
7.3 Water Pollution

The global water crisis also involves water pollution. For water to be useful for drinking and irrigation, it must not be polluted beyond certain thresholds. According to the World Health Organization, in 2008 approximately 880 million people in the world (or 13% of world population) did not have access to safe drinking water. At the same time, about 2.6 billion people (or 40% of world population) lived without improved sanitation, which is defined as having access to a public sewage system, septic tank, or even a simple pit latrine. Each year approximately 1.7 million people die from diarrheal diseases associated with unsafe drinking water, inadequate sanitation, and poor hygiene. Almost all of these deaths are in developing countries, and around 90% of them occur among children under the age of 5 (Figure 1). Compounding the water crisis is the issue of social justice; poor people more commonly lack clean water and sanitation than wealthy people in similar areas. Globally, improving water safety, sanitation, and hygiene could prevent up to 9% of all disease and 6% of all deaths.

In addition to the global waterborne disease crisis, chemical pollution from agriculture, industry, cities, and mining threatens global water quality. Some chemical pollutants have serious and well-known health effects, whereas many others have poorly known long-term health effects. In the U.S. currently more than 40,000 water bodies fit the definition of “impaired” set by EPA, which means they could neither support a healthy ecosystem nor meet water quality standards. In Gallup public polls conducted over the past decade Americans consistently put water pollution and water supply as the top environmental concerns over issues such as air pollution, deforestation, species extinction, and global warming.

