

Assessment Reflection Paper (20 quality points)

Students will submit a 5 page reflection paper. The reflection paper should be formatted in the following APA manner:

- 5- pages text
- Double Spaced
- Running head
- Times New Roman, 12 point font
- Abstract
- References and citations (see APA manual, or information under Instructor Policies-Written work)

Paper should respond to the following items:

- Personal Career Path (Therapist for adolescents)

Discuss the interrelationships among and between work, family, and other life roles and factors, including the role of multicultural issues in career development as you see it **throughout your own life.**

- Career and educational planning, placement, follow-up, and evaluation.

Discuss the role that career and educational planning, placement, follow-up and evaluation have played **in your own life.** Discuss how intentional and unintentional events in your life have influenced where you are today. Was there a school or college counselor, relative, friend, employer, etc. who helped guide you?

- Assessments and Activities

Discuss assessment instruments and techniques relevant to career planning and decision making (Discuss in depth the instruments that you took and interpreted in class which include: the RIASEC, Myers-Briggs Type Inventory (MBTI), and CDMSE. In addition, you are to discuss any classroom activities (genogram, card sort, Inventory Questionnaire, etc.) we completed in class. How do you see these instruments to be useful in personal or professional use? In other words, how do these assessments work for you? Do the results fit with what you expected? ***Be sure to use and cite references for your work in this section.***

- Theories

Discuss how you see your life and your assessment results through the lenses of at least **three of the career theories** that we have discussed this semester. Identify specific models or concepts that **you identify in your personal career path** and how you see them manifesting themselves (i.e., self-concept, Super's developmental stages, self-efficacy, Holland's hexagon, etc.) ***Be sure to use and cite references for your work in this section.***

Credit will be deducted for misspellings, poor grammar, sloppy formats, etc.

RUBRIC:

- 1) APA format – 4 points (20 points on a 100 point scale)
Cover page, abstract, double-spaced, Times New Roman 12 point font, reference page with all citations to be referenced; all references to be cited; 5-8 pages text
- 2) Personal career path – 4 points (20 points on a 100 point scale)
Interrelationships among and between work, family, and other life roles and factors, including the role of multicultural issues in career development as you see it throughout your own life.
- 3) Career and educational planning, placement, follow-up, and evaluation – 4 points (20 points on a 100 point scale)
Discuss the role that career and educational planning, placement, follow-up and evaluation have played in your own life. Discuss how intentional and unintentional events in your life have influenced where you are today.
- 4) Assessments – 4 points (20 points on 100 scale)
Discuss assessment instruments and techniques relevant to career planning and decision making (Discuss in depth the instruments that you took and interpreted in class which may include: the Myers-Briggs Type Inventory (MBTI), CDMSE, *Do What You Are*, and Department of Labor Interest Inventory). How do you see these instruments to be useful in personal or professional use?
- 5) Theories – 4 points (20 points on 100 scale)
Discuss how you see your life and your assessment results through the lenses of at least three of the theories that we have discussed this semester. Identify specific models or concepts that you identify in your personal career path and how you see them manifesting themselves (i.e., self-concept, Super's developmental stages, self-efficacy, Holland's hexagon, etc.)

Jason Snell
2257 Hwy 1481, Williamsburg, KY 40769
Cell: 415-555-0000
jsnell7453@ucumberlands.edu

Dear Ms. Jones,

I am writing to apply for the Mental Health Counselor position with Cumberland River Behavioral Health. I am a mental health professional with over five years of experience working with adolescents in various settings. In my current position as Substance Abuse Counselor with Compass I provide individual as well as group counseling to adolescent males between the ages of 12 and 19.

I am well versed in several counseling techniques and have a compassionate approachable demeanor. My counseling skills are above par and I am also organized with an attention to detail. Clients warm up to me quickly and I enjoy helping them to reach goals and learn new behaviors. I am confident that I would make an excellent addition to the staff at Compass. I am an approachable compassionate and competent counselor.

