

PHYSICAL DEVELOPMENT CHECKLIST (continued) Child Anna A. 3/12/2020

Motor Development: Preschool (Fine Movement)

Level III (approx. age 3)	Introduced	Progress	Mastery
1. Places small pegs in pegboards	☐	☒	☐
2. Holds a paintbrush or pencil with the whole hand	☐	☒	☒
3. Eats with a spoon	☐	☒	☒
4. Buttons large buttons on his or her own clothes	☐	☒	☒
5. Puts on coat unassisted	☐	☒	☒
6. Strings bead with ease	☐	☒	☒
7. Hammers a pound toy with accuracy	☐	☒	☐
8. Works a three- or four-piece puzzle	☐	☒	☐

Level IV (approx. age 4)	Introduced	Progress	Mastery
1. Pounds and rolls clay	☒	☐	☒
2. Puts together a five-piece puzzle	☒	☒	☒
3. Forms a pegboard design	☒	☒	☒
4. Cuts with scissors haltingly and pastes	☒	☒	☒
5. Eats with a fork correctly	☒	☒	☒
6. Holds a cup with one hand	☒	☒	☒
7. Puts a coat on a hanger or hook	☐	☐	☒
8. Manipulates large crayons and brushes	☐	☐	☒
9. Buttons and zips zippers haltingly	☐	☐	☒

Level V (approx. age 5)	Introduced	Progress	Mastery
1. Cuts and pastes creative designs	☐	☐	☐
2. Forms a variety of pegboard designs	☐	☒	☐
3. Buttons buttons, zips zippers, and ties shoes	☐	☐	☐
4. Creates recognizable objects with clay	☐	☐	☒
5. Uses the toilet independently	☐	☐	☒
6. Eats independently with a knife and fork	☐	☒	☐
7. Dresses and undresses independently	☐	☐	☒
8. Holds and manipulates pencils, crayons, and brushes of various sizes	☐	☐	☒
9. Combs and brushes hair	☐	☐	☐
10. Works a twelve-piece puzzle	☐	☐	☐