ADULT-PERIODONTAL PATIENT—*Banu Radpur-Ansari*
PATIENT HISTORY SYNOPSIS

Age	*35 years*
Gender	*female*
Height	*5′ 8″*
Weight	*125 lbs.*

VITAL SIGNS

Blood Pressure	*114/62 mm Hg*
Pulse Rate	*72 bpm*
Respiration	*18 rpm*

1. Under care of physician
   Yes [X] No [ ] Condition: *hypothyroidism (myxedema)*
2. Hospitalized within the last 5 years
   Yes [X] No [ ] Reason: *infective endocarditis*
3. Has or had the following conditions
   Currently taking medication for a sinus infection
4. Current medications
   levothyroxine(Synthroid®)—thyroid product
   vitamin D (Drisdol®)—vitamin supplement
   amoxicillin (Amoxil®)—antibiotic
5. Smokes or uses tobacco products
   Yes [ ] No [X]
6. Is pregnant
   Yes [ ] No [X] N/A [ ]

MEDICAL HISTORY
A serious urinary tract infection last year resulted in hospitalization for infective endocarditis.

DENTAL HISTORY
Half-mouth scaling and root planing completed approximately 1 year ago. Patient had to cancel her next appointment due to her medical conditions, and then her busy schedule interfered with rescheduling until today. Currently using over-the-counter tooth whiteners and whitening toothpaste.

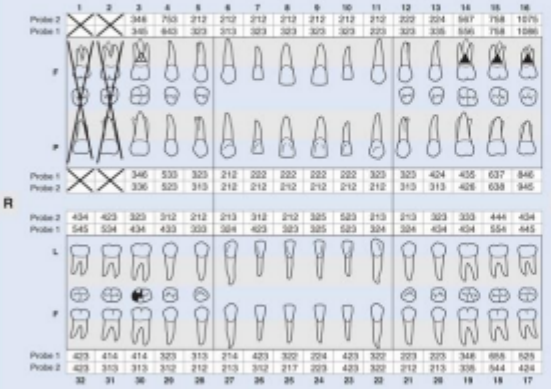
SOCIAL HISTORY
Moved to the United States from Tehran 10 years ago. Married to a fellow university researcher and reports that there is a lot of stress associated with her pursuit of doctoral research.

CHIEF COMPLAINT
Throbbing pain and bad taste coming from the maxillary left posterior region.
She notes that these same symptoms preceded the extraction of the maxillary right second and third molars. She is worried that now the maxillary left teeth will have to be extracted. Interested in professional tooth whitening.

CURRENT ORAL HYGIENE STATUS
General moderate bleeding on probing. Brushes up and down 2 to 3 times per day. Uses a plastic toothpick product (Brush Picks®) after eating to remove food particles that get stuck in the embrasures of the posterior teeth.

SUPPLEMENTAL ORAL EXAMINATION FINDINGS
Exudate upon probing the maxillary left second and third molars. Class I mobility: maxillary right first molar, maxillary left second molar, and mandibular left second and third molars. Class II mobility: maxillary left third molar. Food impaction between the mandibular right first and second molars. Heavy subgingival calculus in all 4 posterior quadrants and mandibular anterior region.

ADULT CLINICAL EXAMINATION



Clinically visible carious lesion
Clinically missing tooth
△ Furcation
▲ "Through and through" furcation
Probe 1: Initial probing depth
Probe 2: Probing depth 6 weeks after periodontal therapy