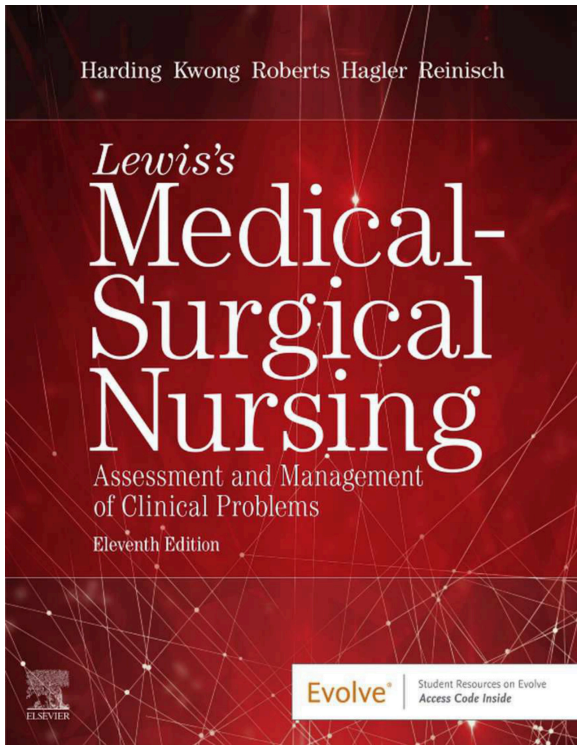


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Section One. Concepts in Nursing Practice

1. Professional Nursing

- Conceptual Focus
- Professional Nursing Practice
- Influences on Professional Nursing Practice
- Patient-Centered Care
- Teamwork and Collaboration
- Safety
- Quality Improvement
- Informatics
- Evidence-Based Practice

2. Health Equity and Culturally Competent Care

- Conceptual Focus
- Determinants of Health
- Health Disparities and Health Equity
- Culture
- Cultural Competence
- Cultural Diversity in the Health Care Workplace

Cultural Factors Affecting Health and Health Care

Nursing Management: Promoting Health Equity and Increasing Cultural Competency

3. Health History and Physical Examination

Conceptual Focus

Data Collection

Nursing History: Subjective Data

Physical Examination: Objective Data

Types of Assessment

Problem Identification

4. Patient and Caregiver Teaching

Conceptual Focus

Role of Patient and Caregiver Teaching

Teaching-Learning Process

Process of Patient Teaching

5. Chronic Illness and Older Adults

Conceptual Focus

Chronic Illness

Nursing Management: Chronic Illness

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Biologic Aging

Age-Related Physiologic Changes

Special Older Adult Populations

Social Support for Older Adults

Social Services for Older Adults

Medicare and Medicaid

Care Alternatives for Older Adults

Legal and Ethical Issues

Nursing Management: Older Adults

Section Two. Problems Related to Comfort and Coping

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6. Stress Management

Conceptual Focus

What is Stress?

Physiologic Response to Stress

Mind-Body-Spirit Connection

Effects of Stress on Health

Coping Strategies

Relaxation Strategies

Nursing Management: Stress

7. Sleep and Sleep Disorders

Conceptual Focus

Sleep

Physiologic Sleep Mechanisms

Insufficient Sleep and Sleep Disturbances

Sleep Disturbances in the Hospital

Sleep Disorders

Nursing Management: Insomnia

Obstructive Sleep Apnea

Nursing and Interprofessional Management: Sleep Apnea

Periodic Limb Movement Disorder

Circadian Rhythm Disorders

Narcolepsy

Parasomnias

Special Sleep Needs of Nurses

8. Pain

- Conceptual Focus
- Magnitude of Pain Problem
- Definitions and Dimensions of Pain
- Classification of Pain
- Pain Assessment
- Pain Treatment
- Nursing and Interprofessional Management: Pain
- Institutionalizing Pain Education and Management
- Ethical Issues in Pain Management
- Managing Pain in Special Populations

9. Palliative and End-of-Life Care

- Conceptual Focus
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- Hospice Care
- Death
- End-of-Life Care
- Legal and Ethical Issues Affecting End-of-Life Care
- Nursing Management: End of Life

Special Needs of Caregivers and Nurses in End-of-Life Care

10. Substance Use Disorders

Conceptual Focus

Drugs Associated with Substance Use Disorder

Nursing and Interprofessional Management: Tobacco Use Disorder

Alcohol

Nursing and Interprofessional Management: Alcohol Use Disorder

Use of Other Substances

Nursing and Interprofessional Management: Stimulant Use

Depressants

Nursing and Interprofessional Management: Depressant Use

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Cannabis

Caffeine

Nursing Management: Substance Use

Section Three. Problems Related to Homeostasis and Protection

11. Inflammation and Healing

Conceptual Focus

Inflammatory Response

Nursing and Interprofessional Management: Inflammation

Healing Process

Nursing and Interprofessional Management: Wound Healing

Pressure Injuries

Nursing and Interprofessional Management: Pressure Injuries

12. Genetics

Conceptual Focus

Genetics and Genomics

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Genetic Screening and Testing

Pharmacogenomics and Pharmacogenetics

Gene Therapy

Stem Cell Therapy

Nursing Management: Genetics and Genomics

13. Immune Responses and Transplantation

Conceptual Focus

Normal Immune Response

Altered Immune Response

Allergic Disorders

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Nursing and Interprofessional Management: Latex Allergies

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Organ Transplantation

Graft-Versus-Host Disease

14. Infection

Conceptual Focus

Infections

Types of Pathogens

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Health Care–Associated Infections

Infection Prevention and Control

Human Immunodeficiency Virus Infection

Nursing Management: HIV Infection

15. Cancer

- Conceptual Focus
- Biology of Cancer
- Benign Versus Malignant Neoplasms
- Classification of Cancer
- Prevention and Early Detection of Cancer
- Interprofessional Care
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- Chemotherapy
- Radiation Therapy
- Nursing Management: Chemotherapy and Radiation Therapy
- Late Effects of Radiation and Chemotherapy
- Immunotherapy and Targeted Therapy
- Nursing Management: Immunotherapy and Targeted Therapy
- Hormone Therapy
- Hematopoietic Growth Factors
- Hematopoietic Stem Cell Transplantation
- Gene Therapy
- Complications of Cancer
- Nutritional Problems