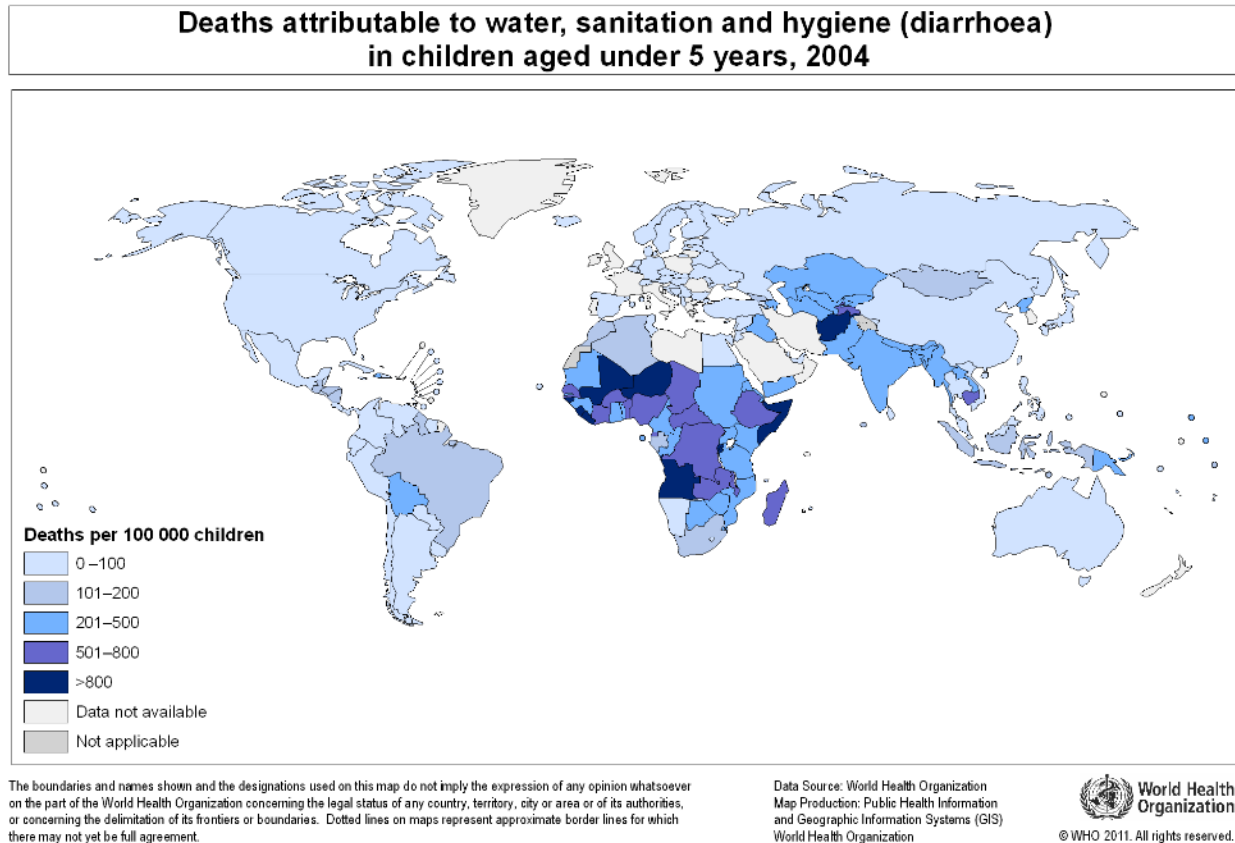


Figure 1. This work was created by the World Health Organization.

Any natural water contains dissolved chemicals, some of which are important human nutrients while others can be harmful to human health. The concentration of a water pollutant is commonly given in very small units such as parts per million (**ppm**) or even parts per billion (**ppb**). An arsenic concentration of 1 ppm means 1 part of arsenic per million parts of water. This is equivalent to one drop of arsenic in 50 liters of water. To give you a different perspective on appreciating small concentration units, converting 1 ppm to length units is 1 cm (0.4 in) in 10 km (6 miles) and converting 1 ppm to time units is 30 seconds in a year. **Total dissolved solids** (TDS) represent the total amount of dissolved material in water. Average TDS values for rainwater, river water, and seawater are about 4 ppm, 120 ppm, and 35,000 ppm, respectively.

Water Pollution Overview

Water pollution is the contamination of water by an excess amount of a substance that can cause harm to human beings and/or the ecosystem. The level of water pollution depends on the abundance of the pollutant, the ecological impact of the pollutant, and the use of the water. Pollutants are derived from biological, chemical, or physical processes. Although natural processes such as volcanic eruptions or evaporation sometimes can cause water pollution, most pollution is derived from human, land-based activities (Figure 2). Water pollutants can move through different water reservoirs, as the water carrying them progresses through stages of the water cycle (Figure 3). **Water residence time** (the average time that a water molecule spends in a water reservoir) is very important to pollution problems because it affects pollution potential. Water in rivers has a relatively short residence time, so pollution usually is there only briefly. Of course, pollution in rivers may simply move to another reservoir, such as the ocean, where it can cause further problems. Groundwater is typically characterized by slow flow and longer residence time, which can make groundwater pollution particularly problematic. Finally, **pollution residence time** can be much greater than the water residence time because a pollutant may be taken up for a long time within the ecosystem or absorbed onto sediment.



Figure 2. Water Pollution. Obvious water pollution in the form of floating debris; invisible water pollutants sometimes can be much more harmful than visible ones. Source: Stephen Codrington at Wikimedia Commons

