

### Assignment: Dance Video Analysis

- Find a Dance Video online and select a 3-second segment. From this 3-second segment dance sequence analyze the dancer's movements. **Include** a link to the dance video used and the 3-second time frame analyzed. (10pts)
- Using knowledge from Chapters 1 and 2, **discuss** in at least 10 sentences the movements observed and the associated Joints (see table 1.2 and 2.3). (20pts) This response needs to be in your own words and sources cited.
- **Select 10 DIFFERENT joints** used in dance moves associated in the 3-second segment and construct a table as seen on pg. 41 (see below): (50pts)

Please use the text when possible and remember to cite your sources.

Tables should be composed as the book examples. Tables not properly filled out will not receive the credit please reference the book.

| Name of Joint | Type of Joint | Starting Position | Observed Joint Action | Plane of Motion | Axis of Motion |
|---------------|---------------|-------------------|-----------------------|-----------------|----------------|
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