

NAME: _____

TR 3320 TR in Geriatric Care Final Exam

Answer questions 1-30 on the SCANTRON. Please put your name on both the exam and the Scantron.

True/False

Indicate whether the statement is true or false.

- _____ 1. Healthcare practitioners are not liable to disciplinary action for violation of the Federal Privacy rules under HIPPA.
- _____ 2. OBRA only requires Resident's Rights to council. Family members do not have specific rights to council.
- _____ 3. Progress notes in nursing homes are done quarterly, yearly, or whenever there is a change in status.
- _____ 4. Once the treatment team completes all assessment and writes the care plan, the treatment process for the individual's care is no longer necessary.
- _____ 5. TR assessment in a nursing home setting must reflect measurement of the specific areas prescribed by the physician.
- _____ 6. The Resident Assessment Instrument (RAI) is only required for subacute and rehabilitation short-term stay.
- _____ 7. Long term memory is information that was stored secondary memory.
- _____ 8. A person may have impaired motor skills due to a lesion in the frontal lobe of the brain.
- _____ 9. There are four budget planning types use in a nursing home.
- _____ 10. If a resident triggers on the section F of the MDS, it means that the TRS has to proceed to steps that will improve the resident's functioning or well-being.

Multiple Choice

Identify the choice that best completes the statement or answers the question.

- _____ 11. What is likely to be the nature or role of a TRS in a subacute care setting where the "medical model" is the mode of operation?
 - a. Design recreation participation programs for evening/weekend participation
 - b. Conduct one-on-one sessions with clients using leisure as a diversionary tool
 - c. prepare individualized treatment programs based on physicians orders
 - d. plan leisure education sessions so clients gain an awareness of leisure and life satisfaction
- _____ 12. The medical term "ad. lib." is the abbreviation for:
 - a. as patient can tolerate
 - b. give freedom liberally
 - c. as often as possible

NAME: _____

20. A TRS may use which of the following resources to determine a resident's leisure interest upon admission?
- Administration of an activity interest inventory to a resident
 - Interviews with the resident regarding leisure interests
 - Interviews with the resident's family or significant others
- 1 and 2 only
 - 1 and 3 only
 - 2 and 3 only
 - 1, 2, and 3
21. The Minimum Data Set (MDS) assessment is required by which of the following agencies?
- Joint Commission on Accreditation of Healthcare organizations (JCAHO)
 - Rehabilitation Accreditation Commission (CARF)
 - Centers for Medicare and Medicaid Services (CMS)
 - National Therapeutic Recreation Society (NTRS)
22. Which of the following are typical parts of a diagnostic protocol?
- Assessment, planning, implementation, evaluation
 - Subjective, objective, analysis, planning
 - Comprehensive program descriptions and specific program descriptions
 - Client problems, assessment criteria, process criteria, and outcomes criteria
23. Which statement best describes an outcome of completing activity analysis?
- Activities are referenced according to their difficulty
 - The amount of time necessary for the client to acquire the skill is determined
 - The skills necessary to perform the activity are identified
 - The types of adaptations needed by clients are determined
24. The medical term "qid" is the abbreviation for:
- white blood count
 - four times a day
 - quadriceps
 - within normal limits
25. If the TRS makes an error while writing a progress note in a resident's chart, he/she should:
- use white correction fluid over the error and then write the correction in ink
 - report the mistake to his/her boss, and begin on a clean new page
 - cross out the error, write "error" above it, initial and date it
 - learn to always chart in pencil so mistakes can easily be erased and corrected
26. A TR facilitation technique that focuses on taste, touch, sight, smell, hearing, and bodily movement, and is often combined with reminiscence and remotivation is called:
- sensory overload
 - aromatherapy
 - sensory stimulation
 - sensory integration
27. Mr. Williams is showing signs of disorientation, confusion and memory loss. After the TRS completes the assessment and records score on the MDS section, she meets with the care plan team. Which intervention techniques would be most appropriate given her assessment findings?
- Resocialization
 - Remotivation