I look forward to speaking with you regarding my qualifications as a Mental Health Counselor and welcome you to contact me by phone or email at your earliest convenience. Thank you so very much for your time and consideration.

Warmly,

Jason Snell

Jason Eric Snell
2257 HWY 1481
Williamsburg, KY 40769
Mobile: 606-521-6331
Email: snell.jason@dol.gov

OBJECTIVE

Director, Clinician, Program Coordinator/Administrative Positions

QUALIFICATIONS

Education in case management for juveniles and families, assessing cases, developing treatment plans, facilitating crisis intervention procedures and family therapy, diverse counseling skills applicable to developmental and physical disabilities, substance abuse, child abuse and neglect cases, as well as the needs of developmentally disabled youth, military police investigator, and business management. Temporary Certified Alcohol Drug Counselor (TCADC).

EDUCATION

University of the Cumberland's
Master of Arts/Clinical Mental Health Counseling

University of the Cumberland's
Bachelor of Science / Human Services
Minor: Criminal Justice
Concentration / Human Services Community Based Intervention

United States Army
Military Police

PROFESSIONAL WORK EXPERIENCE

Compass -Cumberland River Behavioral Health
Substance Abuse for Adolescents 12/2017-Present
Therapist

Complete an assessment of the consumer to determine clinical interventions necessary to assist the consumer with development of and individualized treatment plan.

Based upon assessment data, assist the consumer with creating, implementing, and monitoring the consumer's individualized treatment plan.

Provide therapeutic counseling services within scope of practice and provide other services as documented in the consumer's individualized treatment plan.

Document any and all services that are provided to the consumer, as well as, other pertinent information.

Complete and provide any documentation necessary to ensure billing of services rendered, including: dates of services, reviews, and any other information needed to obtain approval for any preauthorization needed by insurance companies, Medicaid, or other third party payor.

Ensure that consumer charts are accurate, complete, and current.

Provide services that are timely and according to consumer need. In cases of an emergency, a timely response is required.

Collaborate with consumer's parents/guardians, families and other custodial entities, school personnel, Cabinet for Health and Families Services, Department for Juvenile Justice, Courts, and other Mental Health professionals.

Possess a sound knowledge base of standards of professional practice and principles of respected discipline. Provide care based on ethical concepts, professionalism, and competency.

Demonstrate the ability to work effectively with others, as part of a multidisciplinary team or work independently, when necessary.

Maintain a professional relationship with colleagues within the agency and in the community.

Mining Safety Health Administration 5/2007 - Present
Engineering Assistant

Processing of paperwork, computer knowledge, travel vouchers, filing, typing, answer the phones, receiving, distributing, and routing incoming/outgoing correspondence, screening material prior to distribution to the appropriate personnel and establishing suspense due dates, responding to routine requests for information such as status of reports, suspense dates for matters requiring compliance, and similar information readily available from files, preparing draft and/or final form of materials such as memoranda, letters, reports, typing, reviewing and distributing correspondence, maintaining rosters, copying and filing documents, and appropriate disposal of sensitive documents, data analysis and evaluation of operational Mine Safety and Health programs, special assessments; and development of mine training or safety and health awareness plans and programs.

Sunrise Children's Services 12/2016 – 11/2017
Direct Care Counselor

Providing direct provision of care and supervision to clients according to agency policies and procedures, licensing and accreditation requirements. Creating a therapeutic environment to provide appropriate care to our clients. Functioning as a part of the treatment team and helps implement the client's treatment plan. Exhibiting professionalism and positive role modeling for clients, peers and groups/visitors. Promoting health care protocols to included medication administration and other medical tasks as designated by the program nurse. Ensuring that the client's needs for clothing, nutrition, hygiene, rest and recreation are met on a daily basis. Identifying potential risk factors (in a program environment) and taking measures to reduce those risks. Creating a safe, secure and sanitary environment. Observing, defining and addressing client behavior. Maintaining confidentiality of client's protected health information and complies with the HIPAA privacy rule. Ensuring own professional growth and development. Completes all required documentation and paperwork according to agency standards and requirements. Providing transportation to clients in care.

