
SOCW 6101 WEEK 9 ASSIGNMENT

Mrs. Bargas is a married woman and a mother to five children who have been out of work for about three months. Two weeks earlier, her husband had a stroke and is now in the hospital. Mrs. Bargas is concerned with how the charges and rent are paid and is afraid of losing her home. Her youngest daughter Amy has had problems at school because other students in school are bullying and threatening, and telephone calls are late. Mrs. Bargas does not know about the teasing at school and the end-night threats Amy is facing, so there is no excellent contact between Mrs. Bargas and Amy. Amy's mother sometimes becomes upset when Amy's mother feeds her little brother's dinner and helps her do her homework.

The challenges are communication between Amy and her mother and Amy's failure to be particular about her struggles in school. According to KirstAshman & Hull (2018), the proper development of a family depends on how each family member interacts. It seems Amy is hostile to her mother because Amy needs to help her younger brother and feed him dinner with his homework. Assertiveness means that you are adequately informed of your thinking, desires, and emotions when thinking about your needs and needs (Kirst-Ashman & Hull, 2018). Amy said she "thought to speak to my school advisor," but she was scared others who harass her would see her and make her worse. Amy is concerned that those who force her will repress her and worsen things for her. Amy may be suffering from depression due to the teasing resulting from bad qualities and slashing class. The self-reporting platform PHQ-9, which scans major depressive disorders, will be used to analyze Ann for depression (Moriarty, Gilbody, Mcmillan, & Manea, 2015)

StrengthsOF Amy and the Bargas Family

The strengths of Mrs. Bargas and Amy both encourage the society to choose the intervention most appropriate for each one. 1. Ms. Bargas has outstanding career experience and should be employed, 2. Amy's desire for an affair with her mum, 3. Mrs. Bargas needs a happier home life, 4. Ms. Bargas and Amy continue to focus on their marital issues for counseling. The forces that Ms. Bargas and Amy include. The social workers will create a therapeutic strategy that will benefit both. Mrs. Bargas is firm to the family and cares about their needs while her husband is at the hospital. Amy knows how her conduct impacts and needs support to resolve her and the family.

Two Treatment Plan Goals and Measurable Objectives

As Mrs. Bargas has an employment counselor's appointment already, it is not a priority to help her find work. Ms. Bargas and Amy's main goals and their failure to connect and Amy's school struggle with bullying. Amy and her mother will develop adequate coping skills as part of their recovery strategy. This is achieved by learning good listening skills from Mrs. Bargas and Amy by playing incorrect communication and homework. Amy's therapy strategy aims to improve her thinking and feelings by intimidating her to cope positively with bullying. Amy will use cognitive behavioral counseling to help her achieve this objective.

Mrs. Bargas and Amy would collaborate at home to communicate, sit, and chat once a day. Mrs. Bargas and Amy will use active listening skills and share the thoughts and needs of each other. Actively listening, Amy and her mother listen to each other and gather information about their wants, wishes, and concerns (Altabef, Meier, Reynolds, Delucia, & Friedling, 2017). At school, Amy must alert her mother and someone about the abuse. To ensure Amy feels secure and safe, Amy will arrange a social appointment at school that is suitable for her, visit her mother at Amy's house to discuss bullying—allowing Amy to be healthy and among people who care about her will encourage her to learn about her past and why she does so.

Things Needed in a Treatment Plan

To ensure that clients meet their needs, a social worker must record crucial facts in the context of a care plan. If a social worker has not documented this, the therapy does not succeed. According to Seligman (2004), the crucial material to be reported is that it includes identifying the crisis, priorities and goals, the action plan, and actions and strategies. The issue is described as what the customer thinks happens and why the social worker sees it (Seligman, 2004). The customer needs to achieve milestones, and goals are simple targets that define the following actions (Kirst-Ashman & Hull, 2018). Interventions and solutions concentrate on clients' problems, a challenge at a time, and the essential topics (Kirst-Ashman & Hull, 2018). The intervention is implemented to change the client's condition, and the approach is the aim of the customer (Kirst-Ashman & Hull, 2018).

Conclusion

In terms of social work, treatment programs are essential and help clients meet their desired objectives. In this article, Amy and Mrs. Bargas, their mom, became aware of the value of therapy. In communication with each other and separate questions, Amy and Mrs. Bargas have the same dilemma. Ms. Bargas wanted assistance to find a career and help with her school-based daughter Amy. Amy is distressed that she is humiliated at school and fears telling someone because she fears the students that drive her. The recovery plan lets the social worker consider the issue and finally establishes objectives and plans to help people solve their problems.

References

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