

HOW MUCH DO **YOU** KNOW ABOUT Heart Disease?



Caused by reduced or cut-off blood flow from the arteries supplying the heart

Heart disease is the

#1

cause of death for men and women in the United States.

SYMPTOMS:

- Chest pain
- Shortness of breath
- Weakness
- Dizziness or lightheadedness
- Pain in one or both arms, legs, neck, back or jaw

Clot-busting drugs and other artery-opening treatments work best to stop a heart attack if
**GIVEN WITHIN
1 HOUR**
of the start of symptoms

Gender Bender

Heart Disease Differences Between Men and Women

Instead of chest pain during a heart attack, women may often feel a
DULL, ACHING, TIGHT OR HEAVY SENSATION IN THEIR CHEST, JAW, OR SHOULDER BLADES

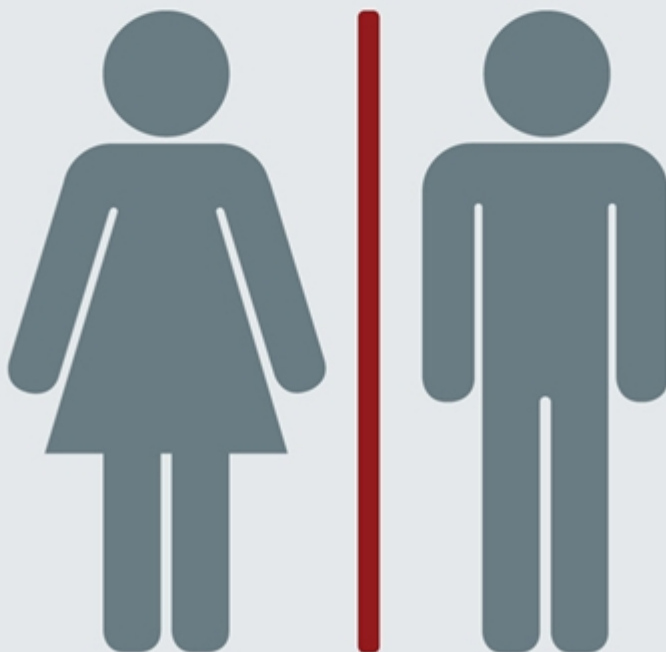
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of the women who die suddenly of coronary heart disease have

NO

previous symptoms

Women tend to have heart attacks
10 YEARS LATER
THAN MOST MEN



Men are more likely to experience heart disease symptoms like
ARRHYTHMIA, which is when the heart starts to beat at an abnormal rate

1/4

of all heart-disease-related deaths occur in men ages

35 TO 65

Men usually develop heart disease
10 YEARS EARLIER
than women and are therefore more likely to die of it in the
PRIME OF LIFE