

about the fairness of laws and that laws are used as a tool by those in power to keep down other, lower-power groups. There are many forms of both consensual and conflict theoretical models, and both will be specifically noted as we progress through the book.

A final, but perhaps most important, way to classify theories is in terms of their assumptions regarding human nature. Some theories assume that people are born good (giving, benevolent, etc.) and are corrupted by social or other developmental influences that lead them to crime. A good example is strain theory, which claims that people are born innocent and with good intentions but that society causes them to commit crime. On the other hand, many of the most popular current theories claim that virtually all individuals are born with a disposition toward being bad (selfish, greedy, etc.) and must be socialized or restrained from following their inherent propensities for engaging in crime.⁷ A good example of this is control theory, which assumes that all individuals have a predisposition to be greedy, selfish, violent, and so on (i.e., they are criminally disposed), and therefore that people need to be controlled or prevented from acting on their natural, inherent disposition toward selfish and aggressive behaviors.

A variation of these theories is often referred to as *tabula rasa*, literally translated as *blank slate*. This assumes that people are born with no leaning toward good or bad but are simply influenced by the balance of positive or negative influences that are introduced socially during their development. A good example of this perspective is differential association or reinforcement theory, which assumes that all individuals are born with a blank slate and that they learn whether to be good or bad based on what they experience.

Although the dominant assumption tends to vary across these three models from time to time, the most popular theories today (which are self- and social-control theories) seem to imply the second option, specifically that people are born selfish and greedy and must be socialized and trained to be good and conforming.⁸ There are other ways that criminological theories can be classified, but the various characteristics we have discussed in this section summarize the most important factors.

Characteristics of Good Theories

Respected scientific theories in any field, whether it be chemistry, physics, or criminology, tend to have the same characteristics. After all, the same scientific review process (i.e., blind peer review by experts) is used in all sciences to determine which studies and theoretical works are of high quality. The criteria that characterize a good theory in chemistry are the same as those used to judge a criminological theory. Such characteristics include parsimony, scope, logical consistency, testability, empirical validity, and policy implications.⁹ Each of these characteristics is examined here. (It should be noted that our discussion and many of the examples provided for the characteristics are taken from Akers and Sellers, 2012).¹⁰

Parsimony is achieved by explaining a given phenomenon—in our case criminal activity—in the simplest way possible. Other characteristics being equal, the simpler a theory, the better. The problem with criminal behavior is that it is highly complex. However, that has not stopped some criminologists from attempting to explain this convoluted phenomenon in highly simple ways. For example, one of the most recent and most popular theories (as indicated by the amount of related research and by which theories the experts believe are most important) is the theory of low self-control (which we discuss later in this book). This very simple model holds that one personality factor—low self-control—is responsible for all criminal activity. The originators of this theory, Michael Gottfredson and

⁷Ibid.

⁸Ibid.

⁹Ronald Akers and Christine Sellers, *Criminological Theories*, 6th ed. (Oxford: Oxford University Press, 2012).

¹⁰Ibid., 4–19.