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Cultural Competency

responsibility would assist you in stepping into Elisa's world and understanding the sources of her stress and the most culturally relevant interventions to help her manage her stress and her family?

Chapter 1: An Introduction to Social Work and the Helping Process

Problem Identification, Planning, and Contracting

Problem Identification, Planning, and Contracting

 Mrs. Kita is overwhelmed by all of her responsibilities and unsure how to move forward. Listen to session #1, where the social worker and Mrs. Kita discuss problems that Mrs. Kita faces. Can you identify some problems that they may mutually agree to work on together?

During the planning stage, the social worker and client do the following

- Setting goals provides focus and direction to the helping process (Hepworth, Rooney,

ma, Anthony, Mike, Mrs. Anderson, Maria, Mrs. Kita and Kim)

Treatment and Intervention

Engagement well done motivates clients to stay in the helping process, and a thorough assessment informs the social worker about the most appropriate treatment and intervention for