Appalachian Children's Home 5/2014-12/2016
Direct Care Staff

Staff are regularly trained and educated to meet and exceed the strict guidelines set forth by the State of Kentucky. The goal is to create a safe, warm environment conducive to meeting all mental health needs identified in the children we serve. Desire to foster emotional growth and stability in every child that we care for. Want to facilitate personal recovery for children in need and build resilience as to encourage a long, healthy, and fulfilling life.

Corbin Redhound Theatre 6/2008 – 08-2012
General Manager

Non-profit corporation that is high school-based program that focus on art education and the promotion of creativity, training of high school student that are in a business co-op program, ordering supplies, payroll, concessions, running projectors, money handling, P&L reports, advertising, equipment maintenance, bookings, build and break down movies, daily reports, public relations, hiring procedures, radio advertising, television advertising.

US Navy (USS HUE CITY CG66) 7/2006 - 3/2007
Boatswain Mate

Train, direct, and supervise personnel, maintenance, In charge of working parties; perform seamanship tasks; act as petty officer-in-charge of picketboats, self-propelled barges, tugs, and other yard and district craft damage control parties, operate and maintain equipment used in loading and unloading cargo, stand watch on ship's bridges and, passing information relating to routine and special activities to the crew

U.S. Army 9/1999 - 8/2005
Military Police

Served as a military police officer and military police investigator. I am trained in the areas of Criminal Law; Crime Scene Processing; Testimonial Evidence; Investigations of Crimes against Persons and Property; Physical Evidence; Drug Investigations; Investigative Report Writing; Special Investigative Techniques and Protective Services. I also enforced and supervised security of the military installation which required me to protect personnel, materials, property, chemical materials. I performed security checks on igloos which contained hazardous chemical agents and munitions. I also supervised gate operations and maintained records visitor's name, address, place visited and issued passes/badges, arranging for escorts when required. I was a patrol supervisor of the installation and performed traffic control to enforce speed limits, enforced all military laws and was responsible for responding to Chemical Accidents/Incidents. I also conducted Military Police Reports and Traffic Accident Reports when required. I communicated with the outside agencies for Emergency Responses. I also performed a variety of technical, administrative, clerical and office functions in Law Enforcement and Security as a Desk Sergeant in which I was in charge of 10 personnel. I provided administrative and technical assistance in the establishment and maintenance of Military Police records and coordinated a variety of actions which require knowledge of the organization missions, functions, policies and security procedures and regulations. I also taught and gave presentations on safety and other classes using power point. I conducted barracks safety inspections. I also planned and taught others how to teach and give classes. I also served as liaison between the Commanders and other officers, both civilian and military. I also performed duties as a Platoon Sergeant and was in charge of 32 personnel and performed the full range of administrative duties such as: screened calls, conducted schedules, conducted basic administrative practices/principles/procedures for subordinates. I also obtained information needed by a superior; reviewed correspondence for Commanders signature; read/review/distribute incoming correspondence and segregate mail that can be handled personally. I attended and recorded information for meetings and maintained files. I also performed Military Police operation on and off the battle field, which include: Patrol Supervisor, Desk Clerk, Security Supervisor, Special Reaction Team, Arms Room NCOIC, Weapon Range OIC, Alarm Operator,

Military Police Certification Instructor. While deployed in Iraq, I was on the PSD Team conducting various types of security for the SGM and LTC. Duties performed were convoy escorts. Also conducted combat patrols in the cities of Alkut, Bagdad, Tikrit, etc. I was also the Supervisor/Squad leader in charge of force protection at the local police stations. While deployed to Afghanistan, I supervised security for the first lady and Afghanistan President. I also conducted/Supervised escorts for various units throughout Afghanistan. Conducted combat patrol through all the MSR routes. Escorted local combatants from one detainee facility to another.

