

REINFORCING YOUR LEARNING OUTCOMES

Review and Rate Your Chapter Outcomes. Indicate in the right-hand column how well you do the following items (from 1 = very well, to 5 = not at all). If you rated yourself 4 or 5, review the material on the pages in parentheses to ensure your career success.

How Well Can You Do the Following?

| | | | | | |
|--|---|---|---|---|---|
| ■ Define and clarify your values. (pp. 37–44) | 1 | 2 | 3 | 4 | 5 |
| ■ Discuss how your values motivate you. (pp. 44–46) | 1 | 2 | 3 | 4 | 5 |
| ■ Describe how your values affect your career decisions. (pp. 47–52) | 1 | 2 | 3 | 4 | 5 |
| ■ Understand the value of a mission statement. (p. 52) | 1 | 2 | 3 | 4 | 5 |



Go to the Career Fitness Portfolio at the end of the book and complete this chapter summary to build and record your personal Career Fitness Portfolio.

Additional Opportunity: Your instructor may choose to assign the Career Fitness Portfolio for in class or online completion. If so, they will provide the handout or link for you to access.

ANSWERS TO JOB DESCRIPTIONS IN EXERCISE 3.3

| Job Number | Value | Job Title (Examples) |
|------------|-------------------|---|
| 1 | Helping others | Social worker, teacher, counselor, coach |
| 2 | Creativity | Writer, artist, graphic designer, animator, designer |
| 3 | Prestige | Executive, politician, doctor, police officer, lawyer |
| 4 | Security | Educator, government employee, administrative assistant |
| 5 | Intellect | Researcher, mathematician, scientist, |
| 6 | Adventure | Archaeologist, CIA investigator, firefighter |
| 7 | Association | Educator, tour guide, public relations |
| 8 | Advancement | Manager, engineer |
| 9 | Independence | Landscape artist, contract worker, consultant, entrepreneur |
| 10 | Productivity | Sales representative, clerk, bookkeeper, author, pilot |
| 11 | Power | Manager, team leader, company president, coach |
| 12 | Money | Stockbroker, accountant, real estate developer |
| 13 | Variety | Electrician, plumber, lawyer, freelance editor |
| 14 | Physical activity | Game warden, physical trainer, physical education teacher, parks and recreation worker, construction worker |
| 15 | Lifestyle | Minister, guidance counselor, consultant |