

INSTRUCTIONS FOR WEEKLY PAPERS:

Weekly "Reflection" Papers - The purpose of this assignment is to reflect on the material in the readings for the respective week by sharing your interpretation of a primary topic. You may relate it to a case that you have either worked with or a family experience of your own. Although it may sound informal with the title of "reflection" paper, please write professionally. 1-2 pages single-spaced. No work cited necessary.

Foundations of Couples, Marriage, and Family Counseling - Second Edition
Edited by: Dabif Capuzzi & Mark D. Stauffer

Chapter 16: discusses how addiction affects the whole family and that the integrated approach (individual and their family) is the most effective treatment.

Chapter 17: discusses how a counselor can approach trauma and abuse with a family. Signs, symptoms, and statistics are provided. Self-care for the therapist is also addressed as this can be very difficult work.

Chapter 18: addresses the losses that a family might experience and how to treat these.