

Week 2 - Module Activities

Please progress through this module as follows:

- From the course text, read chapters 2 and 3.
 - Click the *Discussions* link located on the Course Menu and follow the instructions to participate in the *Multicultural Family Counseling and Genograms* activity. Please reply to at least two of your peers' posts using the ABC Approach.
 - Click the *Assignments* link located on the Course Menu and follow the instructions to complete and submit the *Week 2 Reflection Paper* assignment.
- Upon completion of this module, proceed to the next module.**

Discussion Topic

In today's society, there is an incredibly complex combination of cultural/ethnic influences for our families. Traditionally, we used to think about multiculturalism as it affects a blended family unit from different cultural or ethnic backgrounds. While this is still an important part of multicultural awareness, it is important to consider the multicultural influences our children face each day in school, sports, and religious expression. We should also realize that we, as adults, face multicultural influences in the safe environments. As you consider multicultural awareness from this more global perspective, explore how well you truly understand your own ideas of culture and be able to discuss differences in perspective with others in an open and non-judgmental manner. While I do encourage self-expression in my courses, your right to self-expression does not mean that you may intringe upon another's right to think differently. Feel free to respectfully debate your perspective, however there are times that we as educated professionals must realize that the respectful decision to "Agree to Disagree" is always acceptable.

Thoughts for paper: Who can describe what a "Normal" Family is? Everyone's idea of normal is relative to their own circumstance. However, there are some common themes in various groups of individuals relative to culture, ethnicity, life-style preference, etc. In your paper, you can explore the different types of influences that can impact the dynamics of the family.