

This is a graded discussion: 20 points possible

due Oct 4 at 10:59pm

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BIO-PSYCHO-SOCIAL-SPIRITUAL ASSESSMENT

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e a counselor begins an investigation into the big picture of how physical attributes, psychological state, social connections, and spiritual life contribute to the overall well-being of clients. The use of substances or other addictive behaviors will be a part of this overall picture.

Sometimes, counselors also interview people in the client's world, such as family members, employers, or probation officers. These *collateral interviews* contribute to an even more complete picture—and are a more organic part of the process than may be apparent. Consider that a client with addictions is likely to be referred by an employer, a probation officer, or another close contact. Gathering supporting information from affected people in a client's life can be supportive as a channel for learning about client strengths in addition to struggles.

In this Discussion, you examine both these important elements of assessment in a client scenario.

RESOURCES



Be sure to review the Learning Resources before completing this activity.

Click the weekly resources link to access the resources.

Resources

- Capuzzi, D. T., & Stauffer, M. D. (2020). Foundations of addictions counseling (4th ed). Pearson.
 - Chapter 5, "Introduction to Assessment" (pp. 95–98)
- Gale, L. (2022, February 18). **Biopsychosocial-spiritual assessment: An overview**. (<https://www.ebsco.com/sites/g/files/nabnos191/files/acquiadam-assets/Social-Work-Reference-Center-Skill-Biopsychosocial-Spiritual-Assessment.pdf>). *Social Work Practice and Skill*. Cinahl Information Systems. <https://www.ebsco.com/sites/g/files/nabnos191/files/acquiadam-assets/Social-Work-Reference-Center-Skill-Biopsychosocial-Spiritual-Assessment.pdf>
- New York State Office of Addiction Services and Supports. (2021, October). **Impaired driver clinical assessment form (IDMS-4)**. (<https://oasas.ny.gov/system/files/documents/2021/10/idms-4.pdf>). <https://oasas.ny.gov/system/files/documents/2021/10/idms-4.pdf>

- Document: **Best Practices for Collateral Interviews in Substance Abuse Disorder Assessment** (<https://waldenu.instructure.com/courses/80222/files/5239365?wrap=1>). 
(https://waldenu.instructure.com/courses/80222/files/5239365/download?download_frd=1) (PDF)
- Document: **Addiction Case Conceptualization Template** (<https://waldenu.instructure.com/courses/80222/files/5239352?wrap=1>).
 (https://waldenu.instructure.com/courses/80222/files/5239352/download?download_frd=1)

Media

- Walden University, LLC. (2023). *Demonstration of the Bio-psycho-social-spiritual Assessment Process with Client Magda* [Video]. Walden University Canvas. <https://waldenu.instructure.com>

To prepare:

- Review the Learning Resources, focusing on the key elements of a bio-psycho-social-spiritual assessment.
- As you review the video, *Demonstration of the Bio-psycho-social-spiritual Assessment Process*, focus on clues that may indicate good collateral interview options.
- Note that Magda, the client in the Demo videos from Weeks 5 & 6, will be your client when you complete the assessment simulation during Week 8.

BY DAY 3

Post a response to the following:

- Post a brief overview of the results from the bio-psycho-social-spiritual assessment.
 - Be sure to use the provided template for posting.
- Identify one to two (1–2) collateral interviews you would like to conduct, and then justify your choices.

BY DAY 6

Respond to at least two colleagues in the following way:

- Assume the role of a peer consultant. Identify at least one strength in your colleague's overview.
- Identify one area/factor your colleague did not include in their assessment that is worthy of consideration.

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