

Response to these 2 post

The main idea of "Wisdom for Emerging Adults" is finding roots in identity in things like purpose, vocation, studying, and reliance on religion more than others' opinions, fears, and talents that used to define them in adolescence (Setran, 2013). In my experience, spiritual maturity and gauging where I'm at in my spiritual journey are vital to my season.

Meg Jay challenges the cultural myth that the 20s are a glorified experiment to find answers through reckless and careless living (Jay, 2013). She has a conviction that our 20s are a time of building a foundation for adulthood. In my early stages of emerging adulthood, I've seen the impacts of intentionality vs. neglect. When I neglect using wisdom, I feel the adverse effects heading my way.

Arnett makes a great point that when transferring into the adult lifestyle, society's peer pressure and expectations are evident through the anxiety surrounding going to college, post-graduate school, and the workforce era. Given the anxious feelings impending a Christian lifestyle, there's encouragement and challenge in living in patience (Arnett, 2016). Although I haven't experienced this yet, I know this will be a part of the next decade of my life.

I think Jay posted the best advice, considering its relevance to college-age students watching the video. I have a firm conviction that habits that start in emerging adulthood last a lifetime, and friendships made in college will shape your career choices. If this is a season of throwaways, then why are most addictions and diseases started and spread during this stage of life (Mossler, 2023)?

One piece of advice that comes from Arnett is the point of patience in emerging adulthood. When you think of this life stage, you think of busyness, confusion, fun, unpredictability, and packed schedules. I hope to learn in my twenties to practice patience during busy seasons. It's easy to think that because life is busy, there's no need to wait for anything. I genuinely believe that when life is busy, a mindset of patience brings discernment for what's necessary and what's secondary.

A video that showed biblical parallels to me was Setran's emphasis on humbling ourselves before God when wrestling with the purpose in our lives during emerging adulthood. 1 Peter 5:6 says, "Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you" (English Standard Version, 2001).

I would ask Meg Jay, "What should be the top five priorities for an emerging adult?" simply trying to find a practical answer to the wisdom of using this stage for greater purposes than having

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In the Meg Jay video, she talks about how culture jokes about how a person's 20's are a "throwaway decade," but in reality are an extremely important time in one's life to make changes and establish a foundation for the rest of one's life (TED, 2013). She stresses the importance of 20-year-olds taking risks, and using this time in their life to explore different career options (TED, 2013). As a 21-year-old myself, this definitely describes the phase of life I am in, how I have the ability to try many new things with out many negative affects. In the David Setran video, he first talks about the "someday mentality" and how it is just a myth, and that we should instead have a "harvest mentality" (wheatoncollege, 2016). He discusses how the dreams that we imagine are built from the things we see in life and desire, and worldly loves should be replaced with a love for Christ (wheatoncollege, 2016). Finally, he stresses the importance of being actively involved in a church during emerging adulthood (wheatoncollege, 2016). This is something I am learning as I age through my 20's is that I need to grow in my love for Christ and let all my desires shape around that. In the Jeffrey Jensen Arnett video, he discusses why young people take longer to grow up now than ever before (TEDx Talks, 2015). He challenges older individual to change their opinion about people in their 20's that it is not bad to take longer to grow up in this knowledge economy (TEDx Talks, 2015). One of the main reaons people are taking longer to grow up, which *Lifespan 360* also discusses is the growing need for young people to pursue higher education to attain the desired job (Cashion et. al., 2023, p. 293). He tells young people to take advantage of this special time and make the most of it (TEDx Talks, 2015). I think this describes how I lived in my first year of college, but I look back at that time and think to myself that I was very immature.

I believe that David Setran's presentation gives the best advice to emerging adults, because he ties everything he says to the idea of being centered in Christ and developing a love for Him (wheatoncollege, 2016). I think that is the most important thing emerging adults need to hear and be challenged by. This is a concept I wish I was told more when I was a little younger. Hearing this would have helped me avoid some of the mistakes I made early on in college. I do believe this idea of growing to make Christ the central love of your life correctly aligns with what we see in Scripture. Ephesians 5:1-2 reminds us to be followers of God and to love as Christ did (*King James Bible*, 1611/1978). If I could ask David Setran a question, I would ask him about what things he regrets about his 20's, and what things he would have done differently looking back.

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