

Women who are pregnant or children under 12 should not drink this product.

- ⑦ Several of the deaths related to 5-Hour-Energy have been related to consumers who drink several of these shots or mix them with alcohol. } should

- ⑧ Elaine Lutz, spokesperson for the company that produces 5-Hour-Energy, said the company is not aware of any deaths proven to have been caused by its product. She said the company's website advises consumers to drink no more than two bottles of the shots per day, spaced several hours apart, and for new consumers to drink half a bottle to start. } should

- ⑨ However, the company does not disclose the amount of caffeine in each bottle in the U.S., which is a reason that many people believe that the company is responsible for the deaths and that the product should be banned.

- ⑩ In an interview with CBS News, Dr. Jon, 5-Hour Energy CEO Manoj Bhargava said his product is safe and contains ingredients that have been tested. The proof of that for him, he says, is he drinks it every day. He says his 23-year-old son also drinks it. "I would not sell a product that my family wouldn't use," Bhargava told Dr. LaPook.

- ⑪ Bhargava said most of his consumers are workers, including truck drivers and other professionals, and estimates most are in their 20s or 30s. He claims the company's advertisements do not target young kids because of the backlash it would likely cause, and said he did not have the marketing data on how many adolescents use the product. } should

- ⑫ However, 40 percent of surveyed teens have said they've recently used 5 Hour Energy. Bhargava responded by saying that it is the teenager's choice to drink his product. He can't stop them, but he doesn't target their age group. } should

- ⑬ Based on daily recommended upper limits of caffeine intake of about 400 milligrams, it would require many shots of 5 Hour Energy for caffeine alone to cause people to become sick. One bottle of 5 Hour Energy contains approximately 138 mg to 207 mg.

- ⑭ Another possibility is that the beverages are consumed in conjunction with other substances, like alcohol or illegal drugs.

- should ⑮ "It's an individual's choice to drink it. My company should not be held responsible. Some of these deaths that you're talking about are related to people drinking alcohol with it. How is that my company's fault?" said Bhargava.