



Keiser University
Nursing Program
Written Evaluation Tool

Student Name: Enia Keaton Topic: HP 2030 Date: 10-22-2020
 Instructor: K. Giroux Course: NUR1022

Directions: Evaluate by using the grid below to assess each performance for proficiency level. Write number (0-2) as appropriated proficiency level to the right of each performance element.

PERFORMANCE ELEMENT	No Proficiency 0	Partial Proficiency 1	Proficient 2	Points	SLO	Comments
CONTENT						
Relevance to topic and reflective of best practice.			✓	2	1	
Evidence-based research and use of electronic databases		✓		1	1,3,4	Need evidence to support your statements.
Length as stated by Instructor			✓	2	3	Cite your sources
Reflects critical thinking throughout		✓		1	3	
Organization						
Clear introduction, appropriately developed body.		✓		1	1	Unclear what your intent is for this paper. Confusing.
Logical, sequential order. Conclusion, including summation of key points		✓		1	1	Did not follow directions
Writing Quality						
Correct use of medical and professional terminology.			✓	2	2,3	
Correct spelling, and proper use of grammar.			✓	2	1,3	
Format						
Correct application of all APA format elements	✓			1	1,2,3	Headings missing, citations included.

0. Correct formatting of citations that are no more than 5 years old.									
Total:									
Final Score (multiply times 5)									

Student Learning Outcome Key

- 1. JR- Judgment and Reasoning
- 2. TI- Technology Integration
- 3. P - Professionalism
- 4. ID- Intra/Interdisciplinary Collaboration

Proficiency Key

0 = No demonstrated Proficiency in this area
 1 = Minimum proficiency, reduced understanding of topic, failure to execute activities to acceptable standards in the performance elements
 2 = Demonstrates ability to meet all requirements to acceptable standards in the performance elements

Health Promotion and Disease Prevention

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Healthy people are the nation's effort to improve people's health. It is concerned about the wellbeing of its citizen in the united states (Promotion, Healthy People 2030, 2020). Healthy people, 2030 is based on the experience that has been learned from the last four decades.

~~Therefore, it is the fifth edition. The four decades include healthy people 2000/2010/2020/2030.~~

There was a goal in each decade—healthy people 2000 aimed at reducing health disparity for its citizen. There were many goals and objectives. Healthy people 2010 improved the 2000 decade by not reducing health disparity but

removing it. In 2020, it was aiming at achieving equity hence improving on healthy people 2010.

How did this happen? Support your statements with evidence. The last is healthy 2030, which aims at improving healthy 2020 and the other decades' agendas.

? Heading

Healthy people contribute a lot to the citizens of the united states. The citizen can obtain data concerning the population's health. From one decade to another, the goals and objectives are are they? or are they partially achieved? not achieved? Achieved? improved. Healthy people allow small communities to alter the goals and objectives set to meet

their needs and priorities. In each decade, the united states have made a significant milestone.

The achievements include reducing the effects of tobacco, high cholesterol, reducing death due to heart disease, death by cancer, improving the population of children who are vaccinated, and reducing the mother and child mortality rate.

? Heading

Support your statements with evidence..

The United States of America has started health promotion and disease prevention programs to keep its citizen healthy (Services, 2020). What program? This program's goal is to influence and empower both the individual and the community to live a healthy lifestyle by making decisions that reduce the risk of acquiring diseases. In contrast, disease prevention is a step taken to reduce

chronic diseases from developing and severely affect the population. For wellbeing to be

possible, then health promotion and disease prevention are essential to be considered. The

What program are you referring to? program uses two approaches to make this possible. Firstly, Improving the social factors that

people are born into and live directly affects people's wellbeing. They include social, political,

Where are your headings?

and cultural factors. Secondly, influencing the change in risky behaviors. For example, lack of exercise, eating habits, and tobacco smoking. These factors may lead to the development of chronic diseases.

Cite your source.

Heading

The nurse's role is to utilize the information from research on disease prevention and make opinions on promoting the patients' health (University, 2020). A nurse helps patients and their family to navigate through the system of healthcare. They ensure the holistic treatment of the patient to achieve the best outcome in the patient's health. Also, a nurse acts as a consultant to the communities. Therefore, the nurse will provide health care needs relevant to that community. Also, they play a role in promoting activities for the community that will improve their health.

