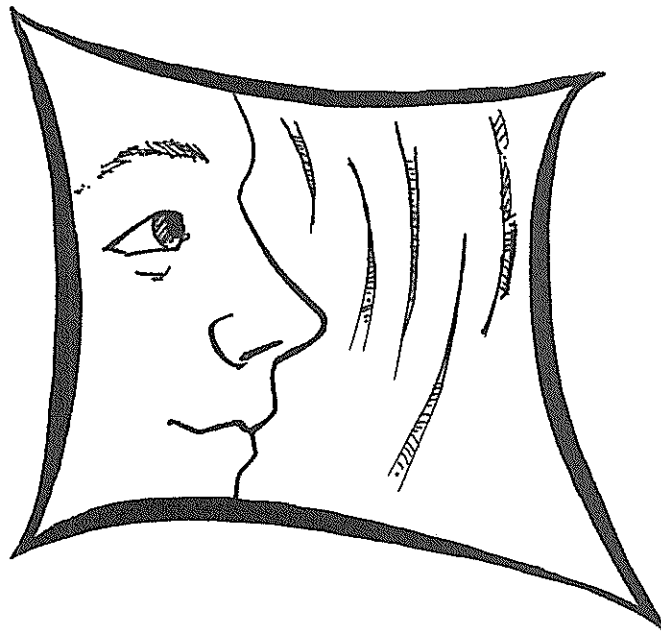


SECTION IV:

Social Radar Scale



Name _____

Date _____



Social Radar Scale Directions

Social Radar is at the heart of every relationship. It is the ability to see through social and racial myths, accept and value people who are different from you, and understand and recognize subtle nuances between what other people are saying and what they are feeling.

The Social Radar Scale can help you identify how effectively you are able to develop a rapport with people with whom you have a relationship. This scale contains 36 statements. Read each of the statements and decide if the statement is like you or not like you. In each of the choices listed, circle your response on the line to the right of each statement.

In the following example, the circled **Like Me** indicates that the statement describes the person taking the assessment:

SECTION 1: VALUING DIVERSITY

I recognize the importance of diversity among people

Like Me

Not Like Me

This is not a test and there are no right or wrong answers. Do not spend too much time thinking about your answers. Your initial response will likely be the most true for you. Be sure to respond to every statement.

(Turn to the next page and begin)

Social Radar Scale

SECTION I: VALUING DIVERSITY

- | | | |
|---|---------|-------------|
| 1. I recognize the importance of diversity among people | Like Me | Not Like Me |
| 2. I value diversity as a valuable resource | Like Me | Not Like Me |
| 3. I enjoy being with people who are different from me | Like Me | Not Like Me |
| 4. I am tolerant of differences in people | Like Me | Not Like Me |
| 5. I work well with people who are different from me | Like Me | Not Like Me |
| 6. I enjoy helping people who are different from me | Like Me | Not Like Me |
| 7. I am proud of my historical and cultural heritage | Like Me | Not Like Me |
| 8. I work constantly to reduce my prejudices when interacting with people different from me | Like Me | Not Like Me |
| 9. I rarely stereotype other people or cultures | Like Me | Not Like Me |
| 10. I believe that diversity is necessary in life | Like Me | Not Like Me |
| 11. I can work with people different from me to achieve mutual goals | Like Me | Not Like Me |
| 12. I believe in the equal worth of all people | Like Me | Not Like Me |

(Continued on the next page)



(Social Radar Scale continued)

SECTION II: INTUITIVENESS

- | | | |
|--|---------|-------------|
| 1. I get hunches about things that are happening in my life | Like Me | Not Like Me |
| 2. I am able to easily sense what other people are feeling | Like Me | Not Like Me |
| 3. I sometimes know about events before they happen | Like Me | Not Like Me |
| 4. I sometimes am able to feel physical sensations that alert me when something is wrong | Like Me | Not Like Me |
| 5. I make many decisions based on hunches | Like Me | Not Like Me |
| 6. I am aware of times when my intuition speaks to me | Like Me | Not Like Me |
| 7. I am sometimes able to predict what will happen in the future | Like Me | Not Like Me |
| 8. I often receive intuitive information through physical sensations such as a knot in my stomach or the hair standing up on my neck | Like Me | Not Like Me |
| 9. I often know things but do not know how I know them | Like Me | Not Like Me |
| 10. I often receive sudden flashes of insight (aha moments) | Like Me | Not Like Me |
| 11. I often feel a sudden rush of understanding | Like Me | Not Like Me |
| 12. I often feel like I have done something before | Like Me | Not Like Me |

