

Respiratory Results | Completed

Advanced Physical Assessment - March 2020, advanced_physical_assessment__td8__031720__sect1

[Return to Assignment \(/assignments/313472/\)](#)



Your Results

[Lab Pass \(/assignment_attempts/6422368/lab_pass.p\)](#)

[Overview](#)

Transcript

[Subjective Data Collection](#)

[Objective Data Collection](#)

[Education & Empathy.](#)

[Documentation](#)

[Student Survey](#)

Transcript














Started: Mar 30, 2020 | Total Time: 46 min


All Lines (168)


Interview Questions (72)

Statements (39)


Exam Actions (57)


	Hello Miss Jones my name is Doris and I'm here to see you today	Gre 03/30/20 10:27 PM M
	Hey.	
	How are you feeling today	Questi 03/30/20 10:27 PM M
	I'm not doing great, honestly--I'm having these breathing problems that just aren't getting better.	
	I'm sorry that you're having some breathing problems	Empathi 03/30/20 10:27 PM M
	Thanks for saying that.	
	I hope that we can work something out to make you feel better	Empathi 03/30/20 10:27 PM M
	Thanks for understanding.	
	Can I ask you when did this breathing problems start	Questi 03/30/20 10:27 PM M
	All of these breathing problems started two days ago, at my cousin's house.	
	How long has it been (Clarified to How long has your shortness of breath lasted?.)	Questi 03/30/20 10:28 PM M
	My breathing's been acting up off and on for the past two days. (Clarified to how long my shortness of breath has lasted.)	
	Is there something that causes your shortness of breath (Clarified to Has anything been making your asthma worse?.)	Questi 03/30/20 10:28 PM M

 Um. . . I guess I've been pretty much just sitting as still as possible because my breathing's been getting bad when I move around too much. And it also feels like when I lie down to go to bed it gets worse. (Clarified to if anything has been making my asthma worse.)


 Does anything make it feel better


Questi
03/30/20 10:29 PM M

 Nothing really hurts--it's my breathing I'm worried about.


 Do you have any respiratory problems


Questi
03/30/20 10:29 PM M

 Yeah, I have asthma.


 How long have you had asthma


Questi
03/30/20 10:29 PM M

 I've had asthma a long time. . . since I was really little.


 That must be difficult for you


Empathi
03/30/20 10:29 PM M

 I appreciate you saying that.


 What medication are you on

Questi
03/30/20 10:29 PM M

 My inhaler is the only prescription I always have, but I usually don't need it everyday, except for recently. . .

 Do you refill your prescription frequently (Clarified to When is the last time you refilled your prescription for diabetes medication?.)

Questi
03/30/20 10:30 PM M


 I haven't taken it in about three years, honestly. (Clarified to when I last refilled my diabetes medication.)


 Did you see if it's expired (No matching questions found.)

Questi
03/30/20 10:30 PM M


 is your medication expired (Clarified to Did you bring all your medications with you?.)


Questi
03/30/20 10:30 PM M

 Yeah, I have my inhaler with me in case I need it. [Click the Check Inhaler button in Exam Menu to see Tina's inhaler.] (Clarified to if I brought all my medications with me.)


 Do you have any other medical problems


Questi
03/30/20 10:31 PM M

 Other than my asthma problems, there's just my diabetes.

 Are you taking any medication

Questi
03/30/20 10:31 PM M

 My inhaler is the only prescription I always have, but I usually don't need it everyday, except for recently. . .

 I noticed that your blood sugar is elevated so we should look into that

Educa
03/30/20 10:31 PM M



Alright, thanks for letting me know.



May I ask are you taking medication over the counter

Questi
03/30/20 10:31 PM M



I take Tylenol for a headache sometimes, or Advil for cramps, but not often.



How often do you get these headaches

Questi
03/30/20 10:31 PM M



Just sometimes...maybe once a week? Whenever I read for a long time.