OTHER WORK EXPERIENCE

Loves Travel Stops 2/2006 - 7/2006 **Assistant Manager**

Analyze, adjusts, and evaluates sales and financial information, Identified and shares opportunities, and implements, conduct research and shares information about local competition, plan for and manages operating expenses to achieve budget, ensure quality operations, and the protection of assets, manage labor investment, wage administration and scheduling, Ensure product mix and inventory levels are properly maintained to grow sales, maximize profitability, marketing plan Develops, executes and measures staff plans and build the CEFCO promotional pool,

Blackwater USA 12/2005 - 2/2006 **Protective Security Specialist**

Responsible for the day to day protective security functions as specified in the daily post and detail orders.
Responsible for driving the lead vehicle or follow vehicle or act as the response agent during operations or advanced security preparations.
Maintains protective formation position during the Principal's walking movements and provides security at the Principal's residence or Command Post as required.
Perform task as either an individual Close Protection Officer or as part of a PSD team
Execute day-to-day protective service for designated clients during movement, at venues and at residences
Operate lead, client or follow-on vehicles within convoys.
Maintain weapons qualifications for the Glock 19 pistol, M4, Shotgun, M240, M249, M203 and familiarization for the AK 47.

Carmike Cinemas 6/1995 - 8/1999
General Manager/City Manager

- Provided service that is friendly, helpful and fast
- Maintaining facilities that are clean, safe and in good repair
- Providing an experience that is comfortable, distraction-free and picture-perfect
- Serving fresh, appetizing and properly prepared food and beverages

Encourage associates to maximize their personal growth and development by:

- Guaranteeing associates meet and exceed guest-service standards
- Ensuring proper staffing in each area of the theatre
- Performing daily opening and closing operational duties
- Reviewing financial numbers on a regular basis and make operations adjustments, as necessary
- Receptive to training and personal development
- Effective written and oral communication skills along with strong analytical skills
- Equally comfortable communicating and working with guests, supervisors, peers, subordinates or vendors
- P&L Reports

Movies 5 12/1991 - 6/1995
General Manager

- Planning forthcoming events, which includes applying knowledge of audiences, ensuring a balance between different types of productions, being aware of which productions have been well received elsewhere and accepting new work offered by reputable production companies, Liaising and negotiating with production companies to plan the program of work, Getting involved in the commissioning of new pieces of work, Taking responsibility for all staff in the theatre, who may be involved in areas such as marketing, finance and artistic production, Overseeing training for front of house and stage door staff, Liaising closely with the theatre's board of directors;
- Ensuring that the theatre meets the requirements of legislation such as health and safety and licensing laws (theatre managers may act as licensees);
- Attending marketing meetings and undertaking marketing activities;
- Dealing with the budget and exercising ultimate financial control;
- Negotiating with any charities and funding bodies providing financial backing;
- Speaking and lobbying at arts-related conferences;
- Networking with local industry, local communities, educational organizations, relevant bodies and the public;
- Promoting arts participation in the community, which may include visiting schools, colleges, community centers and youth clubs to encourage the public to engage in professionally-led artistic activities;

Keeping in touch with other theatre managers and producers in order to stay up to date with developments and new productions.

ADDITIONAL INFORMATION

Noncommissioned Officers Academy
United States Army Military Police School
Armor School
ASIP Radio Operator Course
Multiple Integrated Engagement System 2000 (Miles2000)
First Responder
Emergency Response to WMD
Police Radar, Standardized Field Sobriety Test (HGN), Data Master Breath Test
Law Enforcement Certification
Combat Life Saver Course
Law Enforcement Hostage Rescue Operations
Integrated Commercial Intrusion Detection (ICIDS)-II
EMT-Basic
Supervisor Development Course
U.S. Customs and Border Protection Certification, U.S. Department of
Agriculture Certification, Hazmat / Safety
Special Reaction Team
MSHA Bi-Query
Complaint Processor

AWARDS

Global War on Terrorism Medals (Iraq, Afghanistan) Good Conduct Medals,
Army Commendation Medals, Army Achievement Medals, Expert Marksmanship
Badges, Presidential Citation

Interview
Questions

What work experience has helped you the most in preparing you for this position?

