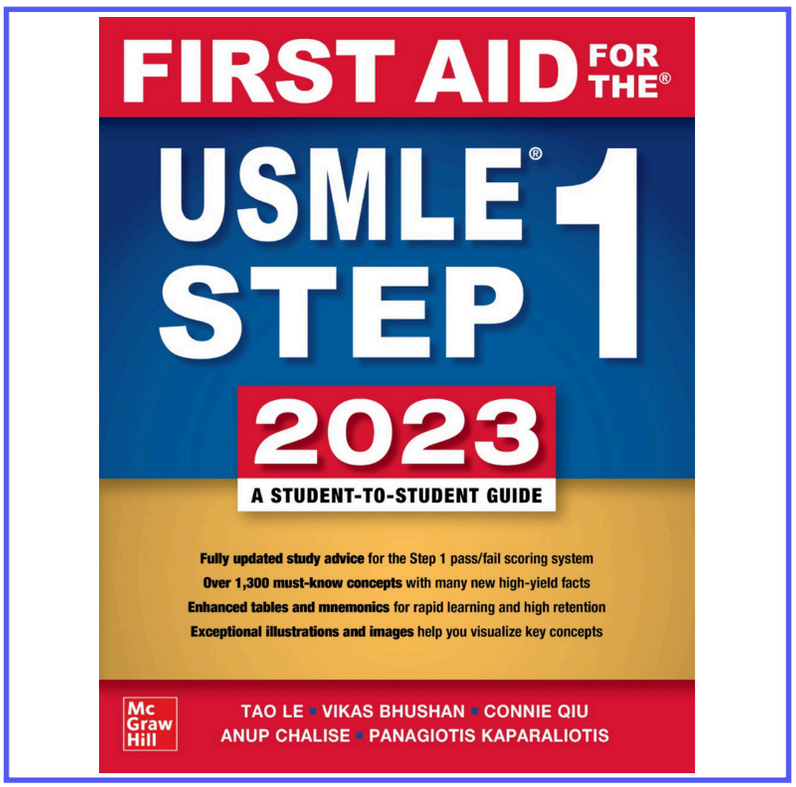


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Preface

With the 33rd edition of *First Aid for the USMLE Step 1* we continue our commitment to providing students with the most useful and up-to-date preparation guide for this exam. This edition represents an outstanding revision in many ways, including:

- 73 entirely new or heavily revised high-yield topics reflecting evolving trends in the USMLE Step 1.
- Extensive text revisions, new mnemonics, clarifications, and corrections curated by a team of 19 medical student and resident physician authors who excelled on their Step 1 examinations, and verified by a team of expert faculty advisors and nationally recognized USMLE instructors.
- Updated with 148 new and revised diagrams and illustrations as part of our ongoing collaboration with USMLE-Rx and ScholarRx (MedIQ Learning, LLC).
- Updated with 159 new and revised photos to help visualize various disorders, descriptive findings, and basic science concepts. Additionally, revised imaging photos have been labeled and optimized to show both normal anatomy and pathologic findings.
- Updated exam preparation advice for the current pass/fail scoring system of the USMLE Step 1, and Step 1 blueprint changes.
- Updated photos of patients and pathologies to include a variety of skin colors to better depict real-world presentations.
- Revised pharmacology sections to include only those drugs currently approved for the US market.
- Improved organization and integration of text, illustrations, clinical images, and tables throughout for focused review of high-yield topics.
- Updated Rapid Review section to better reflect exam contents by removing the 'Classic/Relevant Treatments' section and adding in a 'Pathophysiology of Important Diseases' section.
- Revised ratings of current, high-yield review resources, with clear explanations of their relevance to USMLE review. Replaced outdated resources with new ones recommended by Step takers.
- Real-time Step 1 updates and corrections can be found exclusively on our blog, www.firstaidteam.com.

We invite students and faculty to share their thoughts and ideas to help us continually improve *First Aid for the USMLE Step 1* through our blog and collaborative editorial platform. (See How to Contribute, p. xv.)

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