

Ayman  
AlBakri  
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ALI 145  
Spring 2018  
B Kermane

### Essay Assignment

**Directions:**

After careful reading of the article(s) on the problems of overwork in Japan, and after answering relevant questions from the Reading Guide handout, plan, organize, and write a multi-paragraph essay in response to the topic questions below. Read the prompt carefully, and focus your response on the questions asked. Refer to important facts mentioned in the selections in support of your ideas; mention ironic points when appropriate. Express your thoughts carefully, logically, and effectively. Provide examples and evidence in developing your response.

Due date: April 2, 2018

DO NOT WRITE ON A TOPIC OTHER THAN THE ONE ASSIGNED BELOW

**Topic: Work and Health Balance**

**Reading:** "Young Worker Clocked 159 Hours" by Makiko Inoue and Megan Specia

**Source:** *The N.Y. Times*: October 5, 2017

In today's global economy, companies around the world encourage their employees to work hard to get maximum productivity and remain competitive in the global markets. Some countries, like Japan, are known for longer working hours than others. This explains why Japan is so successful in global markets. Nevertheless, overworking employees comes at a high cost.

**Questions:**

Promet

- What do you think has been responsible in creating this unhealthy work-life balance problem? Explain
- Do you believe there is anything the Japanese government, the companies and organizations, or the workers themselves should do in response to the current phenomenon of "Karoshi"? Explain