

Name:

Preparation for the Final Exam: Rel 150; Fall 20151: 8/25

Total of 73 points.

Part 1. On linguistics and Documents

Short answers. 2 points.

1. Why is there a problem of translating from one language to another?
2. Why is there a problem of translating from an older version of the same language?

Part 2. On Vedanta Vocabulary

Give a different answer for each question. 6 points.

1. What is "Brahman"?
2. What is "Nirguna Brahman"?
3. What is "Saguna Brahman"?
4. What is "Atman"?
5. What is a "Mantra"?
6. What is the origin of "Om" or "AUM"?

Part 3. On Vedanta Teaching and Practice

This quiz is worth 11 points.

1. The Vedanta view of enlightenment is described by the word "Satchidananda". Describe the 3 ideas this word refers to. (3 points).
 - a. .
 - b. .
 - c. .
2. Describe in detail what "Mantra Meditation" is. (2 points)
3. Describe in detail what "Yogic Breathing" is. (2 points)
4. Describe in detail what "Energy Meditation" is. (2 points)
5. What does the "Chakra System" have to do with healing? (1 point)
6. Why is Brahman not God? (1 point)

Part 4. On the Bhagavad Gita

2 points each = 10 points

1. What is Chapter One about?
2. What is Chapters 2-9 about?
3. What is Chapters 10-12 about?
4. What is Chapters 13-end about?
5. What does Aurobindo say about Krishna? Be specific.

Part 5. On Buddhist Psychology

Short answers. 10 points.

1. The Buddha rejected the Vedanta doctrine of *atman* and responded with the doctrine of *anatman*. "No self" does not deny the existence of the self, but rejects the Vedanta view of *atman*. Fill in the following chart:
 - The self is not a substance. What does that mean? _____.
 - The self has no independent existence. What does that mean? _____.
2. Another word used by all Buddhists is the word *sunyata* or emptiness, which does not include the Western idea of nothingness.
 - Emptiness means that given any "form" it has in the world many _____.
 - Masao Abe says that to understand the meaning of emptiness is to practice "mindfulness" which he interprets as _____.
3. What are the five levels of the ego according to Buddhism?
 - a. _____
 - b. _____
 - c. _____
 - d. _____
 - e. _____
4. Describe the teaching of "dependent origination"

Part 6. Chinese Religions

True & False Questions. 15 points.

1. Mandarin Chinese is the only language of China.
2. China had no reason to develop a science of translation.
3. A shaman's primary function is to handle the tribal court system.
4. Many shamanistic tribes have a tribal chief and a shaman.
5. Of all the religions of China, Confucianism was a direct descendent of shamanism.
6. A major cultural tradition in ancient China is the Yin-Yang principle.
7. A major cultural tradition in ancient China is "The will of heaven".
8. The *I-Ching* teaches that all reality is changing.
9. The *I-Ching* needs only 24 hexagrams to guide the user in solving a problem.
10. A major cultural tradition for the basis of morality in ancient China is the eight WU-Forms.
11. The Wu-Forms are used in most chapters of the *Tao Te Ching*.
12. The Wu-Forms give no help to confirm the interpretation of the *Tao Te Ching*.
13. In the *Tao Te Ching*, the word Tao means, teaching or Way or an energy.
14. Taoism and Buddhism are indigenous religions in China.
15. Buddhism becomes more practical in China and Japan.

Part 7. Taoism

8 points. Give complete and clear sentences.

1. What is the primary function of a shaman?
2. List some of the teachings of Early Chinese Shamanism.
3. Name one of the major teachers of early Taoism.
4. What is the teaching of the "Yin-Yang School" of Thought?
5. What is the major teaching of the "I-Ching"?
6. Name the major debate between early Taoism and early Confucianism.

7. There are eight Wu-Forms. How would you summarize them in one sentence?

8. What is "TCM"?

Part 8. On Taoist Meditations

11 points.

1. What is the name of the main Taoist Meditation?

2. Why is the "Cosmic Circuit Meditation" called *Cosmic*?

3. Describe how the "Cosmic Circuit Meditation" is performed.

4. What does Mantak Chia mean by "hug a tree"?

5. What is the "Laser Light Meditation"?

6. What is the "Meridian System"?

7. What are the three main ways that human beings lose energy?

a. .

b. .

c. .

8. Why is the loss of energy important to Taoism?

9. How does the Taoist solve the problem of the loss of energy?

10. What is the principle of "longevity"?

11. How do the “Breatharians” solve the problem of “longevity”?