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NURS-6630N-27-Approaches to Treatment-2021-Su...

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and handling non-adherent patients by offering resources and support can result in better outcomes. Patient non-adherence is a significant contributor to medication nonresponse, whereby non-adherence with mood stabilizers can negatively affect every bipolar disorder's aspect (Jawad et al., 2018). For instance, poor medication adherence may result in relapses and suicide attempts. Abruptly stopping lithium intake can cause a rise in the rebound symptoms' effects. **3 For instance, stopping stable patients who have bipolar mood disorder when taking lithium has a high risk of early symptoms' recurrence, especially mania.** Hence, I also offer clear instructions that discontinuing lithium medication abruptly after application can result in recurrence of her mania that brought her to hospital. The other two options would not be effective. For instance, increasing lithium to 450mg can lead to toxicity, resulting in the risk of thyroid and kidney dysfunction.

Again, switching to Depakote would be ineffective because it is dangerous to stop taking one medicine and start another for patients with bipolar disorder (Jamison,

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