

YOUR NAME: _____

DUE APRIL 28
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SOWK 778-0P1 Health/Mental Health – Spring 2018

QUIZ 2

4 POINTS EACH: Circle the correct answer.

1. Nearly one in _____ Americans has a mental illness.
 - a. two
 - b. five
 - c. ten
 - d. twelve
2. People with serious mental illness die up to _____ years sooner than other Americans.
 - a. 12
 - b. 18
 - c. 23
 - d. 32
3. One in twelve Americans has a(n):
 - a. Diagnosis of depression
 - b. Substance use disorder
 - c. Opioid use disorder
 - d. Co-occurring behavioral health condition
4. According to the SC Behavioral Health Taskforce's 2015 report on *Transforming South Carolina's Behavioral Health Systems*, reforms must occur in two broad areas of focus which are Crisis Stabilization and:
 - a. Detoxification Services
 - b. Treatment and Aftercare
 - c. Chronic Care Management
 - d. Outpatient Therapy
5. It is estimated that behavioral health care in the United States costs:
 - a. \$5.2 million per year
 - b. \$23 billion per year
 - c. \$57 million per year
 - d. \$57 billion per year
6. Nationally, _____ of people with an SUD do not get treatment.
 - a. 30%
 - b. 50%
 - c. 80%
 - d. 90%

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7. In South Carolina, when 911 is called for someone exhibiting an acute mental health crisis, whether drug-related or not, who typically handles the situation?
 - a. Local EMS
 - b. Local Law Enforcement
 - c. SLED
 - d. SC DMH
8. In the article, "Evolving definitions of mental illness & wellness," Manderscheid, et al. discuss the historical context of treating mental illness from which perspective?
 - a. Diagnosis-focused
 - b. Treatment-focused
 - c. Family-focused
 - d. Person-focused
9. In defining "wellness," Manderscheid, et al. state that this approach toward mental health stresses:
 - a. Cognitive behavioral structuring
 - b. Positive imagery
 - c. Treatment and institutionalization
 - d. Positive psychological functioning
10. In discussing mind-body interaction, the mental health condition that is a major risk factor for coronary artery disease is:
 - a. Depression
 - b. General Anxiety Disorder
 - c. Bi-polar Disorder
 - d. Schizophrenia
11. When an individual has overcome an addiction and is on the path to wellness, he or she is considered to be in:
 - a. rebound
 - b. relapse
 - c. recovery
 - d. reorientation
12. The site of South Carolina's first mental health asylum is the historic:
 - a. Mt. Vernon Mills
 - b. Mills Building
 - c. Jarrett Building
 - d. Jefferson Square

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13. According to Druss and Mauer, improvements in health care services must involve an interface between behavioral health and:
- Preventive care
 - Hospitalization
 - Primary care
 - Treatment
14. Examples of evidence-based clinical processes that have been documented as improving clinical outcomes are the delivery of primary medical care in specialty behavioral settings and:
- Team-based interventions
 - Counseling in mental health settings
 - Detoxification services
 - Enhanced technology
15. The sharing of treatment decision-making and the colocation of primary care and mental health specialists are elements of the Care _____ Model that consistently result in improved quality and outcomes of care.
- Interference
 - Interface
 - Inclusion
 - Integration

5 POINTS EACH: Fill in the blanks.

16. Define the term Behavioral Health Disorders?

17. List below the six contextual categories under which recommendations for improving behavioral health systems are given by the SC Behavioral Health Taskforce:

18. What are some overall benefits from the cultural shift of treating "mental illness" to a more positive approach of "mental health" in treating individuals with behavioral health disorders? [Manderscheid, et al.]

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19. Describe the core clinical components of SBIRT? (hint: "B" and "I" are combined)

S _____
B _____
I _____
R _____
T _____

20. Which do you think is more effective in bringing about policy change – mass media or direct policy advocacy? State your reasons why.

21. List some important roles that you think social workers can fill in affecting change within the areas of health and mental health policy?

22. What did you learn from doing your logic model?

23. What did you learn from delivering your elevator speech?

Honor Pledge:

By signing below, I pledge that this is my own work and that I have not received help from anyone else in completing this assignment; nor have I discussed the questions or answers with any other individual prior to turning this quiz in to my instructor.

Your signature