



LET'S TALK  
ABOUT THE  
**6 ELEMENTS**  
THAT WILL  
HAVE YOU  
SUMMARIZING  
LIKE A PRO!!

poll

## Milestone 2 - Writing Your Literature Review

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- **How** was research conducted? (methodology)
- **What** was found? (results)

**Look at the  
following paragraph  
and find all 6!**

Dall'ora et al. (2015) conducted a study between June 2009 and June 2010 to examine the association between nurses working long shifts and burnout, job dissatisfaction, dissatisfaction with work schedule flexibility and intention to leave a current job among hospital nurses. The researchers sent quantitative surveys to 31,627 registered nurses from 12 European countries. These included 118 questions about care quality and safety, last shift worked, and the participants and their jobs. The response rate was 62%, and over 8,600 nurses were found to have experienced high burnout: 27% of them experienced emotional exhaustion, 10% experienced high depersonalization, and 17% of the nurses experienced low personal accomplishment (Dall'ora et al., 2015). The study also found an association between nurses working longer than 8 hours and decreased job satisfaction. Nurses working  $\geq 12$  hours also experienced a higher rate of burnout, higher overall job dissatisfaction, and dissatisfaction with work flexibility, resulting in the intention to leave the job (Dall'ora et al., 2015).