

Back to Week at a Glance

FINAL PROJECT PART 2: APPLYING RESEARCH TO A CASE STUDY

In Week 5, you selected a case study for your Final Project research investigation. In Part 1 of the Final Project, you identified the client, mental health disorder, and counseling intervention that will be the focus of your research. This week, you will complete Part 2 of the Final Project. The goal of this Assignment is to conduct a review of the professional counseling literature and identify current, peer-reviewed articles to support your Final Project.

RESOURCES

Be sure to review the Learning Resources before completing this activity. Click the weekly resources link to access the resources.

WEEKLY RESOURCES

To Prepare

- Review the media program, *Final Project Worksheet Part 2*, and consider your next steps for Part 2 of the Final Project assignment.
- Review the feedback you received on Part 1 of the Final Project submitted in Week 5 and use the template for Part 2 to complete this Final Project assignment.
- Incorporate any feedback you received on Part 1 from your Instructor during Week 5.
- Search the Walden Library and choose three articles that relate to the intervention and mental health issue that you chose for your Final Project using the criteria below:
 - Three current (last 10 years) and peer-reviewed articles from professional counseling journals.
 - Include at least one quantitative and one qualitative research design.
 - Do NOT use **meta-analysis** type articles.
 - Verify that the research is not outside of the scope of practice for a professional counselor.
- For each article you chose, be sure to include:
 - A complete citation of the article
 - The methodology used in each article
 - A PDF of each article selected. See the directions below on how to submit.

Final Project Assignment

Complete Part 2 of the Final Project.

BY DAY 7

Submit Part 2 of your Final Project.

SUBMISSION INFORMATION

Before submitting your final assignment, you can check your draft for authenticity. To check your draft, access the **Turnitin Drafts** from the **Start Here** area.

1. To submit your completed assignment, save your Assignment as **WK7Assgn+last name+first initial**.
2. Then, click on **Start Assignment** near the top of the page.
3. Next, click on **Upload File** and select **Submit Assignment** for review.

COUN_6626F_Week7_Assignment_Rubric

Criteria	Ratings			
<p>This criterion is linked to a Learning Outcome Responsiveness: By Day 7, complete Part 2 of the Final Project.</p>	<p>3.5 to >3.14 pts A (90.00% to 100.00%) Paper is responsive to and exceeds the requirements given in the instructions. It:... 1.) Responds to assigned or selected topic;... 2.) Goes beyond what is required in some meaningful way (e.g., ideas contribute a new dimension to what we know about the topic, unearths something unanticipated, etc.)</p>	<p>3.14 to >2.7 pts B (80.00% to 89.9%) Paper is responsive to and meets the requirements given in the instructions. It:... 1.) Responds to the assigned or selected topic;... 2.) Addresses each point of the assignment.</p>	<p>2.7 to >2.44 pts C (70.00% to 79.9%) Paper is somewhat responsive to the requirements given in the instructions. It:... 1.) Somewhat misses the point of the assigned or selected topic; and/or... 2.) Addresses less than all of the points of the assignment but more than half.</p>	<p>2.44 to >0 p F (0% to 69.9%) Paper is unresponsive to requirements given in the instructions. It... 1.) Does not address the point of the assigned or selected topic; 2.) Contains little or no information that the student has learned and considered in the course. Resources used are not relevant to the course content. Addresses little or no aspects of the assignment.</p>