And your Advil how often do you take this

Questi
03/30/20 10:32 PM M



I take three 200 mg pills at a time. And I'd bet I take it up to three times a day. [AUDIO COMING SOON]



Does anything trigger you shortness of breath

Questi
03/30/20 10:32 PM M



My asthma's almost always fine at home. . . I don't think it's anything there that's been making my asthma act up. We keep it pretty neat and tidy.



How often are you using a medication (Clarified to How often do you use your inhaler?.)

Questi
03/30/20 10:33 PM M



I've been using it probably every. . . four hours or so, I'd say. (Clarified to how often I use my inhaler.)



Do you wake up at night because of your asthma (Clarified to Do you wake up short of breath?.)

Questi
03/30/20 10:33 PM M



My asthma doesn't usually wake me up, but it has the past couple nights. (Clarified to if I wake up short of breath.)



Do you have a cough

Questi
03/30/20 10:33 PM M



I've been coughing a lot, yeah.



Do you have any sputum

Questi
03/30/20 10:33 PM M



No, nothing's coming up.



Have you had a fever

Questi
03/30/20 10:33 PM M



No, I haven't had a fever.



Can you describe the severity of your asthma

Questi
03/30/20 10:34 PM M



My asthma used to be really scary. I haven't had a full attack in years, and if you had asked me before this I would have said my asthma wasn't that bad anymore, but the last couple days I've had a lot of trouble breathing.



I'm sorry that must be hard for you

Empathi
03/30/20 10:34 PM M



I appreciate you telling me that.



Does it interfere with your daily activities (Clarified to Does your shortness of breath interfere with activities?.)

Questi
03/30/20 10:34 PM M



It's definitely been harder to move around without worrying my asthma was going to act up again. (Clarified to if my shortness of breath interferes with activities.)



Does it act up with exercise (No matching questions found.)

Questi
03/30/20 10:34 PM M



Does it get worse with exercise (Clarified to Do you have difficulty breathing when exercising?.)

Questi
03/30/20 10:35 PM M



Well, I don't exercise, really. I mean, I'm active -- I'm on my feet all day -- but I don't go running or stuff like that. I bet I'd get winded pretty fast, and I'd probably need my inhaler. (Clarified to if it is hard for me to breathe when I exercise.)



That must be scary for you

Empathi
03/30/20 10:35 PM M



Thanks.



Do you have any wheezing

Questi
03/30/20 10:35 PM M



Right now it doesn't sound too bad, but I've definitely been wheezing the past couple days.



Is your medication working (Clarified to Does your asthma medication help?.)

Questi
03/30/20 10:35 PM M



My inhaler doesn't seem to be helping as much as it used to. [AUDIO COMING SOON] (Clarified to if my asthma medication helps.)



Do you have any chest tightness

Questi
03/30/20 10:36 PM M



It's not so bad right this second, but it's been pretty tight lately, like I can't take in air.



Please describe your car

Questi
03/30/20 10:36 PM M



Um. . . I guess I'd describe it as a small, dry cough.



What makes it feel better

Questi
03/30/20 10:36 PM M



Talking to friends or family and going to church always help me feel less stressed--just feeling supported and like someone cares.



It's great to know you have family around you to help you during this hard time

Empathi
03/30/20 10:37 PM M



I appreciate you saying that.



What makes you shortness of breath worse

Question 03/30/20 10:37 PM M



For the last two days, it seems worse at night when I'm lying down, or when I'm moving around too much. Typically it's stuff like cats or dust that gets to me.



What do you use to treat your asthma

Question 03/30/20 10:38 PM M



I try to avoid things that give me breathing problems, but when my asthma starts to act up, I just use my inhaler.



How do you use your inhaler

Question 03/30/20 10:38 PM M



When my breathing acts up, I just use two puffs from my albuterol inhaler, though lately I sometimes need three. [AUDIO COMING SOON]



Can you describe two Puffs (No matching questions found.)