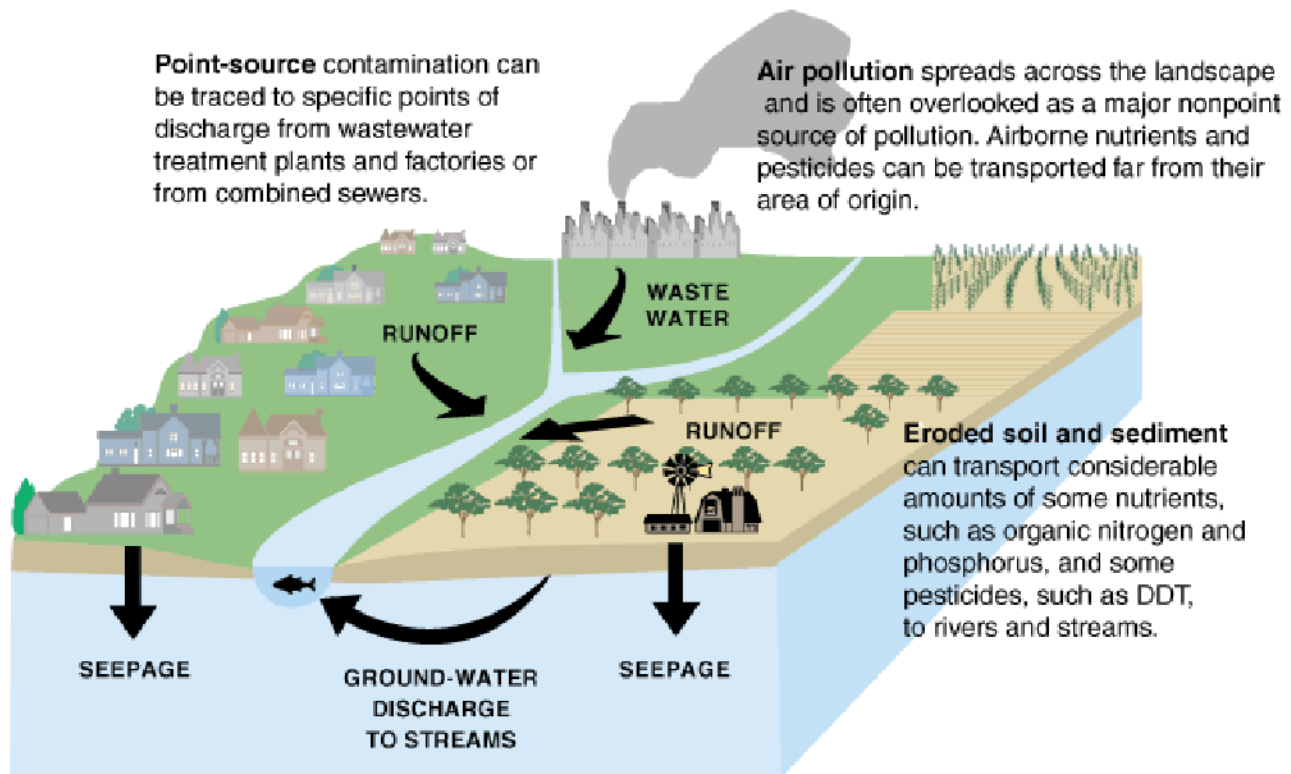


Figure 3. Sources of Water Contamination. Sources of some water pollutants and movement of pollutants into different water reservoirs of the water cycle. Source: U.S. Geological Survey

Pollutants enter water supplies from **point sources**, which are readily identifiable and relatively small locations, or **nonpoint sources**, which are large and more diffuse areas. Point sources of pollution include animal factory farms (Figure 4) that raise a large number and high density of livestock such as cows, pigs, and chickens. Also, pipes included are pipes from a factories or sewage treatment plants. Combined sewer systems that have a single set of underground pipes to collect both sewage and storm water runoff from streets for wastewater treatment can be major point sources of pollutants. During heavy rain, storm water runoff may exceed sewer capacity, causing it to back up and spilling untreated sewage directly into surface waters (Figure 5).



Figure 4. Large animal farms are often referred to as concentrated feeding operations (CFOs). These farms are considered potential point sources of pollution because untreated animal waste may enter nearby waterbodies as untreated sewage. Credit: ehp.gov

Nonpoint sources of pollution include agricultural fields, cities, and abandoned mines. Rainfall runs over the land and through the ground, picking up pollutants such as herbicides, pesticides, and fertilizer from agricultural fields and lawns; oil, antifreeze, animal waste, and road salt from urban areas; and acid and toxic elements from abandoned mines. Then, this pollution is carried into surface water bodies and groundwater. Nonpoint source pollution, which is the leading cause of water pollution in the U.S., is usually much more difficult and

expensive to control than point source pollution because of its low concentration, multiple sources, and much greater volume of water.

