

achieve or to perform their nursing activities. Also, it is important to make sure that nurses are happy, satisfied, free from fatigued, and highly skilled towards helping the patient to attain their full recoveries after illnesses. It is important for the healthcare facilities to offer continuous training to help nurses to be well equipped with the skills that are necessary for providing services so that patient can have quality healthcare outcomes (Alejandra, Chiara, Antonello, Ball, Jim, & Meredith, 2018).

#### Registered nurse role and responsibility

Most of the time, the registered nurses are working in healthcare facilities or outpatient facilities where they are offering hands-on care to the patients. The hands-on care is performed by prescribing medications, management of the intravenous lines, examining as well as observing the condition of the patients, maintenance of the records and communicating with the doctors. Registered nurses are also expected to offer direction as well as supervision to the nurse aides and the home health aides.

Apart from the care and the physical support being provided, registered nurses are also providing emotional support to the patients and the family members of these patients. Registered nurses are educating the patients and the general public about the management of the illnesses, special plans of the diet balance, and the management of the medical conditions. Registered nurses are also providing information on home care following the treatment and teaching of the patients on how they can individually administer medication or make a completion of the self-care duties.

How nurses are adapting to health changes and meeting the needs of the patients, burnout, lateral violence, and continuing education