

modifications and informs the surgeon. Thirdly, performed medication reconciliation. This was also the best time to know if the patient is on anticoagulants or beta blockers. If on the two, know when the last dose was taken and inform the physician. Fourthly, checked vital signs and inserted IV and started the necessary medications, made sure to document any abnormalities and report to the surgeon. Fifthly, obtained informed consents for the procedure and made sure we had a patient history and physical updated within the last 30 days by a physician or a nurse practitioner. There were three informed consents to obtain: anesthesia, procedure and possible open surgery in case of emergency and possible blood transfusion. All these safety measures were followed strictly in the unit to ensure patient safety.

A 72 years old female complains of consistent cervical spine pain which started several months ago. Had a cervical fusion in 2015 but it did not help her much. Symptoms occurred constantly. Pain 6/10. Current location: neck and radiates to bilateral arms. Patient here for cervical 6-7 ESI. Her vital signs were - temp- 97.9F, pulse- 90, BP- 128/89 spO2- 100%. History- chronic back pain. She arrived at the unit at 1300. Nursing diagnosis for the patient would be anxiety r/t IV insert, anesthesia and invasive procedure as evidenced by blood pressure- 128/89, patient verbalizing being scared and trying to withdraw hand while IV insertion. Goal the patient will verbalize she experienced less anxiety and shows an absence (if) body language indicators of anxiety such as elevated blood pressure by 1535 on 9/11/19. Intervention was to provide verbal reassurance and touch. Allow family to be with client, provide answers to client's questions and provide warm blanket. Goal was met. The patient tolerated the IV insertion, blood pressure reassessed and was 115/78 and verbalized she did not get hurt.

“The ethical dilemma appeals to rationality based on ethical principles and outstrips intuitions as sources to resolve difficulties faced when making decisions and which lie precisely