COUN_6626F_Week7_Assignment_Rubric

Criteria	Ratings			
<p>This criterion is linked to a Learning Outcome Content Knowledge: The extent to which the content in the paper or writing assignment demonstrates an understanding of the important knowledge the paper/assignment is intended to demonstrate.</p>	<p>7 to >6.2 pts A (90.00% to 100.00%) The paper demonstrates:... 1.) In-depth understanding and application of concepts and issues presented in the course (e.g., insightful interpretations or analyses; accurate and perceptive parallels, ideas, opinions, and conclusions) showing that the student has absorbed the general principles and ideas presented and makes inferences about the concepts/issues or connects them to other ideas;... 2.) Rich and relevant examples;... 3.) Thought-provoking ideas and interpretations, original thinking, new perspectives;... 4.) Original and critical thinking; and... 5.) Mastery and thoughtful/accurate application of knowledge and skills or strategies presented in the course.</p>	<p>6.2 to >5.5 pts B (80.00% to 89.9%) The paper demonstrates:... 1.) Understanding and application of the concepts and issues presented in the course demonstrating that the student has absorbed the general principles and ideas presented;... 2.) Relevant examples;... 3.) Thought-provoking ideas and interpretations, some original thinking; and... 4.) Critical thinking; and... 5.) Mastery and application of knowledge and skills or strategies presented in the course.</p>	<p>5.5 to >4.8 pts C (70.00% to 79.9%) The paper demonstrates:... 1.) Minimal understanding of concepts and issues presented in the course, and, although generally accurate, displays some omissions and/or errors; and/or... 2.) Few and/or irrelevant examples; and/or... 3.) Few if any thought-provoking ideas, little original thinking; and/or... 4.) "Regurgitated" knowledge rather than critical thinking;... 5.) Little mastery of skills and/or numerous errors when using the knowledge, skills or strategies presented in the course.</p>	<p>4.8 to 0 pts F (0% to 49.99%) The paper demonstrates:... 1.) Lack of understanding of the issues presented in the course; and/or... 2.) Omissions and/or errors; and/or... 3.) No examples; and/or... 4.) No original ideas; and/or... 5.) No critical thinking; and/or... 6.) No application of skills, strategies, or knowledge presented in the course.</p>

COUN_6626F_Week7_Assignment_Rubric

Criteria	Ratings			
<p>This criterion is linked to a Learning Outcome Quality of Writing: The extent to which the student communicated in a way that meets graduate level writing or communication expectations.</p>	<p>3.5 to >3.14 pts A (90.00% to 100.00%) Writing or communication exceeds graduate-level expectations. The paper:... 1.) Includes language that is clear, concise, and appropriate;... 2.) Has few, if any, errors in spelling (if written), grammar, and syntax;... 3.) Is extremely well organized, logical, clear, and never confuses the reader or listener;... 4.) Uses a preponderance of original language and uses direct quotes only when necessary and/or appropriate;... 5.) Provides information about a source when citing or paraphrasing it.</p>	<p>3.14 to >2.7 pts B (80.00% to 89.9%) Writing or communication meets graduate-level expectations. The paper:... 1.) Includes language that is clear;... 2.) Has a few errors in spelling (if written), grammar, and syntax;... 3.) Is well organized, logical, and clear;... 4.) Uses original language and uses direct quotes when necessary and/or appropriate;... 5.) Provides information about a source when citing or paraphrasing it.</p>	<p>2.7 to >2.44 pts C (70.00% to 79.9%) Writing or communication is somewhat below graduate-level expectations: The paper:... 1.) Includes language that is unclear and/or inappropriate; and/or... 2.) Has more than occasional errors in spelling (if written), grammar, and syntax; and/or... 3.) Is poorly organized, is at times unclear and confusing, and has some problems with logical flow; and/or... 4.) Reflects an underuse of original language and an overuse of direct quotes and paraphrases; and/or... 5.) Sometimes lacks information about a source when citing or paraphrasing it.</p>	<p>2.44 to F (0%) Writing or communication below expectations: The paper is unclear and/or has misspellings, grammar and/or organizational errors that create the reader's confusion. Contains direct quotes and/or information about a source without paraphrasing it.</p>

LEARNING RESOURCES

Required Readings

- Balkin, R. S., & Kleist, D. M. (2023). *Counseling research: A practitioner-scholar approach* (2nd ed.). American Counseling Association.
 - Chapter 8, "Examining Differences Within Groups and Single-Case Research Designs" (pp. 165-186)
 - Chapter 9, "Synthesizing Research Results Using Meta-Analysis" (pp. 187-209)
- Foster, L.H. (2010). **A Best Kept Secret, Counseling Outcome Research and Evaluation**  (<https://go.openathens.net/redirector/waldenu.edu?url=https://www.tandfonline.com/doi/full/10.1177/2150137810387130>), 1:2, 30-39, DOI: 10.1177/2150137810387130
- Caruth, G. g. (2013). **Demystifying mixed methods research design: A review of the literature**  (<https://search.ebscohost.com/login.aspx?direct=true&db=eue&AN=89641952&site=ehost-live&scope=site&authtype=shib&custid=s6527200>). *Mevlana International Journal Of Education*, 3(2),122. doi:10.13054/mije.13.35.3.2.
- Foster, L. H., Watson, T. S., Meeks, C., & Young, J. S. (2002). **Single-subject research design for school counselors: Becoming an applied researcher**  (<https://search.proquest.com/docview/213440004?accountid=14872>). *Professional School Counseling*, 6(2), 146.
- Walden University Course Guides (2017). COUN 6626 **Research Methodology and Program Evaluation**  (<http://academicguides.waldenu.edu/coun6626>): Week 7. Retrieved from <http://academicguides.waldenu.edu/coun6626>
- Walden University Library. (n.d.). **PDF help: Saving**  (<https://academicguides.waldenu.edu/library/pdfhelp/saving>). <https://academicguides.waldenu.edu/library/pdfhelp/saving>
- **Document: Part 2 Final Project** (<https://waldenu.instructure.com/courses/81443/files/5289304?wrap=1>)  (https://waldenu.instructure.com/courses/81443/files/5289304/download?download_frd=1)

