

Self Help Group Visit Report and Presentation (20%)

The main ACOTE standard to be met:

B. 2.9

Express support for the quality of life, well-being, and occupation of the individual, group, or population to promote physical and mental health and prevention of injury and disease considering the context (e.g., cultural, personal, temporal, virtual) and environment

B.5.7

Demonstrate therapeutic use of self, including one's personality, insights, perceptions, and judgments, as part of the therapeutic process in both individual and group interaction.

Guidelines:

- Identify and locate a self-help group you want to attend. Make sure the meetings are open to the public.
- After attending a meeting, write a 1-2 page paper including the following topics.
 1. Name of Group
 2. Purpose of the meeting
 3. Number of Attendees
 4. Discussion of what you have learned from this experience.
 5. Description of how you think Occupational Therapy would fit into this group.
 6. Two recommendations of ways to prevent the conditions and to improve health and well-being of the group