

Pause Do you agree with Arnett's opinion about plastic surgery?

cosmetic surgery as birthday gifts from their parents. It is hard to imagine that an adolescent with a crooked nose is requesting surgery for any other reason than to improve his or her body image.

7 Parents have the ability to take down the shroud of secrecy regarding magazine airbrushing techniques. Teenagers should know why this happens and how the media and advertising agencies try to trick consumers. When I think back to the photos and advertisements I viewed on my path to bulimia, I know that my body image could have been preserved with some guidance from my parents about the unrealistic picture painted by marketing and advertisement agencies trying to play on my naïveté. I was able to get help with my disorder, but only when I truly believed and understood the power and influence the media had on me. These pictures I viewed for so long were really touched up photos creating clavicle shadows and airbrushing away the cellulite in order to make me and other teens feel less normal. If parents can take away the power media has over us and our children, we can help guide our children toward a healthy self-image.

1. **Respond.** After reading Arnett's essay, do you agree with her position