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SOWK 778-OP1 Health/Mental Health – Spring 2018

QUIZ 1

3 POINTS EACH: Circle the correct answer.

1. The most influential definition of *health* as being “a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity” was developed by the:
 - a. International Health Organization
 - b. World Health Organization
 - c. World Global Health Alliance
 - d. Global Health Organization

2. Population health can be best described as implementing interventions that have the greatest potential for impact on health because they reach:
 - a. Entire populations of people at once and require less individual effort
 - b. The most vulnerable population groups and provide individual services
 - c. Population groups in third-world countries and impact at the individual level
 - d. Clusters of high risk populations of people who require the most individual services

3. The Determinant of Health that focuses on the relationship that characteristics such as race and ethnicity have on variations in health status and associated health risks is:
 - a. Genetic inheritance
 - b. Physical environment
 - c. Social environment
 - d. Health behavior

4. As another Determinant of Health, *Health Care* can be categorized in terms of its relationship to:
 - a. Prevention
 - b. Intervention
 - c. Treatment
 - d. Aftercare

5. The umbrella term for implementing interventions that have the greatest potential for impact on health because they reach the most people at once with less individual effort is called:
 - a. People-centered Health
 - b. Prospective Health
 - c. Population Health
 - d. Population Intervention

6. How a society responds to social problems can be called:
 - a. Social policy
 - b. Health Policy
 - c. Global policy
 - d. Community policy

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7. The efforts that have the greatest impact and are found at the base of *The Health Impact Pyramid* are those that fall under:
 - a. Clinical interventions
 - b. Counseling and education
 - c. Protective interventions
 - d. Socioeconomic factors

8. Of the five (5) major components of all health care systems, the one that addresses the provision of health care services is the:
 - a. Workforce
 - b. Facilities
 - c. Training
 - d. Financing

9. The principal health agency of the U.S. federal government is the:
 - a. Centers for Disease Control and Prevention
 - b. Department of Health Ministry
 - c. Centers for Medicare and Medicaid Services
 - d. Department of Health and Human Services

10. Health care system performance is generally evaluated on the following three criteria:
 - a. Quality of treatment, access to health care, efficiency of health care
 - b. Quality of services, equity of health care, efficiency of providers
 - c. Access to health care, equity of health care, efficiency of health care
 - d. Quality of health care, equity of health care, efficiency of health care

11. One of the basic sources of patient data for *internal health information systems* is the:
 - a. Health informatics database
 - b. Electronic clinical database
 - c. Electronic medical record
 - d. Telehealth medical record

12. The public health insurance program that is a federal-state funded match program is:
 - a. Medicare
 - b. Medicaid
 - c. Medigap
 - d. Medicovert

13. The federal health insurance program created in 1965 for people ages 65 and over is:
 - a. Medicare
 - b. Medicaid
 - c. Medigap
 - d. Medicovert

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14. Many very low-income seniors have “dual eligibility” under these public insurance programs:
 - a. Medicare/Medicaid
 - b. Medicare/Medigap
 - c. Medicaid/Medigap
 - d. Medicaid/Medicover

15. Although plans may vary by state, children up to age 19 who qualify for Medicaid may also be eligible for health care under the:
 - a. Children’s Health Portability Insurance Program (CHIP)
 - b. Children and Infants Health Program (CIHP)
 - c. Children’s Health Insurance Program (CHIP)
 - d. Children and Families Insurance Program (CFIP)

16. Medicare Part A primarily covers:
 - a. Hospitalization
 - b. Outpatient services
 - c. Preventive services
 - d. Physician visits

17. In measuring the performance of health care settings, the *Clinical Outcome* that relates to reducing medication errors is:
 - a. Clinical effectiveness
 - b. Clinical efficiency
 - c. Patient satisfaction
 - d. Patient safety

18. The *level of care* in a health care system that provides continued treatment and aftercare is the level called:
 - a. Primary
 - b. Secondary
 - c. Intermediary
 - d. Tertiary

19. The term *copay* means:
 - a. Out-of-pocket cost the patient pays
 - b. Co-insurance fee the patient pays
 - c. Charitable cost the provider absorbs
 - d. Payment made by a third-party payer

20. The country that does not have a single-payer health care system is:
 - a. Australia
 - b. Canada
 - c. Germany
 - d. United States

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21. The Jonas text describes disparities in the *quality of and access to health care* under health care:
- a. Delivery
 - b. Effectiveness
 - c. Equity
 - d. Efficiency
22. Morbidity and mortality rates are measures of:
- a. Clinical outcomes
 - b. Quality outcomes
 - c. Efficiency outcomes
 - d. Population outcomes
23. The largest body of policy makers are:
- a. U.S. Congress and the federal government
 - b. U.S. Congress and bi-partisan groups
 - c. Federal and state governments
 - d. State and local governments
24. The branch of the U.S. federal government that evaluates laws is the:
- a. Executive
 - b. Judicial
 - c. Congressional
 - d. Legislative
25. Cabinet agencies are established under which branch of government:
- a. Executive
 - b. Judicial
 - c. Congressional
 - d. Legislative

5 POINTS EACH: Fill in the blanks.

26. List the 5 primary drivers of health care in the U.S.

27. List the 5 broad categories of the *Social Determinants of Health*.

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28. From the Jonas text, identify the five (5) major overseers of health care performance in the U.S.

29. List three (3) types and levels of policies.

30. Advocacy is primarily about three things that encompass "policy change" – list these below.

Honor Pledge:

By signing below, I pledge that this is my own work and that I have not received help from anyone else in completing this assignment; nor have I discussed the questions or answers with any other individual prior to turning this quiz in to my instructor.

Your signature