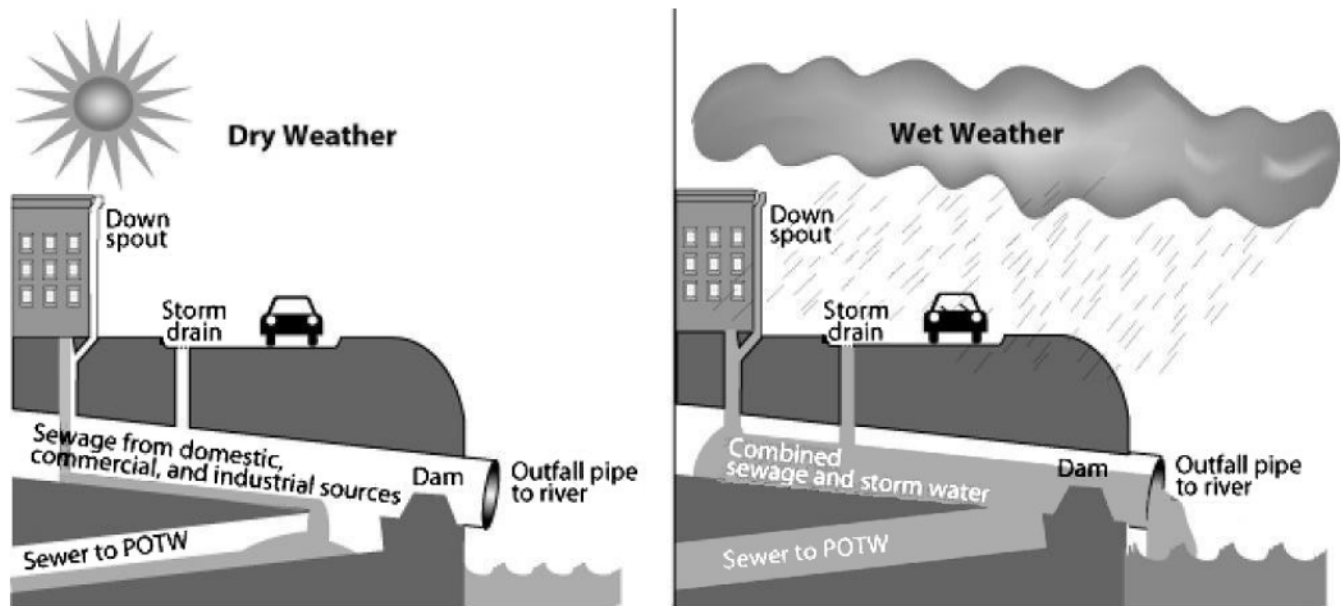
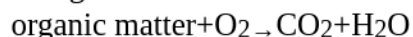


Figure 5. Combined Sewer System A combined sewer system is a possible major point source of water pollution during heavy rain due to overflow of untreated sewage. During dry weather (and small storms), all flows are handled by the publicly owned treatment works (POTW). During large storms, the relief structure allows some of the combined stormwater and sewage to be discharged untreated to an adjacent water body. Source: U.S. Environmental Protection Agency at Wikimedia Commons

Types of Water Pollutants

Oxygen-demanding waste is an extremely important pollutant to ecosystems. Most surface water in contact with the atmosphere has a small amount of dissolved oxygen, which is needed by aquatic organisms for cellular respiration. Bacteria decompose dead organic matter and remove dissolved oxygen (O₂) according to the following reaction:



Too much decaying organic matter in water is a pollutant because it removes oxygen from water, which can kill fish, shellfish, and aquatic insects. The amount of oxygen used by **aerobic** (in the presence of oxygen) bacterial decomposition of organic matter is called **biochemical oxygen demand (BOD)**. The major source of dead organic matter in many natural waters is sewage; grass and leaves are smaller sources. An unpolluted water body with respect to BOD is a turbulent river that flows through a natural forest. Turbulence continually brings water in contact with the atmosphere where the O₂ content is restored. The dissolved oxygen content in such a river ranges from 10 to 14 ppm O₂, BOD is low, and clean-water fish such as trout. A polluted water body with respect to oxygen is a stagnant deep lake in an urban setting with a combined sewer system. This system favors a high input of dead organic carbon from sewage overflows and limited chance for water circulation and contact with the atmosphere. In such a lake, the dissolved O₂ content is ≤ 5 ppm O₂, BOD is high, and low O₂-tolerant fish, such as carp and catfish dominate.

