

Stage three: coming apart:

1/ Stagnation:

- Feeling is long gone.
- Relationship is a hollow shell
- No growth
- Routine with no joy.

2/ Avoiding:

- creating implied or direct physical distance
- Not communicating anything - even problem

3/ Terminating:-

- The breakup
- speed and style?
- Redefinition?
- Grave dressing "story why we broke up"