Question 03/30/20 10:38 PM M



do you have any medication allergies

Question 03/30/20 10:38 PM M



Yeah, I'm allergic to penicillin.



What happens with Penicillin

Question 03/30/20 10:39 PM M



I don't remember that well because the last time I had penicillin I was pretty little. . . I think I got a rash, like, hives. The doctor told me not to take it again after that.



You mentioned that the cat triggers your asthma

Question 03/30/20 10:39 PM M



Cats are the worst for my asthma--no matter what, if I'm around cats, my breathing gets bad. But sometimes it gets bad from being around dust or having to run up stairs, too.



Does the change of weather trigger your asthma (Clarified to Do you have seasonal asthma triggers?.)

Question 03/30/20 10:39 PM M



A little while ago, I had some seasonal allergies, but it didn't really bother my asthma, and it's better now. (Clarified to if I have seasonal asthma triggers.)



May I ask who is your doctor for asthma

Question 03/30/20 10:40 PM M



I saw Dr. DeWitt for my asthma starting when I was diagnosed, but she moved away about two years ago.



How old were you when you had asthma

Question 03/30/20 10:40 PM M



My doctor told me when I was pretty little... I think I was about two and a half? I used to have a lot of trouble with asthma attacks back then.



Have you been hospitalized for asthma

Question 03/30/20 10:40 PM M



I went a bunch of times when I was little, for asthma attacks.



When was the last time you were hospitalized for asthma

Questi
03/30/20 10:40 PM M



I used to go to the hospital a lot for asthma attacks, but not since I was sixteen.



Do you know how many times you were hospitalized for asthma (Clarified to How many times have you been hospitalized for asthma?.)

Questi
03/30/20 10:41 PM M



I think I've been to the hospital maybe five times total. . . all for asthma. Other than recently, when I went in to the ER for my foot. So I guess now I've been to the hospital six times. (Clarified to how many times I have been hospitalized for asthma.)



Very difficult to you

Empathi
03/30/20 10:41 PM M



I appreciate you telling me that.



We should talk more about managing your asthma

Educa
03/30/20 10:41 PM M



OK, I understand.



Have you been intubated for asthma

Questi
03/30/20 10:41 PM M



You mean like, did they ever have to put me on a breathing machine? No, I haven't had an asthma attack that serious.



Are you taking a record of your asthma attacks

Questi
03/30/20 10:42 PM M



Not really. . .



Are you using a peak flow meter

Questi
03/30/20 10:42 PM M



I've heard of that, but no, I don't do it.



Do you use a nebulizer

Questi
03/30/20 10:42 PM M



No, but I have before.



Can you explain your exercise and activity level (No matching questions found.)

Questi
03/30/20 10:42 PM M



Can you explain your exercise level (No matching questions found.)

Questi
03/30/20 10:43 PM M



Can you explain your activity level

Questi
03/30/20 10:43 PM M



I don't have the energy to go to a gym or anything after work...I'm pretty exhausted by the end of the day. But I'm on my feet all the time at work so I feel like that's a little bit of exercise most days at least.



Must be hard for you at the end of the day to exercise when you're tired

Empathi
03/30/20 10:43 PM M



Thanks for understanding.



Do you use hypo-allergy bedding (No matching questions found.)

Questi
03/30/20 10:44 PM M



are you using hypo-allergy bedding (No matching questions found.)

Questi
03/30/20 10:44 PM M



are you using hypo-allergy items for cleaning (No matching questions found.)

Questi
03/30/20 10:44 PM M



Do you avoid animals at home

Questi
03/30/20 10:45 PM M



Yeah, cats mostly. I knew my cousin had them, but I figured if I have my inhaler, why let it stop me. But it didn't work like it normally does. [AUDIO COMING SOON]



Do you avoid secondhand smoke

Questi
03/30/20 10:45 PM M



Yeah, I really try to avoid people who are smoking, but some of my friends smoke when we go out.



Do you smoke

Questi
03/30/20 10:45 PM M



No. I think it's gross.