Do you have any problems with reporting suspected abuse or neglect?

Have you had any experience with inappropriate boundaries?

What do you do for self care?

Has your ethics ever been tested?



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Employment Opportunities

[Employment Opportunities](#) >>> Crossroads Counselor

Crossroads Counselor

Summary

Title: Crossroads Counselor
Location: Corbin, KY
Industry: Healthcare
Department: Healthcare

Description

Erigo Employer Solutions is recruiting for this position for its client [Cumberland River Behavioral Health, Inc.](#)

CUMBERLAND RIVER BEHAVIORAL HEALTH, INC. - COMPANY OVERVIEW

Cumberland River Behavioral Health is a nonprofit community mental health center whose mission is to ensure all members of the community have an opportunity to achieve their highest potential for living satisfying, productive, and valued lives. CRBH is dedicated to planning and providing quality mental health, developmental and intellectual disabilities, and substance use services across eight counties in Kentucky including Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, and Whitley counties.

POSITION DESCRIPTION

Cumberland River is seeking a full-time Crossroads Counselor provides care for persons with one of the following disabilities: mental illness, developmental delayed, and/or chemical dependency.

DUTIES:

- Provide care in a safe and comfortable environment.
- Comply with medical records requirements.
- Submit required documentation within the required time frame per agency policies and procedures.
- Provide care based on ethical concepts and principles while refraining from forming a personal relationship with the consumers.
- Ability to perform checks on all new residents as dictated per agency policy.
- Maintain confidentiality.
- Ensure the accuracy, content, and completeness of client files.
- Provide services within time requirement as set forth in agency policy and procedure.
- Provide services as documented in client treatment plan.
- Refrain from assuming any duty that is unrelated to and/or interferes with the responsibilities of the position.
- Respond to emergency situation in a timely fashion.
- Demonstrate the ability to work effectively with other team members, as part of a multidisciplinary team, and independently, when necessary.

- Substance abuse staff may be required to perform drug screenings as required.
- Other duties may be assigned when necessary.

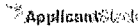
QUALIFICATION REQUIREMENTS:

- Oral and Written Communication Skills.
- Interpersonal Skills
- Ability to exercise good judgment, tact, diplomacy and compassion when problem solving, handling conflict or in a crisis situation.
- Ability to complete recordkeeping in a timely fashion.
- Ability to get along with diverse personalities and maintain effective working relationships.
- Ability to work well with people of all races, backgrounds and needs.
- Knowledgeable of health promotion and disease prevention and differential diagnosis and disease management as appropriate to educational level.
- Knowledgeable of Behavioral Health Concepts and how to deal with aggressive or violent behavior.

**Erigo Employer Solutions is committed to compliance with all applicable EEO laws and hiring methods.*

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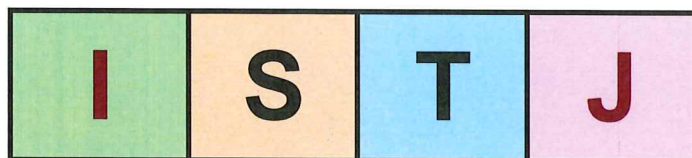
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Your personality assessment results show these dominant preferences



I	S	T	J
Introvert	Sensing	Thinking	Judging
55%	86%	90%	86%

Since a very rare few are 100% of any preference (not ideal), some of what you'll read describing your personality will not be true. Think of your % as the % of descriptions that would be true, because you are the opposite the remainder of the time!

You prefer to spend time and re-energize in your inner world of ideas and images

You see the world with more emphasis on information that comes in through your five senses

You make decisions mostly based on objective principles and impersonal facts

You lead a generally structured and decided lifestyle

You are **a Guardian** by nature (your Keirsey Temperament)

40% to 45% of population has your Temperament

Your personality assessment results
have the symbolic name of the

Inspector

(This is just a name, not a career recommendation)

This is a summary description of your personality assessment results

Serious and quiet, interested in security and peaceful living. Extremely thorough, responsible, and dependable. Well-developed powers of concentration. Usually interested in supporting and promoting traditions and establishments. Well-organized and hard working, you work steadily towards identified goals. You can usually accomplish any task once you have set your mind to it.

