencing Kentucky; one is experiencing the highway, which might be in nearly any hill country east of the Mississippi.

Once off the freeway, my pace gradually slowed, as the roads became progressively more primitive, from seventy miles an hour to a walk. And now, here at my camping place, I have stopped altogether. But my mind is still keyed to seventy miles an hour. And having come here so fast, it is still busy with the work I am usually doing. Having come here by the freeway, my mind is not so fully here as it would have been if I had come by the crooked, slower state roads; it is incalculably farther away than it would have been if I had come all the way on foot, as my earliest predecessors came. When the Indians and the first white hunters entered this country they were altogether here as soon as they arrived, for they had seen and experienced fully everything between here and their starting place, and so the transition was gradual and articulate in their consciousness. Our senses, after all, were developed to function at foot speeds; and the transition from foot travel to motor travel, in terms of evolutionary time, has been abrupt. The faster one goes, the more strain there is on the senses, the more they fail to take in, the more confusion they must tolerate or gloss over—and the longer it takes to bring the mind to a stop in the presence of anything. Though the freeway passes through the very heart of this forest, the motorist remains several hours' journey by foot from what is living at the edge of the right-of-way.

But I have not only come to this strangely haunted place in a short time and too fast. I have in that move made an enormous change: I have departed from my life as I am used to living it, and have come into the wilderness. It is not fear that I feel; I have learned to fear the everyday events of human history much more than I fear the everyday occurrences

of the woods; in general, I would rather trust myself to the woods than to any government that I know of. I feel, instead, an uneasy awareness of severed connections, of being cut off from all familiar places and of being a stranger where I am. What is happening at home? I wonder, and I know I can't find out very easily or very soon.

Even more discomforting is a pervasive sense of unfamiliarity. In the places I am most familiar with—my house, or my garden, or even the woods near home that I have walked in for years—I am surrounded by associations; everywhere I look I am reminded of my history and my hopes; even unconsciously I am comforted by any number of proofs that my life on the earth is an established and a going thing. But I am in this hollow for the first time in my life. I see nothing that I recognize. Everything looks as it did before I came, as it will when I am gone. When I look over at my little camp I see how tentative and insignificant it is. Lying there in my bed in the dark tonight, I will be absorbed in the being of this place, invisible as a squirrel in his nest.

Uneasy as this feeling is, I know it will pass. Its passing will produce a deep pleasure in being here. And I have felt it often enough before that I have begun to understand something of what it means:

Nobody knows where I am. I don't know what is happening to anybody else in the world. While I am here I will not speak, and will have no reason or need for speech. It is only beyond this lonesomeness for the places I have come from that I can reach the vital reality of a place such as this. Turning toward this place, I confront a presence that none of my schooling and none of my usual assumptions have prepared me for: the wilderness, mostly unknowable and mostly alien, that is the universe. Perhaps the most difficult labor for my species is to accept its limits, its weakness and ignorance. But here I am. This wild place where I have camped lies within an enormous cone widening from the center of the earth out across the universe, nearly all of it a mysterious wilderness in which the power and the knowledge of men count for nothing. As long as its instruments are correct and its engines run, the airplane now flying through this great cone is safely within the human freehold; its behavior is as familiar and predictable to those concerned as the inside of a man's living room. But let its instruments or its engines fail, and at once it enters the wilderness where nothing is foreseeable. And these steep narrow hollows, these cliffs and forested ridges that lie below, are the antithesis of flight.

Wilderness is the element in which we live encased in civilization, as a mollusk lives in his shell in the sea. It is a wilderness that is beautiful, dangerous, abundant, oblivious of us, mysterious, never to be conquered or controlled or second-guessed, or known more than a little. It is a wilderness that for most of us most of the time is kept out of sight, camouflaged, by the edifices and the busyness and the bothers of human society.