Have you used e-cigarette (Clarified to Do you vape or use ecigarettes?.)

Questi
03/30/20 10:45 PM M



Uh, no. (Clarified to if I vape or use ecigarettes.)



Have you recently had any fever

Questi
03/30/20 10:46 PM M



No, I haven't had a fever.



Any nausea and vomiting

Questi
03/30/20 10:46 PM M



I haven't had thrown up, or even had an upset stomach, in a long time.



Do you have any chills

Questi
03/30/20 10:46 PM M



No, I haven't.



Do you have night sweats

Questi
03/30/20 10:46 PM M



I don't get sweaty, but sometimes I wake up hot and have to kick off my sheets.














































Do you have sore throat






















Questi
03/30/20 10:47 PM M
























My throat has been fine.

	Difficulty swallowing	Questi 03/30/20 10:47 PM M
	Nope.	
	Do you have any running nose	Questi 03/30/20 10:47 PM M
	No, my nose has been fine.	
	Do you have any medical history	Questi 03/30/20 10:47 PM M
	Yeah. . . I've had asthma since I was really little. Plus I have diabetes.	
	How about your family medical history	Questi 03/30/20 10:47 PM M
	My mom has some issues, and I think some of my grandparents did, too.	
	Does anybody have respiratory problems (Clarified to Do you have any family history of breathing problems?.)	Questi 03/30/20 10:47 PM M
	My baby sister has asthma, too, but no one else in the family has lung problems, I don't think. (Clarified to if my family has a history of breathing problems.)	
	It sounds like your asthma is just going out of control so let's do an exam and we can try and figure out what is going on	Educa 03/30/20 10:48 PM M
	Thanks for telling me.	
	Please ask me any questions along the way	Empathi 03/30/20 10:48 PM M
	Thanks.	
	I'm going to inspect your chest now	Educa 03/30/20 10:48 PM M
	Sure, I think I understand what you mean.	
	Inspected anterior chest wall	Exam Acti 03/30/20 10:49 PM M
	Inspected right side chest wall	Exam Acti 03/30/20 10:49 PM M
	Inspected posterior chest wall	Exam Acti 03/30/20 10:49 PM M
	Inspected left side chest wall	Exam Acti 03/30/20 10:49 PM M
	Inspected anterior chest wall	Exam Acti 03/30/20 10:49 PM M

	Going to palpate your chest	Educa 03/30/20 10:49 PM M
	That makes sense.	
	Inspected anterior chest wall	Exam Acti 03/30/20 10:49 PM M
	I'm going to review your chest expansion	Educa 03/30/20 10:50 PM M
	Alright, thanks for letting me know.	
	Palpated chest expansion: Both sides rise symmetrically	Exam Acti 03/30/20 10:50 PM M
	Breathe In and Out	Educa 03/30/20 10:50 PM M
	Thanks for telling me.	
	I'm going to ask you to say something and I'm going to see if I can hear your sounds evenly	Educa 03/30/20 10:50 PM M
	That makes sense.	
	Palpated fremitus in anterior upper chest wall: Equal bilaterally, expected vibration	Exam Acti 03/30/20 10:50 PM M
	Ninety-nine.	
	Palpated fremitus in anterior lower chest wall: Equal bilaterally, expected vibration	Exam Acti 03/30/20 10:50 PM M
	Ninety-nine.	
	I'm going to percuss your chest walls and see if there is any abnormal sounds	Educa 03/30/20 10:51 PM M
	OK, I understand.	
	Percussed anterior right upper lobe	Exam Acti 03/30/20 10:51 PM M
	Percussed anterior right middle lobe	Exam Acti 03/30/20 10:51 PM M
	Percussed anterior right lower lobe	Exam Acti 03/30/20 10:51 PM M
	Percussed anterior left upper lobe	Exam Acti 03/30/20 10:51 PM M
	Percussed anterior left mid-chest (upper lobe)	Exam Acti 03/30/20 10:51 PM M
	Percussed anterior left lower lobe	Exam Acti 03/30/20 10:51 PM M

