

tion shared by the patient must be kept in strict confidentiality. 6 Decision Point

Three It has been four weeks since her last visit, and Mrs Perez is back in the clinic for her scheduled visit. She says that she does not experience any anxiety as a side effect of the Naltrexone. Mrs Perez further reports that she booked an appointment with the counselor. 10 However, she did not like her counselor. Further to that, she has started going to gambler's anonymous sessions. Last week was the first time she spoke in one of the gambler's anonymous sessions. According to Mrs Perez, the gambler's anonymous group that she is a part of is very supportive. Taking into account the feedback from the patient, the best course of action in this decision point is to encourage her to continue seeing her counselor. 6 She must continue with the therapy because if she stops going, there is a good chance that she will suffer a relapse. Mrs Perez should also be encouraged to keep attending the gambler's anonymous meetings. 6 Presently there are no approved medications for treating gambling addictions, and the best approach is through counseling (Agibalova et al.,

Attachment 142%

Sources

INCLUDED SOURCES

Institutional database (9)42%

Internet (1)0%