NAME: _____

- c. Reality Orientation
- d. Refocusing

- _____ 28. Which of the following is a true statement about the process of aging?
- a. Individuals with less education tend to outlive those with more education
 - b. Women tend to outlive
 - c. Ethnic minority members tend to outlive Caucasians
 - d. Nursing homes have more older men than women
- _____ 29. One example of a “trigger” within the Activities section F on the Minimum Data Set (MDS) would be when the individual:
- a. prefers more or different activity choices that are now being offered
 - b. rarely receives visits from family or friends
 - c. is completely independent in his/her leisure pursuits
 - d. is ready for discharge to his/her/ home
- _____ 30. Which of the following best defines “criterion” section of goal writing.
- a. Problem area to be improved
 - b. Under what circumstances
 - c. How well does the performance have to be done
 - d. None of the above

Matching

Please match the appropriate definitions to the correct words. Place your answers on SIDE 2 of the SCANTRON.

- | | |
|-----------------------------------|----------------------------|
| a. Resident Assessment Instrument | f. Comprehensive Care Plan |
| b. Care Area Assessment | g. MDS.3.0 |
| c. Care Area Triggers | h. Assessing Environment |
| d. Ombudsman | i. Air Mat Therapy |
| e. Discharge planning | j. Capital Budget |

- _____ 31. The _____ is included in the RAI and provides a second screen to identify potential problems, strengths for care planning.
- _____ 32. Reviews residents and staff complaints and assures quality of life issues. The residents and staff can be anonymous in reporting their issues to this entity.
- _____ 33. This begins from the time of admission. The client and families expectations are noted, resources are identified, and level of care are noted for when person goes home.
- _____ 34. The _____ facilitates assessment, decision making, and care planning as well as implementation and evaluation of care.
- _____ 35. Provides a road map towards the resident care and has to be completed within 21 days of admission
- _____ 36. These are specific areas that needs further assessment and attention for the resident. They are a response to items coded on the MDS.
- _____ 37. An intervention used with clients who may be diagnosed with AD to provide a pleasant and relaxing stimulation. It has a white noise which provides a calming effect.
- _____ 38. A comprehensive assessment used in NH and is mandated by OBRA to assess the highest level of care and quality of life of residents.

NAME: _____

- _____ 39. This is a special list of proposed expenditures for a year that includes large items (e.g. equipment) that may depreciate over time in a facility.
- _____ 40. This includes the person's living, community, and family situation. Looking at their overall micro and macro system.

SHORT ANSWER QUESTIONS: (5 points each)

41. Mr. Michael is a 70-year-old male with a Hx of seizures, hearing deficit in rt. ear, and c/o arthritis in lt. knee. He is a resident in the Mayberry Care Home for the past two years. He has a son that comes to visit at least once a month. Most of his childhood friends have died. After completing a comprehensive assessment to include the MDS, the TRS noted that he requires verbal prompting for ADLS, but is fairly independent with minimal set-up. He had significant weight gain since living in Care home.

His interest included: dancing, country music, watching sports on TV, and sleeping in. His reported strengths were: Good dancer, good cook, keep things clean around his room. John expressed to the TRS that "I'm fat," and that "I want to get married."

Develop a care plan for Mr. Michael keeping in mind that he will have to stay at the nursing home. Provide goals: short (1) and long term (1) along with objectives for each.

42. You are a Director of the Activities Department of Pine Senior Care Center. You have been asked to develop a volunteer program from the ground up. Please describe the steps you would take to develop such a program. We discussed at least 11 steps that should be included. Also explain whether this would be included in your capital budget or your operational budget and why.

Bonus Question: (4 points)

42. Your Administrator also wanted you to develop Policy and Procedures for the Resident Council. Please provide the purpose, policy, and procedures for your Council.