	Percussed posterior left upper lobe	Exam Acti 03/30/20 10:51 PM M
	Percussed posterior left mid-back (lower lobe)	Exam Acti 03/30/20 10:51 PM M
	Percussed posterior left lower lobe	Exam Acti 03/30/20 10:51 PM M
	Percussed posterior left lower lobe near spine	Exam Acti 03/30/20 10:51 PM M
	Percussed posterior left lower lobe on side	Exam Acti 03/30/20 10:51 PM M
	Percussed posterior right upper lobe	Exam Acti 03/30/20 10:51 PM M
	This is okay	Educa 03/30/20 10:52 PM M
	Sure, I think I understand what you mean.	
	Percussed posterior right mid-back (lower lobe)	Exam Acti 03/30/20 10:52 PM M
	Percussed posterior right lower lobe	Exam Acti 03/30/20 10:52 PM M
	So far it sounds great	Educa 03/30/20 10:52 PM M
	That makes sense.	
	Percussed posterior right lower lobe near spine	Exam Acti 03/30/20 10:52 PM M
	Percussed posterior right lower lobe on side	Exam Acti 03/30/20 10:52 PM M
	There's no darkness in your lung area	Educa 03/30/20 10:52 PM M
	Thanks for telling me.	
	I'm going to listen to breath sounds now	Educa 03/30/20 10:52 PM M
	OK, I understand.	
	Auscultated breath sounds in anterior right upper lobe	Exam Acti 03/30/20 10:52 PM M
	Auscultated breath sounds in anterior right middle lobe	Exam Acti 03/30/20 10:52 PM M
	Auscultated breath sounds in anterior left upper lobe	Exam Acti 03/30/20 10:52 PM M

	Auscultated breath sounds in anterior left mid-chest (upper lobe)	Exam Acti 03/30/20 10:52 PM M
	Auscultated breath sounds in anterior right lower lobe	Exam Acti 03/30/20 10:53 PM M
	Auscultated breath sounds in anterior left lower lobe	Exam Acti 03/30/20 10:53 PM M
	Listen to your back now	Educa 03/30/20 10:53 PM M
	Alright, thanks for letting me know.	
	Go ahead and breathe in and out	Educa 03/30/20 10:53 PM M
	Sure, I think I understand what you mean.	
	Auscultated breath sounds in posterior left upper lobe	Exam Acti 03/30/20 10:53 PM M
	Auscultated breath sounds in posterior left mid-back (lower lobe)	Exam Acti 03/30/20 10:53 PM M
	Auscultated breath sounds in posterior right upper lobe	Exam Acti 03/30/20 10:53 PM M
	Auscultated breath sounds in posterior right mid-back (lower lobe)	Exam Acti 03/30/20 10:53 PM M
	Auscultated breath sounds in posterior right lower lobe	Exam Acti 03/30/20 10:54 PM M
	Auscultated breath sounds in posterior right lower lobe near spine	Exam Acti 03/30/20 10:54 PM M
	Auscultated breath sounds in posterior right lower lobe on side	Exam Acti 03/30/20 10:54 PM M
	Auscultated breath sounds in posterior left lower lobe near spine	Exam Acti 03/30/20 10:54 PM M
	Auscultated breath sounds in posterior left lower lobe	Exam Acti 03/30/20 10:54 PM M
	Auscultated breath sounds in posterior left lower lobe on side	Exam Acti 03/30/20 10:54 PM M
	Auscultated breath sounds in posterior right upper lobe	Exam Acti 03/30/20 10:54 PM M
	Auscultated breath sounds in posterior right mid-back (lower lobe)	Exam Acti 03/30/20 10:54 PM M
	Auscultated breath sounds in posterior left mid-back (lower lobe)	Exam Acti 03/30/20 10:55 PM M
	Auscultated breath sounds in posterior right lower lobe	Exam Acti 03/30/20 10:55 PM M



Auscultated breath sounds in posterior right mid-back (lower lobe)

Exam Acti
03/30/20 10:55 PM M



Sounds like you have some wheezing

Educa
03/30/20 10:56 PM M



Thanks for telling me.