(Continued on the next page)

SECTION IV: SOCIAL RADAR SCALE

(The Social Radar Scale continued)

SECTION III: EMPATHY

- | | | |
|---|---------|-------------|
| 1. I help the person to identify the feelings that are being experienced | Like Me | Not Like Me |
| 2. I am attuned to what the person may be only half saying | Like Me | Not Like Me |
| 3. I am attuned to what the person may be hinting at | Like Me | Not Like Me |
| 4. I am attuned to what the hidden message is behind what is said | Like Me | Not Like Me |
| 5. I usually attempt to read the intensity of the other person's emotions | Like Me | Not Like Me |
| 6. I am aware of the person's body language | Like Me | Not Like Me |
| 7. I am aware of my own bodily reactions during the conversation | Like Me | Not Like Me |
| 8. I often help people tell their stories | Like Me | Not Like Me |
| 9. I bond very quickly with most people | Like Me | Not Like Me |
| 10. I am good at sensing other people's perspectives | Like Me | Not Like Me |
| 11. I often paraphrase back to the person what I heard | Like Me | Not Like Me |
| 12. I can experience the person's world as if I were the other person | Like Me | Not Like Me |

(Go to the Scoring Directions on the next page)



Social Radar Scale Scoring Directions

The Social Radar Scale is designed to measure your capacity to understand what is happening in your relationships and then help you to respond to that understanding in a personal and socially-effective manner. People who possess this social radar know how to value diversity, are intuitive, and show a great deal of empathy.

These characteristics are prominent and make up the three scales for the assessment. To score the assessment:

1. Add the number of **Like Me** responses you circled in each of the three previous sections.
2. Then, transfer your totals for each of the three sections to the corresponding lines below:
3. Total all three sections.

Section I: Valuing Diversity Total = _____

Section II: Intuitiveness Total = _____

Section III: Empathy Total = _____

Section I, II and III TOTAL = _____

Social Radar Scale Profile Interpretation

Individual Scale's Score	Total Score All 4 Scales	Result	Indications
9 – 12	25 – 36	High	You have the beliefs and behaviors of someone who has a great deal of social radar. You are able to work and live effectively with people who are different from you, you have developed your intuitive powers and you show a great deal of empathy for other people.
4 – 8	13 – 24	Moderate	You have developed some of the beliefs and behaviors of someone who has a great deal of social radar. You are able to work and live effectively with people who are different from you, you have developed some intuitive powers and you show empathy for other people. You still have a little work to do.
0 – 3	0 – 12	Low	You do not have the beliefs and behaviors of someone who has social radar. You possibly are not able to work and live effectively with people who are different from you, you probably have not developed your intuitive powers and you might not show much empathy for other people. You need to work to develop skills to be more effective in your interpersonal relationships.

For scales which you scored in the Moderate or Low range, find the descriptions on the pages that follow. Read the description and complete the exercises that are included. No matter how you scored, low, moderate or high, you will benefit from all of these exercises.



Social Radar Scale Descriptions

Scale I: VALUING DIVERSITY

People scoring High on this scale understand the importance of living, and working with a variety of different people. They value diversity as a resource and enjoy the benefits that diversity brings. When communicating with other people, they are tolerant of differences in people and can work cooperatively with people from diverse backgrounds. They are proud of their cultural background and enjoy the pride others show in their cultural background. They work to reduce any prejudices they have and tend not to stereotype people from other cultures. They truly believe that all people are equal.

Scale II: INTUITIVENESS

People scoring High on this scale tend to be very intuitive about things and people. When communicating with other people, they can very easily sense what people are feeling and will use these insights to quickly and easily develop rapport. They often feel sudden flashes of understanding and use these flashes to enhance their ability to communicate with other people. They know things without having to think about them.

Scale III: EMPATHY

People scoring High on this scale are uniquely attuned to other people. They can easily understand what people are feeling, and the intensity of those feelings. When communicating with other people, they bond very quickly. They are attuned to the hidden messages behind what people are saying, and can easily put themselves into the shoes of others. They can easily read between the lines of a normal conversation. They can sense the perspective of others and can experience their world as if they were that person.

People with high social radar are socially intelligent and tend to have effective interpersonal relationships. They tend to quickly and easily understand what other people are trying to say, are very intuitive and good at reading between the lines of a conversation, and have developed genuine feelings of compassion and regard for their fellow human beings.

Regardless of your scores on the assessment, you can increase your social radar by completing all of the exercises that follow.

