

## 318 ■ Chapter 8 / Is Fast Food Responsible for a Crisis in Public Health?

tastiest road. That way leads to madness, but many people gladly are willing to go crazy in that manner.

15 They also are right to be concerned about the message most food advertising sends to our young people and to try to counter that with nutrition education and some modicum of control over what foods our kids can buy while they are in the hands of our educators.

16 But do we really need crusading attorneys who blame the fast-food industry for the nation's obesity woes, and their ilk, to save us from ourselves? Does our already litigious society need to clog the courts with nutrition lawsuits faster than our eating habits can harden our blood vessels? I don't think so.

17 I'll never eat a Funnel Cake Supreme. But when I'm treating my family to a day out, whether at an amusement park or a sports event, I expect to have the opportunity to have that choice. The enemy may be us, but I'll accept that. It's sweeter than the alternative. ♦