The most vital role of a nurse is an educator. The nurse will guide the patient and the community involved medications, eating healthy, taking medications, immunization, etc. Also, they play a role in preventing chronic diseases such as diabetes, heart diseases, and blood pressure. To achieve this, they employ different tricks such as educating the masses, assessing the factors that cause risks, and ensuring no safety hazards in the community or workplace. A nurse is a promoter of good health. Their professional focus is based on gaining knowledge on the prevention of diseases.

The healthy people 2030 goal is to prevent illness and challenges caused by blood disorders (Promotion, blood disorder, 2020). In the United States, millions of people have sickle cell disease and hemophilia, ~~which cause blood disorders~~. More than 100,000 people in the United States have sickle cell disease. When a complication occurs, blood transfusion is given to the patient. Also, there are techniques such as hydroxyurea, which are essential in treating sickle cell disease. On the other hand, hemophilia is a bleeding disease that is most common in males.

Just blood disorders?

These are blood disorders.

I'm not clear on what your paper is about.

It is chronic. Preventive treatment is applied to reduce the severity of joint damage that is caused by hemophilia.

Instructions were to select 1 topic/1 goal/objective. lots of info

Healthy people, 2030, is aimed at reducing infections associated with health care. More than half a million people in the United States get infections from the hospital every year (Promotion, Health Care Associated Infections, 2020). These people get infections while being treated for another illness. There are two types of healthcare-associated infections. That is *here. But, it does not address the interventions that you would recommend for achieving the goals.* Clostridioides difficile (C. diff) and Methicillin-resistant Staphylococcus aureus (MRSA). Sadly, most of these diseases are preventable, yet they have caused more than thousands of deaths every year. Control measures are being taken to prevent these two types of infections.

Dementia is common among United States adults. Alzheimer's disease causes it. It is the sixth leading cause of death (Promotion, Dementias, 2020). The number of people with Alzheimer's is promising to increase as the aging population increases. Presently, nearly 6 million people in America have Alzheimer's. However, healthy people aim to improve the quality of life for those with Alzheimer's and dementia-related. Dementia is accompanied by problems with thinking, memory, and behavior. Hospitalization of these patients causes high costs of treatment. Unfortunately, there is no cure for Alzheimer's disease. The only solution is to get an early diagnosis and improving the quality of life of those infected. Therefore, Healthy people 2030 and 2020 addresses the quality of the life of the infected.

The healthy people 2020 and 2030 aims at relieving chronic pain (Promotion, Chronic Pain, 2020). It is also concerned with having better prescriptions of pain relievers. In the United States, 1 to 12 adults experience chronic pain. Therefore, the aim is to help the affected to manage their pain more quickly. Chronic pain can last for an extended period, usually weeks, months, or extend even in years. This can make it impossible for people to do work or any

activities. Increasing physical exercise and physical therapy can help reduce chronic pain. The medications used are opioid and non-opioid. The opioids are at risk of being misused. Therefore, precautions should be taken when prescribing these medications. Also, unused opioids should be safely disposed of. To reduce the misuse of opioids, then non-opioid medications should be increased.

Nearly half of Americans are diagnosed with a mental disorder at one point in their lives (Promotion, Mental Health and Mental Disorders, 2020). As a result, healthy people 2030 aims at assessing and treating mental conditions. Also, those that are already affected, it aims at improving their lives. There is no specific race or age that is affected by mental disorders. Research also shows that half of the people that have a mental disorder get the treatment they need. Treatment for mental disorders is connected with physical health. It is difficult for an affected person to take part in physical activities, and also, it is hard to treat mental disorders for persons suffering from health problems. Lastly, to combat mental disorders, regular screening is essential.

Osteoporosis is a health problem that mostly affects older adults (Promotion, Osteoporosis, 2020). Mostly people aged 50 years and older. Estimates are that it affects 1 in 10 persons. Osteoporosis causes weakening of the bones, therefore prone to fractures. At times it can be severe and lead to death. Women are affected more than men. Sadly, there is no cure for osteoporosis; however, drugs can reduce its effectiveness. The solution to this disease is to have early screening to prevent fractures. Also, doing physical exercises and eating healthy will prevent the risk of being affected with osteoporosis.

Finally, healthy people is a good initiative for assessing the health of the United States' citizen. It is concerned with implementing agendas for a decade. This paper looks at the

2020/2030 decade, and the various initiatives were taken to improve common health problems.

This initiative states how health will be promoted and how the diseases are to be prevented. The decade 2020/2030 is set to improve the 2010/2020 decade. It is primarily concerned with assessing how to control chronic diseases that cause a lot of death to the population.

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