

Mario has just been released from prison for a felony conviction for selling drugs in his neighborhood. He served three years of a five-year sentence and has been released early in a special program in his state for first time convictions for nonviolent offenses. Mario is 22 years old, did not complete high school, and now has a felony on his record which makes finding employment difficult. You are a Human Services worker in a county probation and parole office, and you have been assigned to work with Mario. What are some concerns that you have for him, and what services do you think would be beneficial?

What might be some of Mario's developmental issues?

Case Study

JANET

Janet is a 41-year-old military veteran who did two tours in Iraq and one tour in Afghanistan. She is married and the mother of a 13-year-old son, Edward. Her husband, Robert, is a retired military as well as the primary caregiver for Edward while she served time in the Middle East. Both Janet and Robert receive military pensions. Robert is also responsible for two teenage children from a previous marriage. He sends child support to his ex-wife on a regular basis. Since she has returned home from Afghanistan, Janet has been having difficulty with Edward. He is sassy, doesn't do his homework when she asks, and in general seems disinterested in listening to her. Janet is also experiencing PTSD, with periods of anxiety and flashbacks to her time in Afghanistan where she suffered injuries from a roadside attack. She is trying to deal with her own issues, but she is so tired and not able to sleep. The problems with Edward are just additional burdens on her, and she finds herself screaming at him after school. Robert does not have the same issues with Edward, and although he has spoken with Edward about his disobedience, he has also spoken with Janet indicating that her personal problems are an issue. She calls to make an appointment at the mental health center where you are the Human Services worker. She indicates in the call that she wants some counseling for her son because he is out of control. During the conversation, she mentions that she thinks she may have a touch of PTSD and this is making it difficult for her to handle her teenage son.

What services would you suggest for her?

What developmental issues is she dealing with currently?

Recall what you learned in this chapter by completing the

Chapter Review

References