And so, coming here, what I have done is strip away the human facade that usually stands between me and the universe, and I see more clearly where I am. What I am able to ignore much of the time, but find undeniable here, is that all wildernesses are one: there is a profound joining between this wild stream deep in one of the folds of my native country and the tropical jungles, the tundras of the north, the oceans and the deserts. Alone here, among the rocks and the trees, I see that I am alone also among the stars. A stranger here, unfamiliar with my surroundings, I am aware also that I know only in the most relative terms my whereabouts within the black reaches of the universe. And because the natural processes are here so little qualified by anything human, this fragment of the wilderness is also joined to other times; there flows over it a nonhuman time to be told by the growth and death of the forest and the wearing of the stream. I feel drawing out beyond my comprehension perspectives from which the growth and the death of a large poplar would seem as continuous and sudden as the raising and the lowering of a man's hand, from which men's history in the world, their brief clearing of the ground, will seem no more than the opening and shutting of an eye.

And so I have come here to enact—not because I want to but because, once here, I cannot help it—the loneliness and the humbleness of my kind. I must see in my flimsy shelter, pitched here for two nights, the transience of capitols and cathedrals. In growing used to being in this place, I will have to accept a humbler and a truer view of myself than I usually have.

A man enters and leaves the world naked. And it is only naked—or nearly so—that he can enter and leave the wilderness. If he walks, that is; and if he doesn't walk it can hardly be said that he has entered. He can bring only what he can carry—the little that it takes to replace for a few hours or a few days an animal's fur and teeth and claws and functioning instincts. In comparison to the usual traveler with his dependence on machines and highways and restaurants and motels—on the economy and the government, in short—the man who walks into the wilderness is naked indeed. He leaves behind his work, his household, his duties, his comforts—even, if he comes alone, his words. He immerses himself in what he is not. It is a kind of death.

The dawn comes slow and cold. Only occasionally, somewhere along the creek or on the slopes above, a bird sings. I have not slept well, and I waken without much interest in the day. I set the camp to rights, and fix breakfast, and eat. The day is clear, and high up on the points and ridges to the west of my camp I can see the sun shining on the woods. And suddenly I am full of an ambition: I want to get up where the sun is; I

want to sit still in the sun up there among the high rocks until I can feel its warmth in my bones.

I put some lunch into a little canvas bag, and start out, leaving my jacket so as not to have to carry it after the day gets warm. Without my jacket, even climbing, it is cold in the shadow of the hollow, and I have a long way to go to get to the sun. I climb the steep path up the valley wall, walking rapidly, thinking only of the sunlight above me. It is as though I have entered into a deep sympathy with those tulip poplars that grow so straight and tall out of the shady ravines, not growing a branch worth the name until their heads are in the sun. I am so concentrated on the sun that when some grouse flush from the undergrowth ahead of me, I am thunderstruck; they are already planing down into the underbrush again before I can get my wits together and realize what they are.

The path zigzags up the last steepness of the bluff and then slowly levels out. For some distance it follows the backbone of a ridge, and then where the ridge is narrowest there is a great slab of bare rock lying full in the sun. This is what I have been looking for. I walk out into the center of the rock and sit, the clear warm light falling unobstructed all around. As the sun warms me I begin to grow comfortable not only in my clothes, but in the place and the day. And like those light-seeking poplars of the ravines, my mind begins to branch out.

Southward, I can hear the traffic on the Mountain Parkway, a steady continuous roar—the corporate voice of twentieth-century humanity, sustained above the transient voices of its members. Last night, except for an occasional airplane passing over, I camped out of reach of the sounds of engines. For long stretches of time I heard no sounds but the sounds of the woods.

Near where I am sitting there is an inscription cut into the rock:

A · J · SARGENT

FEB · 24 · 1903

Those letters were carved there more than sixty-six years ago. As I look around me I realize that I can see no evidence of the lapse of so much time. In every direction I can see only narrow ridges and narrow deep hollows, all covered with trees. For all that can be told from this height by looking, it might still be 1903—or, for that matter, 1803 or 1703, or 1003. Indians no doubt sat here and looked over the country as I am doing now; the visual impression is so pure and strong that I can almost imagine myself one of them. But the insistent, the overwhelming, evidence of the time of my own arrival is in what I can hear—that roar of the highway off there in the distance. In 1903 the continent was still covered by a great ocean of silence, in which the sounds of machinery were scattered at wide

intervals of time and space. Here, in 1903, there were only the natural sounds of the place. On a day like this, at the end of September, there would have been only the sounds of a few faint crickets, a woodpecker now and then, now and then the wind. But today, two-thirds of a century later, the continent is covered by an ocean of engine noise, in which silences occur only sporadically and at wide intervals.