I'm going to have you say 99 to hear lung sounds

Educa
03/30/20 10:56 PM M



Alright, thanks for letting me know.



Auscultated voice sounds in anterior right upper lobe

Exam Acti
03/30/20 10:56 PM M



Ninety-nine.



Auscultated voice sounds in anterior left upper lobe

Exam Acti
03/30/20 10:56 PM M



Ninety-nine.



Auscultated voice sounds in anterior left mid-chest (upper lobe)

Exam Acti
03/30/20 10:57 PM M



Ninety-nine.



Auscultated voice sounds in anterior right middle lobe

Exam Acti
03/30/20 10:57 PM M



Ninety-nine.



Auscultated voice sounds in anterior right lower lobe

Exam Acti
03/30/20 10:57 PM M



Ninety-nine.



Auscultated voice sounds in anterior left lower lobe

Exam Acti
03/30/20 10:57 PM M



Ninety-nine.



For that

Educa
03/30/20 10:57 PM M



OK, I understand.



I'm going to see your pulse oxygen level through this device

Educa
03/30/20 10:57 PM M

























That makes sense.





Check pulse oximetry using right hand


Exam Acti
03/30/20 10:57 PM M


	Checked pulse oximetry using left hand	Exam Acti 03/30/20 10:57 PM M
	Check pulse oximetry using right hand	Exam Acti 03/30/20 10:57 PM M
	You have good oxygen level	Educa 03/30/20 10:58 PM M
	Sure, I think I understand what you mean.	
	Next I'm going to have you read out on this device so that I can see your	Educa 03/30/20 10:58 PM M
	Thanks for telling me.	
	Checked spirometer	Exam Acti 03/30/20 10:58 PM M
	Thank you	Educa 03/30/20 10:58 PM M
	That makes sense.	
	Let's go over your inhaler	Educa 03/30/20 10:59 PM M
	OK, I understand.	
	Checked patient's inhaler	Exam Acti 03/30/20 10:59 PM M
	How often are you taking your medication (Clarified to How often do you use your albuterol?.)	Questi 03/30/20 11:00 PM M
	I've been using it probably every. . . four hours or so, I'd say. (Clarified to how often I use my albuterol.)	
	How many puffs	Questi 03/30/20 11:01 PM M
	Sometimes I have to take three puffs of the 90 mcg albuterol inhaler instead of two, and the past couple days, always three. [AUDIO COMING SOON]	
	That must be hard	Empathi 03/30/20 11:01 PM M
	Thanks for saying that.	
	Miss Jones I want to provide a maintenance dose for your asthma I want to teach you how to use your medication effectively	Educa 03/30/20 11:10 PM M
	Alright, thanks for letting me know.	
	I would like for you to avoid any allergens	Questi 03/30/20 11:11 PM M


 Two days ago, at my cousin's house. She has three of them, and my asthma always goes crazy when I'm there.


 Please sleep with a pillow so we can help you breathe **Educa**
03/30/20 11:11 PM M


 Sure, I think I understand what you mean.


 Avoid triggers that will cause asthma **Educa**
03/30/20 11:11 PM M


 That makes sense.


 It's important that you drink fluids (No matching questions found.) **Questi**
03/30/20 11:11 PM M


 drink fluids to hydrate yourself **Educa**
03/30/20 11:11 PM M

 Sure, I think I understand what you mean.

 We will follow up with the telephone call in one week **Educa**
03/30/20 11:12 PM M

 Alright, thanks for letting me know.

 If you have any shortness of breath or medication not helping, call us **Educa**
03/30/20 11:12 PM M

 OK, I understand.

Comments

If your instructor provides individual feedback on this assignment, it will appear here.

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