

My reason for the choice:

EXERCISE 10.8: TURN PERSONAL POSSIBILITIES INTO PERSONAL GOALS

EXERCISE 10.7: IDENTIFY PROBLEMS AND UNMET NEEDS
APPROPRIATE TO THE SOCIAL SETTINGS OF LIFE in which you brainstormed a range of possibilities

1. In each of the social settings you identified in EXERCISE 10.7, choose one possibility that you would like to pursue.

2. In each of the social settings you identified in EXERCISE 10.7, choose one possibility that you brainstormed, come up with a goal and your reason for it.

Use the format outlined in Chapter 10 in order to "fashion" or design the goals. After completing the exercise, share and compare your goals with a learning partner.

1. First social setting:

Goal for this setting:

Reason for the goal:

2. Second social setting:

Goal for this setting:

Reason for the goal:

EXERCISE 10.9: HELP CLIENTS TURN POSSIBILITIES INTO GOALS

In this exercise, you are asked to review **EXERCISE 10.3: BRAINSTORM POSSIBILITIES FOR A BETTER FUTURE** in which you brainstormed a range of possibilities for a better future for three different clients.

