

value/belief pattern

- predominant group african american with belief that once you start taking meds you can discontinue once feeling better.
- no spiritual beliefs
- spiritual resources unavailable
- yes community members value health promotion measures by attending the seminars, community health screening drives for hypertension, breast cancer and diabetes. they return with other family or community members to receive the same
- community values proper medical treatment with affordable medications. patients have come to hospital with multiple admissions for the same chief complaint. they are unable to afford the meds therefore are unable to maintain appropriate control over their disease process. they also re-present to receive the meds that they ran out of and/or can't afford. they seek alternative meds and programs that offer discounted meds
- some community members spend their money on items that enhance their household with basic needed items and some use the funds on items that do not assist in basic need such as food etc. in either situation funds are not adequate. lack of employment, underemployment and limited state assistance are contributors.

health perception/ management

- <https://www.cdc.gov/chronicdisease/index.htm>
heart disease, cancer and diabetes
- no exp with immunization rates
- <https://www.cdc.gov/chronicdisease/data/indicators.htm>
- there are prevention programs such as fire, breast cancer awareness education in which the community does feel that the resource is sufficient.
- although there are not enough healthcare professionals and resources within the community they are used and sometimes exhausted daily as enough resources are not available.
- unknown referral to outside agencies

nutrition/metabolic

- indicators of nutrient deficiencies- dental carries, wasting, failure to thrive, altered mental status
- <https://www.cdc.gov/obesity/data/prevalence-maps.html>
- food discounts, meals on wheels, wic are all available
- water is readily available as well as vending machines
- there has been a rise in unhealthy food consumption as evidenced by the increase in disease processes, unhealthy weight
- provisions for special diets are limited but available
- free and reduced lunches are available in all public school settings

elimination

- common air contaminants- exhaust fumes, mills, pesticides, asbestos all can contribute to lung disease
- noise pollution secondary to airports and the surrounding communities
- waste disposal issues due to overloaded sewer systems or faulty septic systems
- pesticides are often used however notification is not given
- hand hygiene promotion has increased due to covid pandemic
- bathrooms are readily available however based on the location, some are not par level for cleanliness and proper sanitization. supplies are often limited such as soap, hand sanitizer and paper towels due to cost and frequent use
- universal precautions have increased due to the pandemic. appropriate ppe's have often not been available due to limited supply and the cost of the revenue
- temperature controls are readily available especially in hospital setting as to retard bacterial/viral growth.
- safety-police enforcement, security officers, radio and social media awareness for self protection and self awareness

activity/exercise

- community fitness is not used as often as it should be as the younger generation prefer social media and home gaming systems vs outdoor activities. hours at the community centers (YMCA) are limited as well as supplies and staff as money for these locations are received through grants and donations.
- recreational facilities such as bike trails and pools are used often however safety is a major concern due to location and improper adult supervision and the crime rate for that specific area
- safety programs are reiterated verbally along with sign postage, infomercials through tv and social media. prior liability issues thrust a light onto safety precautions and the requirement for all personnel to be properly trained . (ie. cpr, basic first aid)
- most common injuries are falls in the geriatric population (poor vision, poor safety awareness, altered mental status, weakness, improper use of assistive device and co-morbid disease processes) and car accidents amongst young and middle aged individuals secondary to alcohol consumption and excessive speed
- evidence of sedentary leisure activities are evidenced by poor skin integrity, poor circulation, bmi >25, hypertension, pedal edema, deep vein thrombosis
- public transportation is readily available although the frequency and number of routes should be increased with later running time schedules.

sleep rest

- indicators of restedness- increased energy, focus, pleasant personality and interactions with others, ability to complete all tasks, appropriate weight and hormonal balance.
- factors affecting sleep--home life, multiple children, extracurricular activities, multiple jobs, stress management or lack thereof, weight, poorly managed medical conditions such as sleep apnea, shift work influencing circadian rhythm disorders, poor dietary intake or binge eating

cognitive/perceptual

- primary language is english. however, in this location there are multiple cultures who although they have lived state side for many years, only communicate in the language indigenous to their country of birth.
- opportunities and programs offerings -online education, GED programs that can be obtained while imprisoned and no matter the age of the student, civilization classes, programs offered in different languages. special programs/schools such as MAGNET program, STEM program that are offered on a public school level and the gifted program which is a limited resource due to prohibitive cost and number of locations
- libraries are not as readily used today as the ability to own a computer has become more feasible over the years. the convenience of using the internet exceeds that of having to physically go to the library
- funding resources--grants, state assistance, donations, fund raisers

self perception

- self perception begins around the age of 2 and continues until end of life.
- community based activities such as volunteering to feed the homeless, volunteering in the hospital, community clean up and rehab to make the community cleaner and safer
- community history from the elders to the younger generation via barbeques and community activities
- published descriptions -

role/relationship

- vulnerable populations are the geriatric populations. due to their age, they have been physically, emotionally and mentally abused as well as taken advantage of financially by family members or perfect strangers. dementia and Alzheimer's make the reporting of abuse challenging increasing the need for health care providers to recognize the signs of abuse. their health declines due to multiple co-morbid disease processes, loss of a spouse, and mental health disorders
- power groups hold influence through religion, certain locales, ethnic background, mentally weakened, abused population. power groups can equally have a positive or negative affect on the community and its members
- relationships with police enforcement are important to the community in procuring trust and developing a positive relationship for the younger demographic to appreciate and follow vs the negative connotations that come with police enforcement. missionary work can and should start as early possible in a child's development as they learn responsibility and doing something for others vs only for self.

sexuality

- the reproductive rate has increased and the generational gap has decreased. the number of births has increased and started very young in age. prevention has not been a staple conversation as it now has become normalized to have several children before graduating high school. although the educational tools are available, implementation has not been achieved. planned parenthood locations have limited resources and available personnel to properly guide and educate. due to lack of education, young mothers do not seek out prenatal care and resources to assist.

stress

- prior abuse, drugs and/or alcohol abuse (have increased year by year), medical decline, large family household, low self esteem, poverty, witnessing violence, easy access to weapons and financial hardships all contribute to violence issues.
- CPS referrals have increased as more individuals are trained to look for signs of abuse. this is a direct cause and effect of younger mothers, non-biological parents in the home. due to the pandemic, the number of reported cases has declined. although the dispatch of social workers has been initiated, there are not enough personnel, reported information to the school is incorrect or changed and the willingness of parents to participate is not given
- proper stress management is not promoted often enough. alcohol and drugs vs exercise and proper stress mgmt techniques. the fear of talking about stressful issues prohibits needed outreach or the fear that privacy would be violated. mental health issues are dealt with at home or once out of control, hospital admissions ensue.