Excessive plant nutrients, particularly nitrogen (N) and phosphorous (P), are pollutants closely related to oxygen-demanding waste. Aquatic plants require about 15 nutrients for growth, most of which are plentiful in water. N and P are called **limiting nutrients**, however, because they usually are present in

water at low concentrations and therefore restrict the total amount of plant growth. This explains why N and P are major ingredients in most fertilizer. High concentrations of N and P from human sources (mostly agricultural and urban runoff including fertilizer, sewage, and phosphorus-based detergent) can cause cultural **eutrophication**, which leads to the rapid growth of aquatic producers, particularly algae. Thick mats of floating algae or rooted plants lead to a form of water pollution that damages the ecosystem by clogging fish gills and blocking sunlight. A small percentage of algal species produce toxins that can kill animals, including humans. Exponential growths of these algae are called **harmful algal blooms**. When the prolific algal layer dies, it becomes oxygen-demanding waste, which can create very low O₂ concentrations in the water (< 2 ppm O₂), a condition called **hypoxia**. This results in a **dead zone** because it causes death from asphyxiation to organisms that are unable to leave that environment. An estimated 50% of lakes in North America, Europe, and Asia are negatively impacted by cultural eutrophication. In addition, the size and number of marine hypoxic zones have grown dramatically over the past 50 years including a very large dead zone located offshore Louisiana in the Gulf of Mexico. Cultural eutrophication and hypoxia are difficult to combat, because they are caused primarily by nonpoint source pollution, which is difficult to regulate, and N and P, which are difficult to remove from wastewater.

Pathogens are disease-causing microorganisms, e.g., viruses, bacteria, parasitic worms, and protozoa, which cause a variety of intestinal diseases such as dysentery, typhoid fever, and cholera. Pathogens are the major cause of the water pollution crisis discussed at the beginning of this section. Unfortunately nearly a billion people around the world are exposed to waterborne pathogen pollution daily and around 1.5 million children mainly in underdeveloped countries die every year of waterborne diseases from pathogens. Pathogens enter water primarily from human and animal fecal waste due to inadequate sewage treatment. In many underdeveloped countries, sewage is discharged into local waters either untreated or after only rudimentary treatment. In developed countries untreated sewage discharge can occur from overflows of combined sewer systems, poorly managed livestock factory farms, and leaky or broken sewage collection systems. Water with pathogens can be remediated by adding chlorine or ozone, by boiling, or by treating the sewage in the first place.

Oil spills are another kind of organic pollution. Oil spills can result from supertanker accidents such as the Exxon Valdez in 1989, which spilled 10 million gallons of oil into the rich ecosystem of coastal Alaska and killed massive numbers of animals. The largest marine oil spill was the Deepwater Horizon disaster, which began with a natural gas explosion (Figure 6) at an oil well 65 km offshore of Louisiana and flowed for 3 months in 2010, releasing an estimated 200 million gallons of oil. The worst oil spill ever occurred during the Persian Gulf war of 1991, when Iraq deliberately dumped approximately 200 million gallons of oil in offshore Kuwait and set more than 700 oil well fires that released enormous clouds of smoke and acid rain for over nine months.



Figure 6. Deepwater Horizon Explosion Boats fighting the fire from an explosion at the Deepwater Horizon drilling rig in Gulf of Mexico offshore Louisiana on April 20, 2010. Source: United States Coast Guard via Wikimedia Commons

During an oil spill on water, oil floats to the surface because it is less dense than water, and the lightest hydrocarbons evaporate, decreasing the size of the spill but polluting the air. Then, bacteria begin to decompose the remaining oil, in a process that can take many years. After several months only about 15% of the original volume may remain, but it is in thick asphalt lumps, a form that is particularly harmful to birds, fish, and shellfish. Cleanup operations can include skimmer ships that vacuum oil from the water surface (effective only for small spills), controlled burning (works only in early stages before the light, ignitable part evaporates but also pollutes the air), **dispersants** (detergents that break up oil to accelerate its decomposition, but some dispersants may be toxic to the ecosystem), and bioremediation (adding microorganisms that specialize in quickly decomposing oil, but this can

disrupt the natural ecosystem).

