

PRAC 6635 Clinical Skills Self-Assessment Form

Desired Clinical Skills for Students to Achieve	Confident (Can complete independently)	Mostly confident (Can complete with supervision)	Beginning (Have performed with supervision or need supervision to feel confident)	New (Have never performed or does not apply)
Comprehensive psychiatric evaluation skills in:				
Recognizing clinical signs and symptoms of psychiatric illness				X
Differentiating between pathophysiological and psychopathological conditions				X
Performing and interpreting a comprehensive and/or interval history and physical examination (including laboratory and diagnostic studies)			X	
Performing and interpreting a mental status examination			X	
Performing and interpreting a psychosocial assessment and family psychiatric history			X	
Performing and interpreting a functional assessment (activities of daily living, occupational, social, leisure, educational).			X	
Diagnostic reasoning skill in:				
Demonstrate knowledge of psychopathology of mental illnesses through discussion for different age groups and mental illnesses				X
Developing and prioritizing a differential diagnoses list				X
Formulating diagnoses according to DSM 5-TR based on assessment data				X
Differentiating between normal/abnormal age-				X

related physiological and psychological symptoms/changes				
Psychotherapeutic Treatment Planning:				
Provide psychoeducation to individuals and/or any caregivers				X
Promote health and disease prevention techniques				X
Self Assessment skill:				
Develop SMART goals for practicum experiences				X
Evaluating outcomes of practicum goals and modify plan as necessary				X
Documenting and reflecting on learning experiences				X
Professional skills:				
Maintains professional boundaries and therapeutic relationship with clients and staff			X	
Collaborate with multi-disciplinary teams to improve clinical practice in mental health settings			X	
Identifies ethical and legal dilemmas with possible resolutions			X	
Demonstrates non-judgmental practice approach and empathy			X	
Practices within scope of practice			X	
Selecting and implementing appropriate screening instrument(s) and interpreting results:				
Demonstrates selecting the correct screening instrument appropriate for the clinical situation				X
Implements the screening instrument efficiently and effectively with the clients				X

Interprets results for screening instruments accurately				X
Identifies the need to refer to another specialty provider when applicable				X
Accurately documents recommendations for psychiatric consultations when applicable			X	

Summary of strengths:

Considering my lack of clinical field experience, I would say that one of my strengths is communicating with multidisciplinary teams, patients, and families. I also possess some quality skills in recognizing clinical signs and symptoms of psychiatric illness through my previous job experience. I have carried out nursing assessments on various patients with diverse mental conditions. I feel competent in developing and maintaining a professional relationship with patients maintaining an ethical approach.

Opportunities for growth:

I believe that I require growth in all areas in the clinical setting. However, to mention some, would be performing and interpreting a psychosocial assessment and family psychiatric history. As well as formulating a diagnoses and implementing a treatment plan.

Now, write three to four (3–4) possible goals and objectives for this practicum experience. Ensure that they follow the SMART Strategy, as described in the Learning Resources.

1. **Goal:** Develop the skill to accurately select the best psychiatric diagnostic screening tools for patients with diverse conditions by the end of current practicum term.
 - a) **Objective:** Utilize nursing knowledge to identify and differentiate various screening tools.
 - b) **Objective:** Use advanced nursing skills to identify the symptoms that differentiate various mental conditions.
 - c) **Objective:** Demonstrate quality nursing skills to select and apply diagnostic tools
2. **Goal:** Develop appropriate diagnosis, differential diagnosis, treatment plan, and follow up.
 - a) **Objective:** Utilize different diagnostic tools to reach a diagnosis.
 - b) **Objective:** Utilize advanced nursing skills to develop a differential diagnosis.
 - c) **Objective:** Create a suitable treatment and follow-up plan.
3. **Goal:** Develop trust with patients by maintaining legal and ethical standards of care.
 - a) **Objective:** Cultivate open and friendly communication channels with patients.
 - b) **Objective:** Uphold legal and ethical code of conduct in treating patients with diverse
 - c) **Objective:** Use advanced nursing skills to learn cultural diversity and cultural trends

Signature: 

Date: 5/31/23

Course/Section: PRAC 6635