

Example 9.3.1³

Sample topic outline

Topic: How has bullying behavior changed in the digital age?

- I. Introduction
 - A. Introduce the topic of cyberbullying.
 - B. Cite real-life examples.
- II. Definitions of terms
 - A. Contrasting definitions of traditional bullying and cyberbullying.
 - B. Flesh out scholars' definition(s) of cyberbullying.
 - C. Describe different forms/types of cyberbullying (e.g., harassment, stalking, "outing", etc.).
- III. Review of previous research on rates of cyberbullying
 - A. Varying rates have been reported—wide range (as low as 4.8%, as high as 55.3%).
 - B. Studies of public school populations.
 - 1. Middle school students.
 - 2. Middle/high school students.

- C. Studies of college populations—relative little research available.
- D. Studies of workplace populations.
- E. Recap of the research on rates of cyberbullying.

IV. How victims of cyberbullying are impacted

- A. Emotional impacts of cyberbullying.
- B. Behavioral consequences.
- C. Clinical symptoms.
- D. Suicidal behaviors.
- E. Other.

V. How victims cope after being cyberbullied

- A. Describe various coping strategies reported.
- B. Describe population groups studies for coping strategies.

VI. This study will focus on college population

- A. Brief summary of the literature reviewed.
- B. Purpose now is to expand understanding of how cyberbullying impacts this group.
- C. And to add additional data on rates of cyberbullying among college-age students and to compare gender differences.