

Spiritual Assessment

California Baptist University SWK – 557

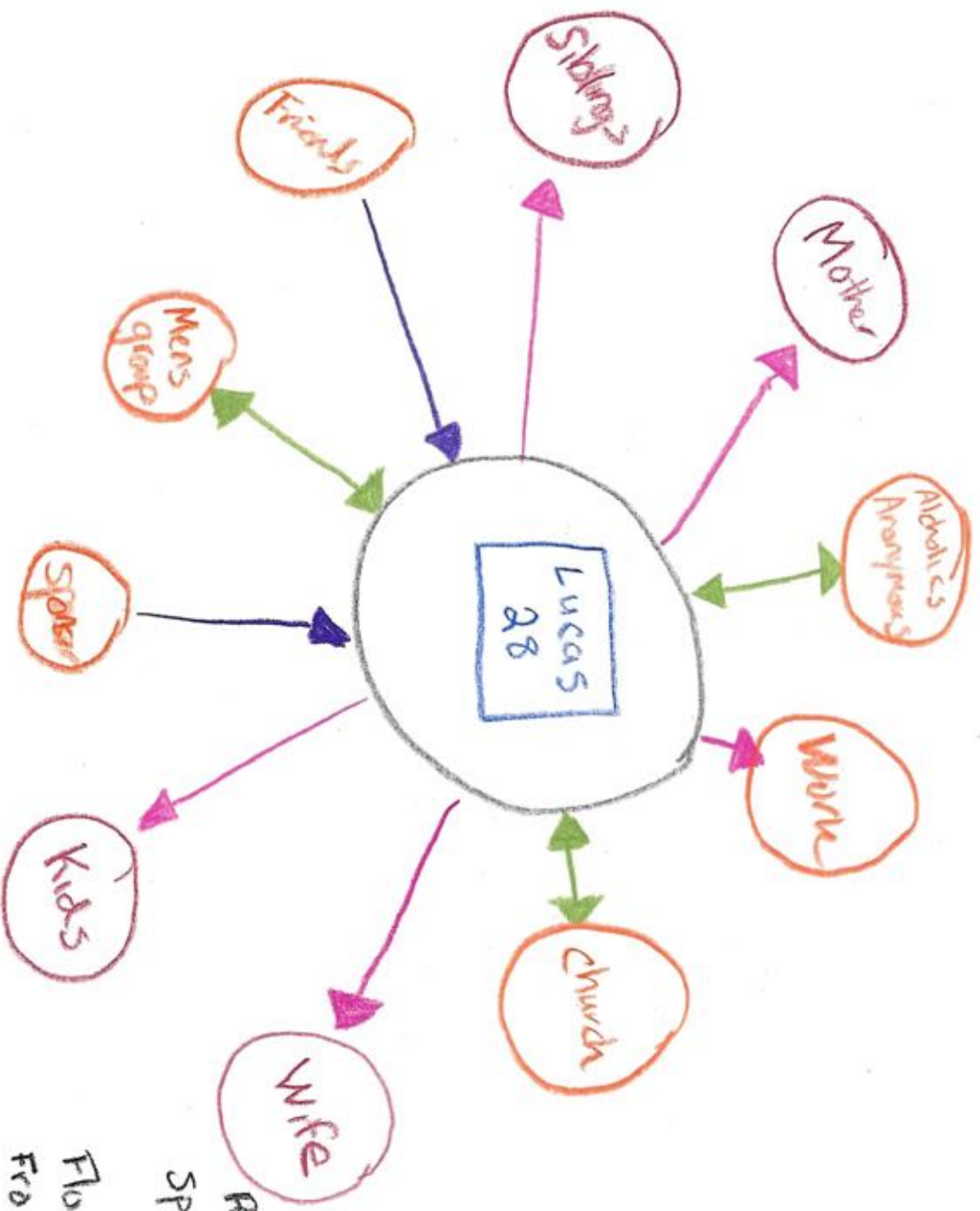
Professor Dr. Gaona

Lucas is a twenty-eight-year-old male, married with two children (ages six and eight) that identifies as being a Christian man. Lucas presents with signs of depression and has sought treatment for these symptoms. Lucas discloses that he was raised by a single Mother and is the youngest of five children as well as being the only male child. Lucas went on to share that he was raised by a surrogate Father that introduced him to his faith at the age of eight, this influential man in his life passed on when he was 14 years old and his connection to his faith was unstable until he entered alcoholics anonymous 7 years ago with his thirty-seven-year-old wife Faith. Lucas shared that Faith is also a Christian and that she attends weekly church services with his Mother and Sisters. Lucas disclosed that during the years in between 14 years old and 21 years old that he would go to church with his Mother and two of his older sisters roughly once every two or three months and that he felt his disconnection to the church during this time was possibly due to losing his surrogate Father. Lucas further disclosed that during these years he began to drink heavily and started using illegal substances which he states, "disconnected him from God". Lucas has shared that his children are now at the age that he was when his Father began bringing him to church and he wants to introduce them to Christianity. Lucas states that he regularly attends church with his wife however does not go every Sunday due to sometimes being too tired to attend services. Lucas also disclosed that when he entered sobriety he was re-introduced to his faith as it is a "large part of the program" and that being sober requires him to have a connection with "a God of his own understanding". Lucas shared that he planned to become a chemical dependency technician and that he would integrate his Faith into this position as it will be at an inpatient facility that focuses on 12 step recovery.

Upon analyzing the different maps that have the potential to be beneficial to this client, the clinical choose to use an Ecomap to assist Lucas in being able to see how the people and

organizations in his environment can assist him on his re-engagement with his spiritual journey. A description of why this map was chosen can be found in the textbook *Christianity and Social work* “social workers should also seek to incorporate into the eco-map any spiritual system that has meaning to the client (Hodge, 2000).” (Scales & Kelly, 2016). The clinician and Lucas were able to go through his eco map and identify where his spiritual resources were flowing out, flowing in and where the exchange was mutual. This allowed Lucas to take a look at his environment and see where he can tap into in order to seek out advice in regard to how to introduce his children to Christianity. Lucas was pleased to see what a strength Alcoholics Anonymous has been in not only his physical life but also in his spiritual life as well. The Eco map was also able to allow for Lucas to take a snapshot of his present spiritual resources and open a discussion about how to best utilize what he had available to him. Through examination of the Ecomap with the clinician, Lucas shared that he was going to engage his Mother and Sisters in helping him introduce his children to the members of the church. Lucas disclosed that he believed that this use of his resources would also help him stay accountable to his own spiritual practices as his Mother and siblings would be involved in not only his children’s attendance at church services but also his own.

Spiritual ZOOMAP



Key

- Reciprocal flow of spiritual resources
- Flow of spiritual resources from Lucas
- Flow of spiritual resources to Lucas with more importance

Key

Family

Resources

Reference

Scales & Kelly (2016) Christianity and Social Work: Readings on the Integration of Christian Faith and Social Work Practice (Fifth Edition).