Your natural
personality type matches are

ESFP	Performer
ESTP	Promoter

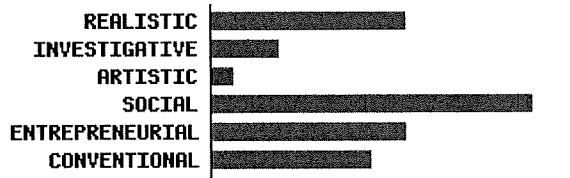


Open Source Psychometrics Project

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These are your results from the Holland Code (RIASEC) Test.

The Holland Codes system breaks down occupations into six general categories, your affinity for each is below.



A Holland Code summarizes your results with an acronym for the categories you score highest for, which makes you an **SER**.

Careers for your Holland Code

The United States Department of Labor Employment and Training Administration maintains a database of occupations sorted by Holland Code. The list of occupations for the SER can be found at

<http://www.onetonline.org/explore/interests/Social/Enterprising/Realistic/>

Navigation

Want to find a person with the same personality as you?

I am working on a service that will attempt to match you to the person with the most similar personality to you in all the world, try it out at global.peoplematching.org!

To return to the main page where other personality tests can be taken, [click here](#).

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CDMSE-Short Form

INSTRUCTIONS: For each statement below, please read carefully and indicate how much confidence you have that you could accomplish each of these tasks by marking your answer according to the key, Mark your answer by filling in the correct circle on the answer sheet.

NO CONFIDENCE AT ALL	VERY LITTLE CONFIDENCE	MODERATE CONFIDENCE	MUCH CONFIDENCE	COMPLETE CONFIDENCE
1	2	3	4	5

Example: How much confidence do you have that you could:

- a. Summarize the skills you have developed in the jobs you have held?

If your response was "Moderate Confidence," you would fill out the number 3 on the answer sheet.

HOW MUCH CONFIDENCE DO YOU HAVE THAT YOU COULD:

1. Use the internet to find information about occupations that interest you. 5
2. Select one major from a list of potential majors you are considering. 5
3. Make a plan of your goals for the next five years. 4
4. Determine the steps to take if you are having academic trouble with an aspect of your chosen major. 3
5. Accurately assess your abilities. 3
6. Select one occupation from a list of potential occupations you are considering. 4
7. Determine the steps you need to take to successfully complete your chosen major. 3
8. Persistently work at your major or career goal even when you get frustrated. 2
9. Determine what your ideal job would be. 3
10. Find out the employment trends for an occupation over the next ten years. 2
11. Choose a career that will fit your preferred lifestyle. 2
12. Prepare a good resume. 4
13. Change majors if you did not like your first choice. 3
14. Decide what you value most in an occupation. 3
15. Find out about the average yearly earnings of people in an occupation. 3
16. Make a career decision and then not worry whether it was right or wrong. 2
17. Change occupations if you are not satisfied with the one you enter. 2
18. Figure out what you are and are not ready to sacrifice to achieve your career goals. 2
19. Talk with a person already employed in a field you are interested in. 4
20. Choose a major or career that will fit your interests. 4
21. Identify employers, firms, and institutions relevant to your career possibilities. 3
22. Define the type of lifestyle you would like to live. 3
23. Find information about graduate or professional schools. 3
24. Successfully manage the job interview process. 2
25. Identify some reasonable major or career alternatives if you are unable to get your first choice. 3

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total 77

3.08

Scale 1 = Self Appraisal 2.8

Scale 2 = Occupational Information 3.4

Scale 3 = Goal Selection 3.4

Scale 4 = Planning 3.2

Scale 5 = Problem Solving 2.6

Genogram