From where I am sitting in the midst of this island of wilderness, it is as though I am listening to the machine of human history—a huge flywheel building speed until finally the force of its whirling will break it in pieces, and the world with it. That is not an attractive thought, and yet I find it impossible to escape, for it has seemed to me for years now that the doings of men no longer occur within nature, but that the natural places which the human economy has so far spared now survive almost accidentally within the doings of men. This wilderness of the Red River now carries on its ancient processes *within* the human climate of war and waste and confusion. And I know that the distant roar of engines, though it may *seem* only to be passing through this wilderness, is really bearing down upon it. The machine is running now with a speed that produces blindness—as to the driver of a speeding automobile the only thing stable, the only thing not a mere blur on the edge of the retina, is the automobile itself—and the blindness of a thing with power promises the destruction of what cannot be seen. That roar of the highway is the voice of the American economy; it is sounding also wherever strip mines are being cut in the steep slopes of Appalachia, and wherever cropland is being destroyed to make roads and suburbs, and wherever rivers and marshes and bays and forests are being destroyed for the sake of industry or commerce.

No. Even here where the economy of life is really an economy—where the creation is yet fully alive and continuous and self-enriching, where whatever dies enters directly into the life of the living—even here one cannot fully escape the sense of an impending human catastrophe. One cannot come here without the awareness that this is an island surrounded by the machinery and the workings of an insane greed, hungering for the world's end—that ours is a "civilization" of which the work of no builder or artist is symbol, nor the life of any good man, but rather the bulldozer, the poison spray, the hugging fire of napalm, the cloud of Hiroshima.

Though from the high vantage point of this stony ridge I see little hope that I will ever live a day as an optimist, still I am not desperate. In fact, with the sun warming me now, and with the whole day before me to wander in this beautiful country, I am happy. A man cannot despair if he can imagine a better life, and if he can enact something of its possibility. It is only when I am ensnared in the meaningless ordeals and the ordeals of

meaninglessness, of which our public and political life is now so productive, that I lose the awareness of something better, and feel the despair of having come to the dead end of possibility.

Today, as always when I am afoot in the woods, I feel the possibility, the reasonableness, the practicability of living in the world in a way that would enlarge rather than diminish the hope of life. I feel the possibility of a frugal and protective love for the creation that would be unimaginably more meaningful and joyful than our present destructive and wasteful economy. The absence of human society, that made me so uneasy last night, now begins to be a comfort to me. I am afoot in the woods. I am alive in the world, this moment, without the help or the interference of any machine. I can move without reference to anything except the lay of the land and the capabilities of my own body. The necessities of foot travel in this steep country have stripped away all superfluities. I simply could not enter into this place and assume its quiet with all the belongings of a family man, property holder, etc. For the time, I am reduced to my irreducible self. I feel the lightness of body that a man must feel who has just lost fifty pounds of fat. As I leave the bare expanse of the rock and go in under the trees again, I am aware that I move in the landscape as one of its details.

Walking through the woods, you can never see far, either ahead or behind, so you move without much of a sense of getting anywhere or of moving at any certain speed. You burrow through the foliage in the air much as a mole burrows through the roots in the ground. The views that open out occasionally from the ridges afford a relief, a recovery of orientation, that they could never give as mere "scenery," looked at from a turnout at the edge of a highway.

The trail leaves the ridge and goes down a ravine into the valley of a creek where the night chill has stayed. I pause only long enough to drink the cold clean water. The trail climbs up onto the next ridge.

It is the ebb of the year. Though the slopes have not yet taken on the bright colors of the autumn maples and oaks, some of the duller trees are already shedding. The foliage has begun to flow down the cliff faces and the slopes like a tide pulling back. The woods is mostly quiet, subdued, as if the pressure of survival has grown heavy upon it, as if above the growing warmth of the day the cold of winter can be felt waiting to descend.

