

# Sentence Completion Series

## PARENTING

Larry H. Brown, Ph.D.  
Michael A. Unger, Ph.D.

### Step Father

Name [redacted] [redacted] Date 2-4-08

Sex Male Age 33 Name(s), age(s), sex of children [redacted] m 9yr. [redacted] m 7yr

[redacted] m 3 1/2 yrs [redacted] m 4 yr [redacted] m 7 months

#### Directions

The following sentences concern your experiences as a parent. Complete each of these unfinished sentences with the first thing that comes to your mind. There are no right or wrong answers,

so please try to answer as openly and as honestly as you can. You may skip any items that you cannot readily complete and return to them later, but please be sure to complete all the items.

1. A good parent spends time with their children.
2. Meeting my child's needs can be a challenge without understanding his issues.
3. Communicating with children should be done on a level they can understand.
4. Working together as parents shows the children that they cannot pit one parent against the other.
5. I hope that my child never forgets that I love them no matter what other people say.
6. The way I was parented was very strict and abusive due to the fact that when I was young it was ok to beat your children.
7. Setting rules is important so children know limits for their safety.
8. A good child should be recognized and praised for their actions.

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9. As a parent, I best tolerate questioning why something has to be done a certain way.
10. As a parent, I least tolerate being yelled at and having to deal with a fit because the child doesn't want to do a task.
11. I best show my love by playing a game or talking to my child.
12. When my child is upset I try to find out why and if possible fix the issue causing it.
13. When my child wants something I don't mind giving it to them provided it's acceptable or has been earned.
14. Getting my child to do something can sometimes be difficult if it's not something they want to do.
15. Becoming a parent changed my life in major ways.
16. Having a child made me realize how happy I was and also how hard I would have to work to take care of him.
17. As a parent, I enjoy watching my children succeed, and sharing in their joys.
18. I feel successful as a parent when my children tell me they love me.
19. My responsibilities as a parent varied due to the fact that I was the sole provider financially and had strong family support.
20. When my child misbehaves he is warned and then if the behavior continues placed in time out.
21. I'm grateful that my parents showed their true colors and are close to being out of my life. And also through their abuse made me stronger.
22. As a parent, my life has been very difficult because the parents I trusted interfered with how I wanted my children raised and hindered instead of helping me.

23. Making parental decisions has been a challenge because I rented in my parents house and they would argue my decisions in front of my children.
24. As a parent, I worry most about the safety and decisions of my children.
25. When my child argues with me I unfortunately found myself arguing back with them when I should have just said timeout.
26. My child's need for attention is an important detail to me esp. where they would act out negatively for my attention.
27. As a disciplinarian I would rely on timeouts or raising my voice to avoid having to spank a child.
28. I want to teach my children to always tell the truth no matter what the consequence because the truth shall set you free.
29. Negotiating rules is not one of my strong points as rules are made for a reason.
30. Other parents often remark about how good my children are other than when one of my children acts out in public and then it's generally looks of disbelief.
31. My parenting style is strict and to the point because I refuse to treat my children in the manner I was raised, and I don't want to beat my kids.
32. The most effective discipline varies from child to child and usually consists of timeouts.
33. I feel proud when my children tell me that they love me and know what people say isn't true.
34. I expect my children to grow up following the rules and do their best all the time.
35. Having my parents as models has caused me to not be such a good parent but also taught me how horrible it is to be abused your whole life.
36. Being patient has caused me to lose everything I have ever worked for. ~~By not~~

37. Enforcing household rules is important when trying to maintain a consistent environment.
38. Keeping promises is important in the building of trust.
39. Accepting criticism although sometimes hard to hear helps to better oneself.
40. Helping with homework is important to help your child get the education one needs in life.
41. As a parent, my mother would enable my father to be abusive to me both physically and verbally. She would also be verbally abusive.
42. A daily struggle of parenting is doing what you believe is right even when others challenge you.
43. A frustration of parenting is when one parent is too easy and the other too hard, hence working together is the key.
44. Living with children is a joy that I miss terribly.
45. Meeting my own needs is something I am seeking help with. I know there are issues I need addressed.
46. Helping my child deal with feelings is important to me because I want to be there for them.
47. As a parent, my father was and is an abusive alcoholic who both beat me physically and verbally. I have endured abuse all of my life from him.
48. The use of rewards is common when good things are achieved.
49. Being firm I believe is important so children know the limits that are set.
50. I regret that my parents raised me and by their lies and allegations have turned my children away from me. I regret them being my parents and no longer consider them as such.

# Sentence Completion Series

## PARENTING

Larry H. Brown, Ph.D.  
Michael A. Unger, Ph.D.

MOM

Name [REDACTED] Date 2/4/08

Sex F Age 20 Name(s), age(s), sex of children Reese 3yr Gavin 8mos

### Directions

The following sentences concern your experiences as a parent. Complete each of these unfinished sentences with the first thing that comes to your mind. There are no right or wrong answers,

so please try to answer as openly and as honestly as you can. You may skip any items that you cannot readily complete and return to them later, but please be sure to complete all the items.

1. A good parent meets all the needs of their children
2. Meeting my child's needs is my everyday goal. I always put my child's needs before mine
3. Communicating with children helps them enjoy their childhood
4. Working together as parents is easier than working alone
5. I hope that my child achieves all his goals and dreams.
6. The way I was parented didn't work
7. Setting rules is a good way to make my child feel safe even if they don't agree
8. A good child there is never a bad child. Some just need more direction

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9. As a parent, I best tolerate almost all the time we have together
10. As a parent, I least tolerate yelling screaming hitting
11. I best show my love anyway I can hugs kisses  
~~praxis~~
12. When my child is upset it is hard to calm him down
13. When my child wants something he asks politely
14. Getting my child to do something is not difficult he always wants to help
15. Becoming a parent was the best thing that ever happened to me
16. Having a child made my dreams come true. I love both my kids with all my heart.
17. As a parent, I enjoy watching my kids grow up and enjoy their childhood
18. I feel successful as a parent when I see them happy and when they learn something new
19. My responsibilities as a parent is to protect my children give them the basic needs and more.
20. When my child misbehaves he gets a time out in his room
21. I'm grateful that my parents had me and my brother
22. As a parent, my life changed for the better made me grow up.

23. Making parental decisions Does not bother me but always have their best interest at heart
24. As a parent, I worry most about being able to give them the best life possible
25. When my child argues with me he is expressing my opinion
26. My child's need for attention is great but that's half the joy
27. As a disciplinarian I enforce rules but always room for compromise
28. I want to teach my children to be honest hardworking and that they can do anything they put their mind to
29. Negotiating rules does not happen in my house unless everyone participates
30. Other parents give me good ideas to help me parent my children
31. My parenting style is lenient but with rules. I'm not strict but they know what the rules are.
32. The most effective discipline deep breaths then time out
33. I feel proud when my children tell me they love me
34. I expect my children feel good about themselves and enjoy themselves
35. Having my parents as models did not have my parents as models
36. Being patient is needed for every child.

37. Enforcing household rules is hard at first but then becomes second nature
38. Keeping promises I pride myself on
39. Accepting criticism is hard but makes you a better person
40. Helping with homework doesn't apply
41. As a parent, my mother Sucked
42. A daily struggle of parenting making sure I do everything they need (ie school, activities)
43. A frustration of parenting is when my child is having a hard time
44. Living with children is great. I have so much fun with my children
45. Meeting my own needs comes after my children's needs
46. Helping my child deal with feelings is part of parenting
47. As a parent, my father Sucked
48. The use of rewards is nice but don't make it a habit
49. Being firm but gentle
50. I regret that my parents weren't parents