Toxic chemicals involve many different kinds and sources, primarily from industry and mining. General kinds of toxic chemicals include hazardous chemicals and persistent organic pollutants that include DDT (pesticide), dioxin (herbicide by-product), and PCBs (polychlorinated biphenyls, which were used as a liquid insulator in electric transformers). **Persistent organic pollutants** (POPs) are long-lived in the environment, biomagnify through the food chain, and can be toxic. Another category of toxic chemicals includes radioactive materials such as cesium, iodine, uranium, and radon gas, which can result in long-term exposure to radioactivity if it gets into the body. A final group of toxic chemicals is heavy metals such as lead, mercury, arsenic, cadmium, and chromium, which can accumulate through the food chain. Heavy metals are commonly produced by industry and at metallic ore mines. Arsenic and mercury are discussed in more detail below.

Arsenic (As) has been famous as an agent of death for many centuries. Only recently have scientists recognized that health problems can be caused by drinking small arsenic concentrations in water over a long time. It enters the water supply naturally from weathering of arsenic-rich minerals and from human activities such as coal burning and smelting of metallic ores. The worst case of arsenic poisoning occurred in the densely populated impoverished country of Bangladesh, which had experienced 100,000s of deaths from diarrhea and cholera each year from drinking surface water contaminated with pathogens due to improper sewage treatment. In the 1970s the United Nations provided aid for millions of shallow water wells, which resulted in a dramatic drop in pathogenic diseases. Unfortunately, many of the wells produced water naturally rich in arsenic. Tragically, there are an estimated 77 million people (about half of the population) who inadvertently may have been exposed to toxic levels of arsenic in Bangladesh as a result. The World Health Organization has called it the largest mass poisoning of a population in history.

Mercury (Hg) is used in a variety of electrical products, such as dry cell batteries, fluorescent light bulbs, and switches, as well as in the manufacture of paint, paper, vinyl chloride, and fungicides. Mercury acts on the central nervous system and can cause loss of sight, feeling, and hearing as well as nervousness, shakiness, and death. Like arsenic, mercury enters the water supply naturally from weathering of mercury-rich minerals and from human activities such as coal burning and metal processing. A famous mercury poisoning case in Minamata, Japan involved methylmercury-rich

industrial discharge that caused high Hg levels in fish. People in the local fishing villages ate fish up to three times per day for over 30 years, which resulted in over 2,000 deaths. During that time the responsible company and national government did little to mitigate, help alleviate, or even acknowledge the problem.

Hard water contains abundant calcium and magnesium, which reduces its ability to develop soapsuds and enhances scale (calcium and magnesium carbonate minerals) formation on hot water equipment. Water softeners remove calcium and magnesium, which allows the water to lather easily and resist scale formation. Hard water develops naturally from the dissolution of calcium and magnesium carbonate minerals in soil; it does not have negative health effects in people.

Groundwater pollution can occur from underground sources and all of the pollution sources that contaminate surface waters. Common sources of groundwater pollution are leaking underground storage tanks for fuel, septic tanks, agricultural activity, landfills, and fossil fuel extraction. Common groundwater pollutants include nitrate, pesticides, volatile organic compounds, and petroleum products. Another troublesome feature of groundwater pollution is that small amounts of certain pollutants, e.g., petroleum products and organic solvents, can contaminate large areas. In Denver, Colorado 80 liters of several organic solvents contaminated 4.5 trillion liters of groundwater and produced a 5 km long contaminant plume. A major threat to groundwater quality is from underground fuel storage tanks. Fuel tanks commonly are stored underground at gas stations to reduce explosion hazards. Before 1988 in the U.S. these storage tanks could be made of metal, which can corrode, leak, and quickly contaminate local groundwater. Now, leak detectors are required and the metal storage tanks are supposed to be protected from corrosion or replaced with fiberglass tanks. Currently there are around 600,000 underground fuel storage tanks in the U.S. and over 30% still do not comply with EPA regulations regarding either release prevention or leak detection.

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Environmental Biology

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