

Psychological Analysis of a Person from Literature, Film, or Television
Pierce College at Cleveland High School - Due Nov.14th
Instructor: Stephanie Winnard

For this assignment, you will **choose a person with a psychological disorder** to analyze from a psychological perspective. The person can be chosen from a **book, a film, or a television show**. The person can be a **real person or a fictitious person, but he or she must be someone you learned about from a book, film, or TV show**. You should use class notes, class discussions, **our text book**, and additional research from **at least one academic journal** to support your analysis. This paper should be **4 to 5 pages long** and is worth **100 points**. The cover page and the reference page do not count towards the 4 to 5 page length requirement. The body of the paper must be 4 to 5 pages long.

Your paper should include a description and explanation of the following questions. You should have **one to two paragraphs for each one of these questions**.

1. What **psychological disorder** does this person suffer from? Explain the **symptoms** and **give examples of specific behaviors**. Also explain if the person is from a novel, film, or TV show and which one. You may use **Ch.13** and/or our **class notes** to help you with your diagnosis.
2. Choose a **personality theory** from our class notes or our book (**Ch.12**) to explain the person's personality. Also, include a discussion of at least one **defense mechanism**.
3. Discuss the issue of **nature vs. nurture** and how this applies to the person's personality and development of the psychological disorder. It is important that you choose a person from a book, movie, or TV show that provides ample information about the person's childhood, so that you will be able to discuss the issue of nature vs. nurture, so choose wisely.
4. What **psychological perspective** best explains this person's symptoms and explains their behavior? **Choose one** and explain. (**biological, psychodynamic, behavioral, cognitive, or humanistic**)
5. Choose **one chapter** from our book, and apply the information from this chapter to your analysis of the person you chose. **Make it clear what chapter you have chosen** to include for this section of your paper.
6. What **treatment plan** would you recommend to best help this person cope with their mental illness? Use **Ch.14 on Therapy** and our **class notes** to help you.
7. **Connections:** Make at least one connection from what you learned through completing this analysis **to another component of knowledge**. For example, you can connect what you learned to your own personal experience, to another chapter in the book, to another book you have read or film you have seen, to another subject you are studying in school, etc.
8. **Critical thinking:** This is where you approach the subject with **skepticism** and you **question everything** and give a **critique**. For example, you can explain if there is any material that you disagree with or agree with and why. You can explain if there were mistakes made by the person you analyze or by their loved ones. You can explain if mistakes were made by the psychological and/or medical profession. Maybe you

want to critically evaluate the relationship between the pharmaceutical industry, psychology, and our society. Perhaps you want to analyze the role of society or the media in the development of psychological dysfunction. **These are only ideas**; your critical thinking will depend on the person you choose to analyze, and your own original thoughts.

Don't plagiarize (copy someone else's work or use others' ideas without giving them credit). Throughout your paper, be sure to **cite your sources in APA format** to avoid plagiarism. **Any plagiarism will result in an automatic zero and you will not receive another chance to redo the paper.** On the Pierce College website, the library link provides a guide for how to cite sources in APA format. Also, at the end of your paper you must have a **reference/bibliography page**. Our **textbook** will be one of the sources listed, then you must also have at least **one academic journal** as a source. You may have additional sources such as books, if you like. **The reference page also must be in APA format.** See the Pierce College library website for help.

I will score your paper according to this rubric. Please attach this rubric to your paper or you will have 2 points automatically deducted.

	Possible Points	Your Points
Cover page with your name, date, class, paper title	3	
Rubric attached	2	
Psychological disorder and symptoms	10	
Personality theory and defense mechanism(s)	10	
Nature vs. nurture	10	
Psychological perspective analysis	10	
Chapter from our text book analysis	10	
Treatment plan	10	
Connections	10	
Critical Thinking	10	
Cite your sources in APA format	5	
Reference page in APA format (our text and at least 1 journal)	5	
<u>Correct semantics (spelling, punctuation, grammar)</u>	<u>5</u>	
TOTAL POSSIBLE POINTS	100	

APA Format.

David G. Myers / C. Nathan Dewall

Sources → { ① text book (Psychology in Everyday life, 4th edition, ↵
 ② academic Journal Article
 and more if you want.