At my approach a big hawk flies off the low branch of an oak and out over the treetops. Now and again a nuthatch hoots, off somewhere in the woods. Twice I stop and watch an ovenbird. A few feet ahead of me there is a sudden movement in the leaves, and then quiet. When I slip up and examine the spot there is nothing to be found. Whatever passed there has

disappeared, quicker than the hand that is quicker than the eye, a shadow fallen into a shadow.

In the afternoon I leave the trail. My walk so far has come perhaps three-quarters of the way around a long zigzagging loop that will eventually bring me back to my starting place. I turn down a small unnamed branch of the creek where I am camped, and I begin the loveliest part of the day. There is nothing here resembling a trail. The best way is nearly always to follow the edge of the stream, stepping from one stone to another. Crossing back and forth over the water, stepping on or over rocks and logs, the way ahead is never clear for more than a few feet. The stream accompanies me down, threading its way under boulders and logs and over little falls and rapids. The rhododendron overhangs it so closely in places that I can go only by stooping. Over the rhododendron are the great dark heads of the hemlocks. The streambanks are ferny and mossy. And through this green tunnel the voice of the stream changes from rock to rock; subdued like all the other autumn voices of the woods, it seems sunk in a deep contented meditation on the sounds of *l*.

The water in the pools is absolutely clear. If it weren't for the shadows and ripples you would hardly notice that it is water; the fish would seem to swim in the air. As it is, where there is no leaf floating, it is impossible to tell exactly where the plane of the surface lies. As I walk up on a pool the little fish dart every which way out of sight. And then after I sit still a while, watching, they come out again. Their shadows flow over the rocks and leaves on the bottom. Now I have come into the heart of the woods. I am far from the highway and can hear no sound of it. All around there is a grand deep autumn quiet, in which a few insects dream their summer songs. Suddenly a wren sings way off in the underbrush. A redbreasted nuthatch walks, hooting, headfirst down the trunk of a walnut. An ovenbird walks out along the limb of a hemlock and looks at me, curious. The little fish soar in the pool, turning their clean quick angles, their shadows seeming barely to keep up. As I lean and dip my cup in the water, they scatter. I drink, and go on.

When I get back to camp it is only the middle of the afternoon or a little after. Since I left in the morning I have walked something like eight miles. I haven't hurried—have mostly poked along, stopping often and looking around. But I am tired, and coming down the creek I have got both feet wet. I find a sunny place, and take off my shoes and socks and set them to dry. For a long time then, lying propped against the trunk of a tree, I read and rest and watch the evening come.

All day I have moved through the woods, making as little noise as possible. Slowly my mind and my nerves have slowed to a walk. The quiet of the woods has ceased to be something that I observe; now it is some-

thing that I am a part of. I have joined it with my own quiet. As the twilight draws on I no longer feel the strangeness and uneasiness of the evening before. The sounds of the creek move through my mind as they move through the valley, unimpeded and clear.

When the time comes I prepare supper and eat, and then wash kettle and cup and spoon and put them away. As far as possible I get things ready for an early start in the morning. Soon after dark I go to bed, and I sleep well.

I wake long before dawn. The air is warm and I feel rested and wide awake. By the light of a small candle lantern I break camp and pack. And then I begin the steep climb back to the car.

The moon is bright and high. The woods stands in deep shadow, the light falling soft through the openings of the foliage. The trees appear immensely tall, and black, gravely looming over the path. It is windless and still; the moonlight pouring over the country seems more potent than the air. All around me there is still that constant low singing of the insects. For days now it has continued without letup or inflection, like ripples on water under a steady breeze. While I slept it went on through the night, a shimmer on my mind. My shoulder brushes a low tree overhanging the path and a bird that was asleep on one of the branches startles awake and flies off into the shadows, and I go on with the sense that I am passing near to the sleep of things.

In a way this is the best part of the trip. Stopping now and again to rest, I linger over it, sorry to be going. It seems to me that if I were to stay on, today would be better than yesterday, and I realize it was to renew the life of that possibility that I came here. What I am leaving is something to look forward to.