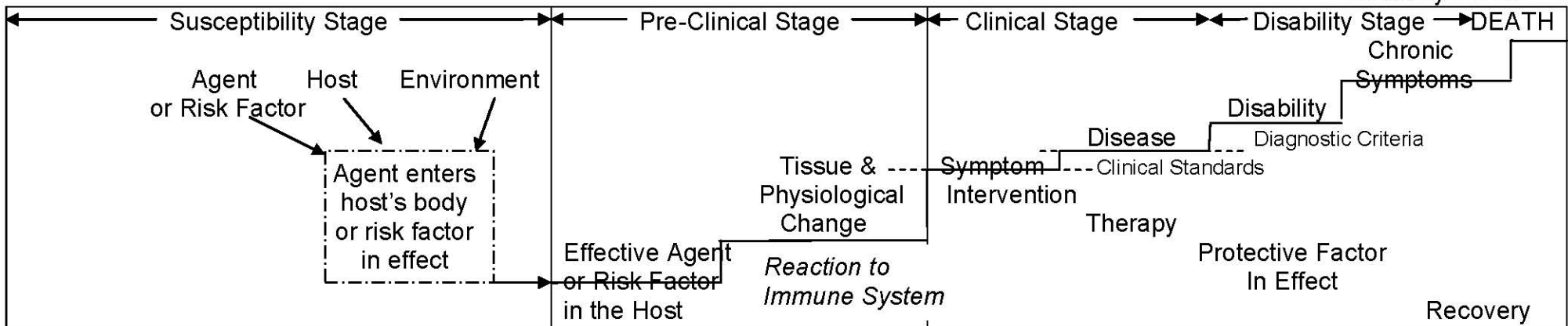


## Natural History Model of Diseases & Prevention Spectrum

Jiunn-Jye Sheu



<b>Health Promotion</b>	<b>Special Protection (Specific to Disease)</b>	<b>Early Diagnosis, Detection &amp; Treatment</b>	<b>Limit Disability</b>	<b>Rehabilitation</b>		
<ol style="list-style-type: none"> <li>1. Health education</li> <li>2. Nutrition</li> <li>3. Personality development</li> <li>4. Appropriate work &amp; entertain</li> <li>5. Sexuality edu.</li> <li>6. Maintain personal health</li> <li>7. physical activity</li> <li>8. Improve environ. health</li> </ol>	<ol style="list-style-type: none"> <li>1. Vaccination</li> <li>2. Mental health counseling</li> <li>3. Family and marriage counseling</li> <li>4. Prevent occupational hazard</li> <li>5. Prevent accident &amp; injury</li> <li>6. Avoid cancer-causing substance</li> </ol>	<ol style="list-style-type: none"> <li>1. Case searching</li> <li>2. Screening test</li> <li>3. Physical exam</li> <li>4. Medical attention &amp; treatment</li> </ol>	<ol style="list-style-type: none"> <li>1. Patient education &amp; counseling</li> <li>2. Appropriate treatment to prevent deterioration &amp; its complications</li> <li>3. Provide facilities to limit disability &amp; death</li> <li>4. Mental, physical &amp; occupation therapy</li> </ol>	<ol style="list-style-type: none"> <li>1. Mental, physical &amp; occupation therapy</li> <li>2. Provide appropriate rehab. institute, facility, &amp; job opportunity</li> <li>3. Long-term care</li> <li>4. Hospice</li> </ol>		
<b>Primary Prevention</b>		<b>Secondary Prevention</b>		<b>Tertiary Prevention</b>		
Health Promotion/Positive Development Strategies	Selective Prevention Strategies		Indicated Prevention Strategies	Time-limited Therapy	Enhanced Therapy	Continuing Care
<b>Universal Prevention Strategies</b>						