Required Media

Video

- Walden University, LLC. (Producer). (2017g). *Mixed methods: An example* [Video file]. Baltimore, MD: Author.
Note: The approximate length of this media piece is 11 minutes.

Videos

- Walden University, LLC. (Producer). (2017d). *Final project part 2: Applying research to a case study* [Audio file]. Baltimore, MD: Author.

Note: The approximate length of this media piece is 4 minutes.

Final Project Part 2

Student Name

Program Name or Degree Name (e.g., Master of Science in Nursing), Walden

University

COURSE XX: Title of Course

Instructor Name

Month XX, 202X

Research question

REMEMBER TO DELETE THE INSTRUCTIONS CONTAINED IN THIS TEMPLATE. Include your research question from week 5 in this section.

Remember to use the following formula: **Is (name of intervention) effective for treating (name the population or category of your client) diagnosed with (mental health issue)?** Include your research question in this section.

Identifying relevant research

In this section, please explain your process using the Walden Library, search the professional counseling databases to identify current, peer-reviewed research articles which investigate the intervention and mental health disorder you have chosen to research.

[REMINDEERS]: Each article should adhere to the following guidelines:

- Use only peer-reviewed article published in the last 10 years.
- Include at least one quantitative and one qualitative research design. Your article should be a “research study” involving **live participants, include methodology section, results, limitations, and a conclusion section.**
- Remember that all 3 articles should be focused on 1 intervention and 1 diagnosis with your intended client.

- Do NOT use a **meta-analysis** or **systematic review** type article. Meta-analysis articles include results by combining and analyzing data from different studies conducted on similar research topics. These are not helpful for purposes of this assignment.]

Article 1

Citation

Include below the article citation (in APA format with links to the articles) that you have identified for use in your Final Project. APA formatting for citations requires hanging indent. Please visit the Online Writing Center for help with formatting and graduate level writing if you need it.

Summary

In the summary, please include the following: **purpose** of the study, what is the overall issue/problem being investigated, including **methodology** providing a description of how the study was conducted and whether it is quantitative, qualitative, or mixed methods. Finally, how are the results are connected to counseling practice and the selected case study (i.e., how will this article be helpful in answering the research question).

Article 2

Citation

Include below the article citation (in APA format with links to the articles) that you have identified for use in your Final Project. APA formatting for citations requires hanging indent. Please visit the Online Writing Center for help with formatting and graduate level writing if you need it.

Summary

In the summary, please include the following: **purpose** of the study, what is the overall issue/problem being investigated, including **methodology** providing a description of how the study was conducted and whether it is quantitative, qualitative, or mixed methods. Finally, how are the results are connected to counseling practice and the selected case study (i.e., how will this article be helpful in answering the research question).

Article 3

Citation

Include below the article citation (in APA format with links to the articles) that you have identified for use in your Final Project. APA formatting for citations requires hanging indent. Please visit the Online Writing Center for help with formatting and graduate level writing if you need it.

Summary

In the summary, please include the following: **purpose** of the study, what is the overall issue/problem being investigated, including **methodology** providing a description of how the study was conducted and whether it is quantitative, qualitative, or mixed methods. Finally, how are the results are connected to counseling practice and the selected case study (i.e., how will this article be helpful in answering the research question).

References

Cite all resources and use proper APA format. **Be sure to remove this example!**

Magic, M. (2017). Fascinating course resource that helps transform my opinions into scholarly content. *Journal for Brilliant Graduate Students*, 98(12), 56–66.

Research articles

Include a PDF of each article. You may attach the articles in the submission link along with this assignment.